

Ep21 - Autism Unlocked_ A Path to a life of Independence

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SPEAKERS

Michelle Rogers



Michelle Rogers 00:04

Welcome to the autism mommy's potty talk Podcast. I'm Shelby Rogers, autism mom and life coach. I help parents of children with autism who are pre verbal to start communicating potty train guarantee.



Michelle Rogers 00:23

You're listening to the autism moms potty talk Podcast, episode 21. Hey parents, Michelle here and this week is a very special week. In my world here we are celebrating Julian's birthday this month. And this week is extra special because this is our actual birthday week. And to celebrate I am releasing three podcast episodes in one week. And today's podcast episode is special because last night we had a live beautiful webinar called unlocking autism the path to independence, I shared the three secrets that you need to get your child on a path to independence and I thought, what better platform to share this amazing webinar. We had so much fun, you're gonna get to hear Juliana's little voice. You're gonna get to hear from Armando, you're going to hear me coach parents, and you're going to hear about what it's like to work with me in my masterclass. So, sit back enjoy this. Enjoy this episode and let me know what you think lucking autism Hi everybody. How are you? We're just gonna go live I'm gonna try and we're gonna try and go live on Instagram while we do this. So let's give it a whirl, shall we? Oh, wrong one. Here we go. See we can go live on Instagram. I think we are amazing. Hello everybody. Tell me where you're from. I want to hear where everybody is from. Who wants to hear from Juliana night. She is very excited to have her day in the sun here. Georgia, New York. Hello from Maryland, New York City. Hey, I'm Long Island over here. If you're watching from Instagram, welcome my name is Michelle Rogers. I'm an autism mom and wife coach and we are alive. I'm gonna move this over here. We are alive in the unlocking autism a path to a life of independence. If you want to come inside the Zoom Room and see everything and interact with us. Just comments me in the chat and one of my assistants will be sending you a link to join us. But today's gonna be fun welcome. Let's see where's everybody from California New Hampshire. Hi Trina from Virginia, King of Prussia. Pa always like that town King of Prussia pa

Oh, we've already got somebody with their hand raised loved it. Aloha from Hawaii. I love it. Awesome. So happy to have everybody Long Island and stuffing, stuffing, stuffing I hope I'm saying your name right I'm Long Island to St. Louis Brooklyn, Florida. I love it. Okay, so if you don't know what I am, my name is Michelle Rogers. I'm an autism mom and life coach and tonight is a very special night. We do this workshop every year in November to celebrate Julianne his birthday if you don't know who generally Julianne is she's my daughter she was diagnosed with autism. At the age of two yesterday we celebrate her celebrated for like the third time her 11th birthday. She is blowing my mind with where she was when she was diagnosed. I didn't even know what her life could be like to where she is. Now I'm going to share those secrets with you how I got her from a moderate severe diagnosis to no language taught her sign language potty trained with a sign to where she is today a thriving happy 11 year old and a general education classes minimal supports neurotypical peers as their friends and I'm so excited to share this with tonight. I'm really I'm really excited about the message that we're going to have tonight. Because we're going to blow the the shutters off of what an autism diagnosis means. I want to change the conversation about it that autism is just different. It's not less. And if I can learn the language of my baby, right, if I can learn that my baby can learn anything and that they just they learn things on a different frequency. If I can learn to communicate with my baby on that frequency. I can teach them anything and I'm going to talk deeply about this tonight. Welcome well we got Alaska we're all over the world here. Apparently a city. Love it. Alright, so let's hop right into the presentation. Armando was here tonight. He's gonna be helping us in the q&a. If you don't know who Armando is Amanda was one of the BCBA's for the champions for our children masterclass. That's my group coaching program for parents of children with autism. And we always loved having Armando part of the program because we have so many boy families so it's always nice to have a male teacher, a male coach, and he is a BCBA but he's also an adult with autism, who didn't speak till the age of seven who didn't potty train until five. And Armando speaks beautifully. Now he went to life skills classes till grade two. He was in height in general education classes from three adults to graduating high school. He went off to college he got his master's degree he got married last year he's owns his own company speaks beautifully. Now, you're gonna get to hear from him today as well. He's going to be answering the questions in the q&a. So before we get get hop in and get cracking, I'm going to do some we're gonna give away some amazon gift cards tonight who absolutely love some Amazon right around the time of year to have a little Amazon love right? Okay, so we're gonna do some Amazon gift card and tonight I'm gonna give away a free session with myself and a free session with Armando we're gonna do some some raffles but you have to stay until till till the end of cute to start a q&a. And then we're going to do those raffles and we're gonna get right into coaching. If you want to be coached tonight, I guess we already have some people ready to go, you want to raise your hand, when you get coach, you're going to be brought up onto the screen as a panelist, that means you have to have good audio, good internet, you got to show us Your beautiful face. And you got to be in a quiet area to receive coaching so everyone else can get coached as well. And everyone who came tonight is gonna get a free gift. For coming. We're gonna give you the autism moms Survival Guide to problem behaviors. It is my one of the best guides I think I've ever written. As you guys know, I've written a bunch of guides, if you don't know that I do. I've got some pie chain communication, problem behaviors, and that this is about problem behaviors. And I'm so excited you guys to share that with you because you came tonight. Alright, so I'm going to share my screen we're going to get cracking. And without further ado, let's get to unlocking autism a path to independence. So let me just share my screen. And tonight, my team is here to answer questions. We've got Jen here, Kim. Jesse is also going to be joining us as she might be on the Instagram. So guys, can you see my screen? Yes. All right, perfect. So I'm just gonna widen it out so we can see it a little bit better. Is that good? Is that good? My team. Alright, perfect. So here we go. Let's get cracking. I'm just gonna open up the chat. So I can see you

