

# POTTY POWER

MODULE 2.1

*Potty Parent Mindset*





“Potty Guru”

It’s now become the top issue parents  
come to me for.



**The diagnosis** itself automatically correlates a “*difficult*” locked in mindset for the parents.

-They think **because their child has autism that potty training will automatically be more difficult.**

-Because Autism is a spectrum and the diagnosis itself has a lot of moving parts and requires a lot of education on the parents end, potty training their child can fall to the wayside in terms of list of priorities.

-Parents also believe they are ill equipped when it comes to potty training an Autistic Child versus a neurotypical child.







Parents let the child get away with not doing it OR they may have attempted efforts but then they quit when things get tough and messy (literally and figuratively!)

When, the simple fact of the matter is that **ALL Autistic children have the ability to be potty trained.** That's right, ALL.

## **VOCAL LANGUAGE ISN'T REQUIRED FOR A CHILD TO BE POTTY TRAINED.**

So... Why isn't this happening? Why are there still children wearing diapers, pull ups and depends well into their teenage years?

That's because potty training starts with YOU, parent and specifically your mindset.

