

POTTY POWER

Module 1.1

Get Yourself Ready





Potty Training is the #1 issue parents of children with Autism come to me with!

I created The Autism Mommy's Potty Pocket Guide to offer guidance to parents because when it comes to training a child on the spectrum, there's not a lot of resources available.



You're looking for more concrete steps, more concrete "how to's" and more concrete outcomes.





I'll walk you through the importance of potty training

How your mindset plays a critical role in your child being fully potty trained

The steps to getting your child potty trained and how to ensure success in this arena.

Get A notebook and pen to keep all the information, notes and journaling you'll be doing in one place for reference purposes.

Keep an open mind.

“I’ve tried everything and nothing works” then that’s a thought we want to flush right down the toilet.

I don’t care how many times you’ve tried potty training or how many times you failed.

Let’s get started!