guys and talk to you guys. While I do this interaction. We're gonna pull up q&a, just want to make sure we're all ready. All right, so here we go. This is a walking autism a path to independence. Hold on one second here, okay, you are in the right place. If you have a child with autism or suspect autism, and they need to potty train, you're in the right place. If they're moderates mild or severe on the spectrum, you're in the right place. If your baby with autism is verbal or pre verbal, you're also in the right place. If you suspect autism, but you haven't gotten the diagnosis yet. We're here to help you guys to you're here, you're in the right place. If you if your child has multiple diagnosis is and you're in the right place, if you've tried and failed many times about whether to teach potty training, communication problem behavior. If you're struggling with any of these, you are in the right place. And you're also in the right place. If you have a child or adult with autism from two to 30 plus years old, that's in diapers, that's not communicating, that's having problem behaviors, I'm going to help everybody you are in the right place. Okay. All righty. So, by the end of this presentation, you're going to know how to potty train your child, you're going to know how to get your life back. That's one of the byproducts of working with me, you get your life back, right, you're gonna feel confident that this can be done right, we can potty train them, we can, we can we can teach them how to communicate, we can solve their problem behaviors. And you will be the ultimate educator and you'll feel confident that you can teach your child with autism anything that's a big one for me. And then of course, if you stay till the q&a, you're gonna get a special gift. And we're also going to be raffling off two amazon gift cards, because what we would love an Amazon gift card to share with you guys state of q&a for that. And we're going to raffle off one private session with me and one private session with Armando. And not only will we make potty training, communication, stopping problem behavior, we're going to do it and make it fun for you. Wouldn't that be an amazing concept? Okay, so the first thing I want to talk about are what are the skills that a child with autism needs for a life of independence. And he was one of the first three skills that I worked on with my daughter. And I always call these three skills that foundational skills, it's almost like if you don't have these skills, it would be like building a house on sand.



Michelle Rogers 09:03

Okay, and this is what I like to call the big three. And I believe that every child with autism, if they have these three skills, no matter where they fall on the spectrum, mild, moderate or severe. If they have these three skills, the chances of them living a life of independence increases greatly. The first skill is communication, they have to be able to communicate with us. The second one is problem behaviors gotta be at zero, or close to zero, so they can go to school and they can sit and attend and learn. And the third one is potty training. Who's here for one of these three, put it in the chat? What do we need help with today? Let's say potty training 30303 I love it potty all communication potty training all three. Oh, wow. It's going crazy in the chat. All right. I got you. I got you everybody. All right. Amazing. All right. So the next thing I want to share with you before I hit play, because just to play on its own is our story. I think one of the best ways to kick off tonight and by The way Julianne is gonna come up come on live tonight. She's very excited to be the star of the show. I'm gonna have her come up right at right way as we start q&a So you guys can see where she's at today you can end this video is really our journey and I wanted to share it with you I could always just verbalize our video but I think it's just the video just speaks it so beautifully for itself. And then having her come on the end will be icing up be a cherry on our Sundays.



 10:29

I remember when I got pregnant with my daughter and felt so grateful and so blessed that I knew my life up until that point had been pretty rocky, I've had a lot of bumps and bruises along the way. And we finally thought that I was turning the corner and God was blessing them just beautifully into the title. And finally somebody was going my way. And then when she was when she was just absolutely perfect. I have all of these dreams and expectations for her political leanings I thought she was gonna do

 11:05

me right after the first birthday, I started to notice her behavior change as she went from, you know, say man

 11:20

who's obsessed with Doritos, or mama, dad, as she's saying it all who grew up thinking that they hit all of her milestones on that point, she walked at Lehman, she was solid, she just you know, she was really good. And then I just remember her belt almost overnight, or very quickly. But her demeanor just changed. She was super happy baby, the crying tantrum and just frustrated all the time. I remember saying to my mom one day during what extensions are not going to baby though, but I didn't think anything past and I think I was kind of not ready to fathom that something even though as long as they're there

 12:12

just got a good shot

 12:28

started to lose the words that she had gained. She wasn't saying Mama Anymore, she was saying that. She just seemed really disconnected from us. Instead of playing with her toys, she would take them down from a lab or toy box and just start twisting around and aimlessly. We've been returned to code as to really tighten denial about it. And then I remember one day we were in the middle of store and all of a sudden out of nowhere, she just like, started like screaming, yelling or somebody slapped. I don't even know what it was. And I was so I was so mortified. I don't even know what to do. I'm so scared. I literally just want the half art in the store picked her up and just ran out of there never went to that store now. So I just didn't really know what to think. And that was probably the first time that really kind of stolen from me that maybe something is wrong

 13:24

they can diagnose right away they said that you she was too young for a diagnosis. I don't even know what they meant when they said those diagnosis. No idea what they're talking about. And then they said, you know, you know, we'll come back in if you're not seeing Congress and so

okay, you know, and a couple of months later, I'm watching these features play with them for I'm not seeing any progress and felt like she was getting a little worse. And then we went for our two year rolls a wellness visit. And the doctor said that she was behind she wasn't using 20 words with intent. And that was just that was probably just been nice to my heart. At that point, I really couldn't deny that something was up with her anymore. So then I called the County back in and then she was diagnosed on the spectrum. And I remember that day it was the worst days of my life. It was the it was my darkest hour, I could easily say that as mother as a woman, as a human being one of the hardest times I had ever thought of and I remember just being so happy with that so thankful to be back in the studio. And for a while now I struggled. I struggled to figure out what this meant that we were going to do or how this was going to generate those dreams I had for her future which just shattered no idea what was going to happen next and when I thought about the future when I was thinking And who's going to transfer? And something about that thought just snap me out of the way some question and anger in my experience. So listen, we I know, I promised that when she was when I was gonna be the best summarize that for us it hasn't changed that she needed more now than ever, not less she needs me now. And I didn't know at the time what we were capable of or what she had in those changes that mind shift mindset she was going to do I wanted to know that at the end of every time I look myself in the mirror with confidence and say everything including Michelle to get her the best and the answer was yes. And no one is to be yes 100% And no matter where the con spelling I know I believe these are saying everything. Everything I know relax, and you guys have navigated the tire and walked away back Jay I really just grab the bull by the horns fear systematic thing. I'm not a special education master's degree teacher I don't know any training in ABA but I believe that's important whatever I needed to learn really strong and she was blessed with her language because you share yes she was nonverbal when she was diagnosed she was a sign language



17:00

tell me in the show. Van she went her sign language she weren't vaccinations.



17:27

Went from the most restrictive preschool environment and choosing the sixth one were more prescriptive, basically special education.



17:45

Now there she is almost eight years old. She's in seventh grade class and integrated class with typical years. She's been this beautifully now. What do you like



18:10

he has a personality, she has conversation skills, there's still things that we need to work on. But for the most part, confusion went from black and white to now have and none of that could have happened that way, and we're moving into groundwater and soil getting acid for her. And I can't say that I can do that for everything I coach. What I can tell them is I will have them

feeling like myself and then your human self in the United States. I was everything that could be for her today. I have no regrets. And whoever that whatever happens to happen, it's really for us as parents to know we need fulfilled the duty that we get when we have to show the best versions of ourselves to to raise these children. I've helped me out hundreds of mothers one on one to do the things I'm hoping you will receive constant violence. This is what I want to do I want to give you the chance to to matters. I want to give you every opportunity to your child



19:28

in Greece



Michelle Rogers 19:34

All right. Can everybody hear me okay? I know there were some issues with the audio. Can you hear me now? I apologize. We tested it before and it worked. All right. Good. All right. Everyone can hear me now. Awesome. All righty. So meet me see me see just kind of graduated from the program. She is at full custody of her grandson I would even call her her son at this point. He we P trained him within a few weeks and then he We poop train him and me. She's a great story I love to share because nisi got a P train very quickly, and we were struggling to get the poop and she sent me this email, like, I'm gonna quit. This isn't working, blah, blah, blah. And I said, Me see, let's give him a call. Let's figure this out. And we ended up figuring out that he was holding his poop on Fridays to go back to school on Monday and poop there because he didn't want to move at her house. So I was like, alright, well, let's let's hold him keep him home on Monday. And sure the same thing. We got him. We got in poop train and she sent me this I'm so sorry. You were right. I was so crazy, you know. And that's how we get sometimes we get so crazy. Our brains want to believe that we can't solve for these. These issues. You guys are in the field, like you're dealing with it, you're in the battlefield, you can't see it as clearly as I can. I always say I kind of have the drone view as your coach to kind of see where the problems are, where the weak spots are, and then help you to help you to solve for him. And this here is Mary and I want you to meet her her son was seven when we first worked together, he was pre verbal and in diapers and within two weeks of working with me he was fully potty trained. And within a month he said Mama for the first time if her son can do it at seven, if nisi Son Son can do it at four, we just had a daughter, a girl a woman potty training 18 We've had a man potty trained at 31. If they can do it, your children can do it too. Okay. And of course, we have to start all of our webinars with a disclaimer the information all information in my workshops are not intended to serve as a substitute for consultation with a medical or behavioral professional. Only qualified professionals who know and work with your child on an ongoing basis can adequately assess and supervise a child's program. I always recommend including a board certified behavior analyst on a child's client or child or clients team. This is especially important if a child is in danger of hurting themselves or others. So of course, anything that we suggest tonight, you want to run by your doctor and your home team. Okay, so what are the goals you have for your baby? Let's put this in the chat.



Michelle Rogers 21:55

I'd like to know Okay, let's see. I'm glad I found you. I'm glad you found me too Bridget. Son is nonverbal. I need to potty train alright, what are what are the goals that you have for your children? What are the skills that you need? Oh, pooping on the potty, we do a whole thing on

pooping on we have a whole pooping section in my potty course. Nonverbal and needing to communicate communication and potty training potty responding to his name, my son is scared of the bathroom, we're gonna talk about to potty phobia needs to express wants and needs potty train. Okay, so these are all the goals that you have for your baby. And I want you guys to understand that all children on the spectrum no matter how severe their autism symptoms present, can obtain the big three. So no matter their age, no matter multiple diagnosis is no matter where they fall on the spectrum. They can learn to potty train, they can communicate, and they can stop, they can stop using problem behaviors for their communication, I would say communication and problem behaviors kind of go hand in hand. Because if I can't communicate in a functional way, I'm going to use behaviors to get what I need across. And the reason that parents think that children can't get the big three is because there are so many misconceptions, so many myths. I'm going to talk to you guys about that today. Okay, so the first thing I want you guys to understand is we're gonna go over three secrets, the three secrets that I believe if you have these three secrets, you'll be able to teach your children the big three, okay, secret number one most parents think that their child has to have has to have the drive and desire to potty train, they have to have the desire and drive to want to communicate and stop problem behaviors themselves. And that's not true. In fact, that's not true for any child. And the first secret that I'm going to share with you tonight is that the parents, us the parents have to create desire for the for your child to want to learn the skills. If a child is existing now in your world, and they can get their wants and needs met without the skills they're going to do it right. So that we have to create desire to show them why they would want to learn to do things a different way. And Julianne and this is a good example. So Julianne has been in in swim since she was five months old. And I remember when I put her in there, she cried for five weeks straight, we almost quit. And she had no interest in learning how to swim at all. She just wanted to play in the water. And she was even to have even doing that she was just crying almost quit. I mean, it was 30 minutes, five weeks the road hearing her cry, it was so crazy. And I had to figure out what motivated her what drives her. And that is how I taught her the big three and put her on a path towards independence. And that's what we're going to talk about tonight. And if I didn't do that she's on a swim team. Now that would have never happened if I had I quit swim. When I five weeks in a row. She's crying almost quit. We stuck it out. And now she's on a swim team who knows where she would be Swan wise. And it doesn't just work for me. It works for everybody else too. We figure out the motivators, the drivers in my program, we create a personalized blueprint for you. And that's why all these parents are getting these results. When you hear that I have a 100% success rate for potty training communication and stopping problem behaviors. It's because we know what drives behavior and we can help you to help your child grow. And here's Elizabeth Hey, Michelle, I know I haven't been able to join the calls as much. I'm back at work, but I want to keep you updated. Sam has now pooped on the potty twice, we still have a ways to go. But we made progress. My boy peed in the potty for the first time this morning since beginning of the program, I couldn't have done it without the advice and support. This is what's available to you. And Julianne is not a unicorn, you guys can all have this for your kids. Okay. And that's going to lead me to see the secret to and see and secret to people think that creating an independent child with autism with an autism diagnosis is difficult, or it's complex, and that it takes hundreds of steps. And it takes a long time and it's misery. And that's a myth, y'all. That's a misconception. What I want you to understand a secret number two is you can teach your child with autism to come independent. And it's simple. And when I say simple, I don't mean easy. There's a very big difference between simple and easy. Easy means something achieved without effort, right? I don't even have to think about it, I can just do it, right? Simple means that the steps to learning the big three are uncomplicated, easily understood, but it requires effort and commitment. That's the difference between something being easy, and something being simple. And all you have to do is be consistent. You get up every day, you make your

bed, right you take a shower, you brush your teeth, you change your underwear, right? You do this, the way you do that is how you're going to teach the big three, it's just a habit. It's a habit you create. And that's why in 90 days, in my program, this stuff works. And this is how we do it. It's commitment and consistency. That's it just like you have those things that you do every day, they're non negotiables, we've got to start creating non negotiables around teaching our children how to get potty trained how to get communicating and how to stop their problem behavior. Okay, so the skills you need to teach the big three, you need to be consistent, and you need to be committed, you have to be committed to your child to do this. And I know you're committed to your child's while you're here tonight, you want to solve for some of the behaviors, some of the potty training, the nonverbal, right, you want to solve for that. But you need to just quit, you need to just commit to these new skills. It's like riding a bike, right? Once you learn it, you never go back. And maybe like if you haven't ridden a bike for a couple of years, and you get back on it, you'll be wobbly, but you'll remember right. So it's the same thing. We're consistent and committed. And that's how we're going to create these results for our kids on the spectrum. So the skin skills you need for the big three, you need to be consistent, you need to be committed, and you need to be in a winning or learning mentality. You need to be willing to see all the steps of the big three, as learns not fails. The only true fail of an autism parent is twitting. I mean, they're in the word winning or learning mentality. They're going to be learned but in 90 days, you'll exactly know how to do it. This is how I did it with my daughter, but it doesn't just work for me. It works for all parents, including you, and I'm not a special snowflake. I've done this for my child and help hundreds of families do this in my masterclass I know that sounds wild that all you need to be as consistent and committed. But it does work. Which is going to lead me to where are we going to go with the secret three and this a two fam and these are this is another example of other parents in my program, seeing the results of being consistent and committed with a personalized plan for potty training for a personalized treatment. Plan for communication starting problem behaviors. With this mom says one year ago today I gave Michelle Rogers Rodgers intense potty training a world boy was I amazed at how quickly my daughter learned how to go on the potty. No lie. By day three, she was trained to pee with no issues, we had our issues with pooping on the potty. But with continued guidance, we conquered it, I can finally say it took almost a year but my daughter is finally vocalizing that she has to go and then won't no longer have to ask I just wanted to share with you all don't give up on your child Patience is key. And before my little girl before and before my little girl, I had none thank you to Michelle. And this other mom says you are literally the reason I was able to pi train my four year old we're so grateful. And this lady in this ad she says in her pie training program, I swear it works, if you understand so like this is what's possible for your baby's consistency and commitment. That's what these moms did to get potty training done. And this is going to lead us to six secret three. And I've been talking to a bunch of you and that are working with doctors, therapists, teachers, and you're working with all these people because you're trying to help your kid. But the missing link, the missing component to get what you came here for today is you. And that's our secret three. You are your child's number one resource to creating independence. And I know what you're thinking, What do you mean Michelle? This is why I have all the services in place or I'm trying to get the services in place. But you are your child's best asset and you want to know why number one no one loves them more than you. Number two, no one knows them better than you. Number three, no one wants them to win like you. You are the VIP best resource in your child's corner to get potty training, communication stopping problem behaviors done I know what you're thinking, how can that be right? I've been here the whole time. And I'm not a special education teacher, I don't know anything about I know shit about autism, right? I don't have a medical degree, I'm not qualified to be the number one VIP person, Michelle's telling me I am. And when you have that baby in your arms, I want you to think about when you're holding them in the nursery, right? If you brought them home from the hospital, right, and you're looking at them. And I

want you to remember the what you thought their life was going to be like in the parent that you thought you were going to show up as, and then the autism diagnosis comes, and then identity flies out the window. And the next thing you know, you're leaning on everyone else, to tell you what's going to happen. And you start grasping at experts. And I remember seeing this coming out of our pediatricians office, the receptionist had this mug on her window. And she says please don't confuse your Google search with my medical degree. And I laughed and I told her I said, Don't tell your doctor don't mistake his 20 minute lecture 120 minute lecture for me living with this child 24/7. And I want you to think about this. And everybody put this in the chat chat. How many times have you heard a doctor or teacher tell you something about your child? And they were wrong? Let me know even if it didn't happen to you about your child? And how many times have you heard this happening in your life to you to a family member? It treasured expert who should know everything made a prediction and they were wrong? Yes. Yes. All the time. Yeah, plenty of times. So why are we putting all our eggs in that basket? Why are we assuming that they know better than us on how to take our kids from nonverbal to communicating take our kids from diapers to fully potty trained? They will they're you know you go into a doctor's office, you're there for 30 minutes to check in. If you're if you're lucky, you'll be in there for 30 minutes. He takes the vitals he gives you his you know his two cents and you're on your way. Why would you give that so much more weight than your experiences a mama bear is a daddy bears a grandma bears a great grandma bear, right? And just assume that they know what's better for your child.



Michelle Rogers 32:02

And I want you to think about this, I want you to think about that morning, right? In that in that nursery, you thought about this baby, right? And you thought about the future that they're going to have and how you're planning to parent them. And then when that would that parent, that parent that's holding that baby thinking about the parent, they're going to be to give them the future that you're dreaming that they'll have right? Would that parent ever be okay with that child shitting and pissing in a diaper longer than they should be? Without parent let this child walk around the house and not talk to you? Would that parent be okay with his child hitting themselves or others to get what they wanted? Would you allow any of this to continue in your home? If autism wasn't part of the equation? And that's what I want to help you guys through tonight. I want you guys to I want to break the fucking mold. And I curse I apologize and even offended. I'm not your coach. This is how I am I'm so passionate about this right? I want to break the I want to break the wheel on what people think an autism diagnosis means. If I had thought, all horrible things that that I could look up on Google, right are all horrible things that the doctors and the therapists and teachers told me about her, she would not be where she is today. I chose to believe something different about her. Because I chose to believe that. And I showed up in a very different energy. I didn't know I was gonna get 11 and 11 was going to look so good. I had no idea what it was going to look like. But she deserved a mother who didn't believe anything otherwise. And I really want to hit that home with you guys tonight. And this is and this is Teresa and she she came to me with her 10 year old and she told me she sent me a message that he is officially potty trained. And she said two magical things happen. He watches videos of people opening and eating candy on YouTube. So he got a huge one pound peanut butter cup for Christmas. And it was the perfect reward for potty training. For number two, we implemented a token board system and his reward was a local hotel stay with a swimming pool. He literally went to the bathroom a student she said that and he took a shit on the toilet. His teachers were just speechless because they had never seen such a quick turnaround in any of the children that she had worked with. And she can't tell me how much joy unspeakable joy I have my heart right now for all of us. This program we put in place is so

much fun affordable than any of the treatments I've paid for. He was 10 years old when we potty trained him if he can be potty trained, your baby can be potty trained. So if you were the key to getting to getting creative to sorry if you were the key to creating independence for your child and why isn't it happening and this is what I want to do I want to change the whole trajectory of what an autism diagnosis means. So first off, you've never been if you've never been in my webinar before that don't you know don't be hard on yourself you've ever been your boy never heard this message before right? So you didn't know before tonight you were key now you know. So now that you know let's talk about why it isn't happening. What have you tried to help your child potty train communicate stop problem behaviors. I want you guys to put this in the chat. What have you tried them Instagram you put it in the comments if you have a child that you need to have potty trained, communicating You are stopping problem behaviors what have you tried to get them there? I use you said iPad. What have you tried guys? You guys, you all came to me. Aba What else have you tried hand over hand sign language lots of toys, pictures rewards token jar. There we go. Vocal Coaching redirection. You got me there, I hear you. We're gonna help you out. iPad rewards everything offerings for my own thing steam deck foods speech therapy cookies. Got it? Yes. Cookies are a big one in my house two guys have tried a lot of stuff. I know you have. So now I want to know. You've tried so many things. Why do you think that what you've tried hasn't worked? I want you to put it in the chat right now. Put in the chat on Instagram. Why do you think that all these things that you've tried pictures fun snack speech therapy? Why do you think it hasn't worked? Consistency? Ooh, demand diverse, consistent and strict enough? Don't understand. I'm not consistent and consistent. We got to do the secrets. Your mindset time and effort. Karen Karen's and masterclass are in a great grandma. We're going to talk to her later. He doesn't understand me, she may not be ready. What type? Like why do you think what you've tried hasn't worked? Because he's comfortable wearing a pull up? I'm overwhelmed. I given when he cries, he's not fully equipped. All right. This is what it is. This is what you might think is the reasons why it's not working. It might be the autism diagnosis. How many people think it's the autism diagnosis that makes potty training, or teaching communication or problem behaviors difficult? Yes, yes. Okay. How many thinks that because they don't talk, they can't potty train, or that they can't hire train because it hasn't clicked for them yet. My child is learning disability brain damage. They're mentally handicapped. Right? My son has no desire to loan both parents work full time, and we can't be consistent, right? And she's not ready. She doesn't understand what she's supposed to do. I don't know consistency, it keeps coming up. Right. That was a big one tonight, lack of consistency. And let me ask everybody in the chat, who said that if consistency is the reason why it hasn't worked. If I gave you a protocol, and I sent you off, and you still work full time, and you still had your obligations? And I said if you follow this for two weeks, your child would be potty trained. Could you be more consistent? Put it in the chat? Yes, yes, ma'am. Yes, yes. Yes. Yes. We're gonna talk about this in a minute. Yes, hell yes. Okay. All right. And look at all the other things let's not not Houdini, right, a lot of these things that you guys wrote, I wrote this slide out months ago. But a lot of what you wrote out in the chat is what you is already on the slide. These are all the reasons that you think that your child is not potty trained, the reasons why you think they're not communicating, and the reasons why you think they're not happy. They're not. They're exhibiting problem behaviors. But they're all misconceptions. They're all myths. You think that your child needs to be verbal to potty train, that's a myth. Most of the children it teach to potty train are pre verbal, including my own. Your child's too severe on the spectrum to learn to communicate, not true. Communication and being verbal are not the same thing. And we're going to show you the difference, I'm going to show you how one can lead to the other, your child won't sit so they can't learn to potty train or communicate, they run around too much. So they can't learn right, your child's out of control will run away and hid themselves or others so that that's why this can happen. And you don't know how to teach a child with autism to get the big three because you're not the expert, right.

But really why it's not working. The bar needs to be set higher to create independence. That means potty training, communication, stopping problem behaviors cannot be optional in your home anymore. The reason why your child still pisses and shifts in a diaper is because you keep putting them in them. If I if all I've ever known from baby to whatever age your child is now is that I can pick up a shirt and a diaper and that works for me, then why would I ever change? This works I get my needs met. If a child were trying to teach to use the pecs system or the AAC or the sign language for cookie, and they can hand lead you to it. Or they can just hand lead you to the pantry and smack everything out of your hand until they get what they want. Why would they ever want to talk? Do you see what I'm saying we're creating an environment where growth is not is not is not required. And their babies guys they don't know then that one day you're not going to be here. They don't know the value in learning these skills. They're following your lead. And if you keep giving the option to where a pull up, you let them handle each in the pantry versus communicating what they need functionally. And you allow problem behaviors to be rewarded with access to what they want or avoid access to the things they don't want to do. And nothing is going to change and this is a thing right if I think all those shitty things all those shitty things on that slide, right? That all that the reason why it can't happen. I set the bar low. And your child with autism is just like every other human being on the planet, not just any human being with autism. Any human being on the planet, I want to do the least amount to get the biggest payout, right. So if I'm setting the bar low is the parent the kids like great, because I love the way she does. Anyway, I'm kind of like boy king or boy Queen around here. And I don't see the reason to change. And as long as I don't see the reason to change, and you think I can't do it anyway, I'm good. See, it's almost like it's a self fulfilling prophecy. To live this this shit life where nothing changes, and your child doesn't grow? Does this make sense to everybody? Yes, these kids are smart. As long as you keep giving them the options to not grow, they're happy to stay where things are, is your job as a parent. Remember that mom, that dad that caretaker, that grandparent that that? That whoever right, holding that baby, this would never fucking be allowed. It's got to stop today. These babies are smart, they know exactly what they're doing.



Michelle Rogers 41:08

And if you set the bar low, your child will just meet you where that lands. They're like every other human being on the planet, right? When you raise the bar, your child has no choice to raise up to raise to the occasion. Like what Juliana I remember, there was this time where I was teaching she we were having a try new foods for breakfast. And she cried, and she won. And she didn't want to try it. And I just sat there and I sat through it. Because I knew I knew I needed to have the I needed to be in the authority of somebody who said what they did 100% of the time. And eventually she ate it. She had no choice. My bar was here she was whining and complaining, she wanted to keep it here. She was trying to negotiate have Cheerios or paper and jelly things that she liked, she didn't want to try the waffles. She went through her whole gyration. And then she had no choice, she had a rise because I wasn't accepting anything less. And that's how you guys have to be from this point forward as well. And you need the champion mindset. And this is where we're going to do some autism myth busting, right? You guys are gonna have a lot of shifts that will go on rolling around your head. If you guys are struggling with the potty training and the communication, the problem behaviors, we got a myth, but some of the thoughts that are rolling in your head that you think are fat, but they're not true. What are your thoughts around your child learning the big three? Tell me right now in the chats? What are your thoughts? Do you think they're capable of learning the big three? Do you think you're capable of teaching them? To autism mean cancer to you? Do you see autism as a death sentence, because it's not the number one reason stopping your child from being on

a path of independence is your thoughts about it. And your thoughts are creating your results with your child with autism. Your thinking needs to be setting yourself and your child up for success when it comes to potty training, communication, stopping problem behaviors. And here's what I do. If you need a thought that you're not sure about any of this presumed competence, I want you to think about in your head, that one of the things you guys will say is like, Oh, they don't understand what's going on, I want you to tell me how that's fucking wrong. With my daughter, the come to Jesus moment for me with my daughter was teaching her the sign for cookie. And when she finally got it, I was so shocked. because up till that point, I thought she was gone. The cry was, I thought she was gone. I thought she was on her own, I wouldn't we were here. And when I saw that, it was like holy shit. This whole time she was here, I wasn't even talking to her. I don't want you to spend another day thinking those shitty things about your kid. And that's what we have to do. So if you're struggling with what you're believing about your child with autism, you've got to presume competence. All thoughts have to be in alignment for the results we want for the big three. And this is the single most important thing you need to know tonight. All thoughts you have about the autism and about the potty training and about the communication. The problem behaviors are optional. I get to choose what thoughts I want to get behind to get new actions, new emotions and results, different results. And I'm living now. And that's what this program is all about. And I help parents like you to think intentionally to get the results you want for your child with autism. Listen, I've got beautiful tactical, I've got amazing tactical to get the big three done. It's my jam 100% success rate I have in my master class. If you come to that program, you do the work by the time you leave, you leave with what you came for every time. But it's not just about that. I've got to stoke the fire of belief in you. Right now you have limiting beliefs of thought errors about your child, and it's keeping you in them stuck. When I had that moment, everything changed for me. And I need you guys to be in that moment. Now. Show up like that mom now and don't stop until you get what you came for. I remember thinking like, Is it dangerous? Is it dangerous for me to advocate to get on my soapbox until every parent with a child with autism Some of you probably been told that your kids are going to end up in a group home, they'll never they'll need forever care. Is it dangerous for me to come out here and tell you to swing for the fucking fences for your child that every child on the spectrum, I believe, should and can have an independent life is dependent on us. We're the gatekeepers that progress. And is it dangerous for me to say that, and here's what I want to think I really thought about this. I've been thinking about this over the last year. And this isn't celebration of my girl, who I didn't even know the life we live now was what was going to be in store for us. I did not when I had that night, where I was thinking I'm going to die one day, Who's going to care for when I was gone, I had to fucking swing for the fences, even if I was gonna miss. Because when I swing for the fences, when I show up in that energy, like I'm giving it everything I got, I have for a while there up until she was in kindergarten, I believe that could cure for autism. I really believe that. And you know what I know now that that's not true, but it fucking served me well, because there was nothing that deterred me every time we tried something that didn't work, and boy 85 90% of what I tried didn't work. But if I thought of all of those things as fails, I would have just stopped, my head would have been in the couch cushions I would have been done. All I thought was like, Nope, that just isn't what works. And every time I find something that doesn't work, it's gonna put me one step closer to what does see how it's really the same scenario, right? You guys are struggling, right? And you might have thoughts about why you're struggling, and the thoughts about why you're struggling or keeping you stuck. But if you looked at the thoughts about why you're struggling and say, You know what, maybe it's just the reward, maybe it's just I have diapers, or maybe it's just that they'd rather sign and use packs, which is what happened with my daughter, right? If I have that belief that there's something out there I just need to find it. swinging for the fences shouldn't even be a fucking option. So whether it's it lands, or it doesn't your child deserves a parent that fights like that to the very end. And that's the biggest

message I want everybody to walk away with. Is it dangerous for me to tell every parent in here no matter where your child falls on the spectrum, even if they have multiple diagnosis even if they're older, that they can live an independent life I think it's dangerous not to say it you're their parent if you don't fight for them who will you have nothing what's the worst that can happen if we swing for the fences and we miss we're gonna be disappointed well.

Disappointment queen here I've been disappointed so many times right? I tried more things with Giuliana that didn't work. Then then that did and I'll do and I would do it all over again. I do it all over again in a heartbeat. And that's what I want you guys to understand. And when you show up like this, the results are going to be so beautiful. i By the way, this is hysterical. I my team picked this picture I crocheted that hat for her it was like a hat and MooMoo she did not want to fucking wear it. It took me like an hour crying and running around the house to get taken it off. When it back on and take it off, put it back on. You're wearing and I crocheting and you're wearing it was hysterical and I remember this my struggle with our The struggle is real. She didn't want the field around her years and I tried to make it bigger everything she finally wore it and the results of showing up as a parent who does not quit on her child. You will be more compliant. You will be more confident that you can teach your child anything you'll be less stressed you and your child will have more freedom and your child will be independent. It will happen this is Kimberly she was one of my Oh geez. I started this program three years ago where this month is the anniversary of the champions for our children masterclass three years ago I started my masterclass. And when I started it Kimberly with one of my first members, she's like a founding member and she said and she just sent me this email this year. She said when I found you, Easton was three and I couldn't get a firm diagnosis. He had very few words zero social skills and was not potty trained. I found me the same day as the IEP meeting that day I was defeated and overwhelmed after they asked me to list some Eastern strikes. I sat there in tears as I struggled to come up with an answer. I had to find help and luckily I found you. It's been two years since I joined the masterclass and today I had a meeting with the school regarding his kindergarten placement. He said to start in a general education class 80% of the time he is fully potty train has had no aggressive behaviors. His speech is blossoming and he tells me he loves me every day. I know beyond a shadow of a doubt had I not found you we would not be here I want you to know the work you do is so appreciated. It really made all the difference in my life and most important Eastern life. Why couldn't Eastern story be your story? You have literally turned my life around and I can tell you enough that what this means to our family are truly a lifesaver. And here's another mom I just joined the program and it's empowering and an eye opener please try it. You won't be disappointed. She has a panel of experts besides herself that are invaluable to the process. I will never give up he will be successful and independent. Amen. I want this for you guys to Michelle. I was busy on the phone that I realized my child wasn't there. where he was sitting come to find he was in the bathroom. He pulled his underwear down. He's doing number two, and I'm crying, ugly, happy tears, and I had to share. So let me ask you guys, would you like my help to help you get your child the big three? Can you put it in the chat? Would you like some help? Yes, yes. I love it. Yes, absolutely. Yes, please. Hell yes. Love it. Yes, yes, yes, yes, yes. All right. So what every child needs for a chance of life independence, right? We're gonna thumbs down on those pull ups. You're gonna get them potty trained. We gotta get a community. Yes, I love it, kids. It's gonna help you all kisses. We need to get them communicating. And we need to stop those problem behaviors Cody wanted to shout out to. So the way I see it, you got two options. The first option is you could go and leave tonight and figure this out on your own and end up books frustrated and exhausted. Where you can go with option two, you can follow a tried and tested path from stressed to successful tell me what your option is option one or option two. Which would you prefer? To I love it. tu



51:05

tu tu tu tu.



Michelle Rogers 51:06

Love it. I love it. All right. Now I want to paint a picture for you today. And I love it to his kids. I'm going to help area 200 You got it. I love it. All right. I want you to imagine this day for you. Now this was Juliana's 11th birthday we celebrate two weeks ago she wanted to go to this away. The sleepaway events at an indoor waterpark and her friends, we had to coordinate the time because we took to over close friends with her. And I want you guys to kind of close your eyes. And I want you to imagine a Sunday morning in your home and your baby. You wake your baby up out of bed, and I don't care how old you are. My daughter will be 15 I'll be 30 would have been 85. And I'll always be your mother, right? She'll always be my baby. And I want you guys to close your eyes and imagine a Sunday morning and you wake your baby up out of their bed. And when you see the sheets come off them the underwear and underwear because they're fully potty trained now. And then you hear their little feet scurry into the bathroom all by themselves. And you see him pull out their little stool and they just hop right onto the toilet and you hear them peeing in the toilet. Then that child jumps off the toilet, puts on their underwear, flushes the toilet washes their hands comes out to you in the kitchen and is able to communicate with you that they would like eggs for breakfast. Tell me what that would feel like to have a day like that. Tell me in the chat. What would it be like to have that day? Amazing crying, crying with you the best gift on Earth. Wonderful is hell. Amen. A dream come true. My joy would be full life chasing a wonderful gift. I love it heavenly What a beautiful word heavenly My biggest dream my best day of my life. Well, this is what we do in my program. And I want to invite you into it. And this is introducing the champions for our children masterclass, this is what I do. And this is a card that Juliana got right as she went into kindergarten I'll never forget it and it's a dear Julianne and families is from her speech therapist. And it said thank you from for the gift card and the sweet and the gift card and the sweet card. It was truly been a pleasure working with Giuliana for the last year and a half and watching her blossom. She has made more gains in skills than I've ever seen in my 25 years of experience. I can't imagine what the future holds her. She is going to soar. This is a card that you have common for your baby too. So why would you join the champions for our children masterclass, if you join us, you're gonna get personalized strategies for exactly where your baby's at, we're gonna get a potty trained child, you're here for potty training, that's my jam, I have a 100% success rate for potty training, communication stop and problem behaviors, you're going to start to reconnect with your child because communication is finally going to be in place. And we're going to get to the root level of your child's problem behaviors and treat it not just treat the symptom. when life happens, we're going to help you to get back on track. If a regression happens, we're going to tell you exactly how to handle it. And we're going to learn from trial and error rather than quitting on our kids. That's the only true fail of an autism parent is quitting. We're going to teach you how to build that champion mindset. So you no longer have to worry about autism every minute of every day. And you're going to get your independence back to one of the byproducts. I've heard so many families say should I quit my job? Do I need to quit my job? I need to stop my dreams because this child needs all this care. And once you get your life back, it's a it's a beautiful byproduct of joining the masterclass and you're gonna get mastery of my three pillars, and we're gonna talk about that now knowledge, belief and support. And these are some of our masterclasses. I'm so excited. We've been working hard with our son to learn his name and be able to say his name when someone asks he fought I only got it yesterday and now can answer that question anytime finally big win. This is for you moms who are waiting to

hear your baby say I love you or say their name. Michelle, I just want to email you let you know the progress. Just 36 hours into adding the tablet as a potty incentive and Audrey woke up this morning and went to the bathroom. And her pull up from the night was dry. I honestly think this is the third time in her life that this has happened. She is definitely reward driven. I'm so excited and curious to see her process as we continue. Just want to say thank you for your support. And this is from my mom Caitlin and I don't know if she's here tonight but she was one of my heart She held out she's she was on the fence from joining for like a month or two and when she joined boom, this happened within a matter of weeks in my program. Michelle, you're freaking amazing. Thank you so much for helping me with this. 24 hours after I jumped off the call. Everything you said was so true. I needed to stop giving her allowances because she has autism. I think the biggest reason why she can't do anything is because of my fears. I was late and potty training initially because it was easier for us to do the pull ups. How many of you understand how this feels. Also other kids are age we're still in pull ups and therapists and doctors made it more accessible for me to not potty train her last night. You helped me flip a switch. I have always said I'm her biggest advocate but yet I was holding her back. Thank you very much Michelle, you're truly the best. I think the non sugarcoating and calling me out on my BS I like to call myself a velvet hammer. I say it was love it was trying to give it to you I'd give it to you straight but I tried to say it with love right? So I say she said I think the no non sugarcoating and calling me out BS was the best tonight was success not just for Jordan, but for me too. Thank you again. So here are the three pillars here are the three pillars you need to become a champion for your child number one, you need education. Number two, you need support. And number three, you need community. So when you join the masterclass your it is a is a group coaching program with guaranteed results and what you get when you join. The first part is education to teach at a pie trainer to teach how to communicate or teach your child how to communicate, we're going to teach you how to stop those problem behaviors. We're going to teach you how to do social skills my picky eater protocol, my daughter and my daughter has taken me through the wringer. So I've full on courses that you're gonna have lifetime access to in my study vault, you're gonna get mindset training, or to stop eloping, we build out this this vault every month, and you get lifetime access to it. So you can do it in 30 days, you can deep dive, you can take your time, because you have lifetime access to this web portal of hours and hours of courses and knowledge. And it's a collection of programs that I think makes me the Harvard of autism. The second thing you get when you join the masterclass you get support. And what you get is lifetime access to study vaults of courses. But you're also going to get three to four weekly group coaching calls with me and my experts. So you're not doing this alone, right you have the you have the study vault I love to study well, because it's gonna give you the opportunity to, to get reinforced with what we do like, like the fundamentals of all the tactical, but then you're gonna get on the calls with me and my experts, so that I can help you craft that blueprint. And every week we're gonna meet and keep building on that process. And the first call each week is with me, an autism mom, like you, I'm a life coach, and you're gonna come to my call, and we're gonna craft that first plan for you whether it's potty training, communication, problem behavior, we're going to work on one at a time, mostly, we major in one minor in the others. And once we solve for the, the one we're majoring for, we switch it out. And that's how we're going to, we're going to nail it and you're going to come to your first call, and we're going to personalize that plan to get you off and running to get this goal done. And every week, you're gonna come back and you're say, okay, Michelle, so I did, what worked, what didn't work, and we're gonna keep building on that progress every week over the course of 90 days. So there's no way you don't get what you come for. In addition to that, the second call each week is with a BCBA. I know some of you guys are weightless for ABA, some of you have access to ABA, but you have never had access to the ABA that we do. And I love a pairing loving relationship between therapist and child between parent and child. And you're going to learn from my team we have Armando Melissa and Stacy Armando our male teacher for many

of our boy families out there, but also an adult with autism, you're going to get to hear from somebody who knows what it's like to who knows how your child's brain works, because his brain works the same way. And he's gonna help you to problem solve for all the things that we want to help our baby solve. In addition to this, you're also your third call each week is going to be with a mindset coach. I like to call this your therapy session in a box. You guys got a lot of shitty thoughts going on. One of the big ones was the consistency, right? Oh, I know, if I was consistent, then I would get pi training done. But if that were the case, the reason why why why it's so fascinating when you guys see it and they say okay, if I gave you a blueprint, and I sent you off and I told you if you follow this group in two weeks, your baby will be pi train. Would you do it? You'd say yes. That's what we'd like to call on the program. I believe it before I see it energy right. I'll believe it when I see it energy. But when we're trying to work on having a different life than we have now. You got to step into the energy of a boss mom that gets what she comes for every fucking time And to do that, I gotta get out of chips at a stinking thinking like that. And that's what this call is about, I want you to understand that your brain has 60,000 thoughts a day, most of them are shitty. And it's not because your brain is trying to sabotage you on personal purpose. It's not because your brain is broken, your brain's job is to keep you safe. And even though you desperately want to potty train communicating child, your brain is like, Yeah, I know, that's what you want. But we can survive here. And that's my number one job. So it keeps feeding you all of the autism bullshit stories as to why this can happen. And then when I try to be consistent, and you know, the child pisses on the floor, the first time I say see, this doesn't work. And I have passed out of the gate anyway, because I didn't think that kid could do it because of the autism. And I'm now in my crazy. And that's what this mindset call is, I want you to train your brain. As a human species. One of the beautiful gifts we have is that we get to hear our own thoughts. But I also love this quote, and it's not mine, but I love it anyway, I say the mind is like a furnace, it can warm your house or burn it down. You don't have to believe every thought that your brain presents you.



Michelle Rogers 1:01:02

And the most if most of it is to keep you in the cave, the most of it is hurting you and hurting your child. And this is what this call is about. We want to get you right about the way you work. Get you understanding that the thoughts your thinking or what's keeping you stuck, not the child's autism. And everyone gets their questions answered on these group coaching calls support is my North Star with this program. So when you when you join, you get lifetime access to the study vault, you get three to four live group group coaching calls every week. And then you also get monthly specialist calls. We've got Jessica she's a speech language pathologist. She's an autism mom and a graduate of my program, so you're gonna get to talk to her. We have Greer, who's also an autism mom, and she's a dietician, she's going to talk to you about gut health because with some of our kids on the spectrum, gut health and cognitive ability go hand in hand, she's going to teach that if your child is is has diarrhea, constant diary or there are they're painfully constipated, she's going to give you strategies to get to get things moving again. Then you have Stephanie, our speech therapist, if you have a child, if you have a child that she's a feeding specialist, excuse me, if you have a child that's a picky eater like mine, she's going to help you with strategies to get your baby trying new food. And then we have Ashley, she's an occupational therapist, a lot of our babies on the spectrum have the fine motor issues there. And she's going to help you to give you activities that you can do with your child so that you can get that fine motor strength so they can unbutton they can zip they can bright, they're going to need that right. And everyone gets their questions answered. And when you join, you get lifetime access to the study vault, you get three to four group coaching calls a week, you get the monthly specialist calls, and then you join our community. And that's the

third pillar of being an autism mom. I want everyone to say let me I'm gonna ask some questions. Anybody in here anybody's kid ever smear their poop? Anybody's kitten here ever smear the poop? Yes, yes, yes. Yes, yes. Yes. All right. My two by the way, she she shouldn't smear she had in her hand and Beth Alright, great. Anybody's kid in here ever. can lead you to the pantry. For what? For the cookie? Over the Graco chat? Yes, yes. Yes. Always. Always. Yes, yes. I want everybody to look in this chat. Right now you feel like you're on a fucking island. But you are not? Well, how many families are going through the same things that you are? How many kids here are run away from home? They're a little purse. How many kids if you don't watch them every minute, every second they fly out of the house? Yes, yes, yes. Scroll back into this chat. Right now you're on an island. When you join this program, you become a part of my tribe. It's a community of parents that are going through exactly what you're going through, you're not going to be alone anymore. And that's the third pillar to being a successful champion parent. So when you come into my program, you get you get to join my facebook community. And it's all forward thinking parents like you that are working on the same skills as you. One of the biggest things all of our parents say about the community is like I thought I was the only one that was dealing with this. You just saw in the chat. How many people are dealing with this too. And this is what it's like in my masterclass. Not only are they dealing with the myosotis, they're solving for it, and you're gonna watch it, you're gonna get coaching, you're gonna watch them get coached, there's something so powerful about hearing another family, struggling with the same thing as you are. So when you join my master class, you get what you get you join our Facebook community. If you have questions in between calls, I mean, we're giving you so much support but if you got questions between calls, if you need support from another family, you can tag them you can tag the coaches you can DM me, you can even email me in between calls if you have questions, because when you join this program, your baby becomes my baby too. This is the five four I don't know of any I really I don't even think I have competition. But even if I did have competition, this is the best fucking program for any family who needs the big three. By large I support you I give you so much love and support. You are not alone anymore. You're not alone because you have experts in your corner and you're not alone because you have parents that are doing this with you in your corner. And support is my North Star. So when you join On the masterclass you're gonna have lifetime access to the study vault of courses, three to four weekly live group coaching calls, you're gonna have monthly specialist calls the private Facebook community that have access to me on email in between calls, then you're going to get my action back guarantee. And if after 90 days in my program, 90 days is more than enough time to get potty training, communication problem behavior solved. But if after 90 days, in the unlikely event, that you don't get what you came for, you stay in my program till you do or I'll give you your money back. So solid and what I do, everybody who comes, who does the work, who comes to the calls, leaves who thought they came for. And you know what's amazing when you join, you still immediately step into the identity of a mother that says, or father or grandma or a great grandma because we got Karen here, she's my great grandma in the masterclass. I don't leave until I get what I come for in life in this program from this day forward. And that's my guarantee to you guys. So when you join lifetime access to study vault of courses, three to four weekly live group coaching calls monthly specialist calls private Facebook community, you're going to be able to access me via email in between calls, if you have any questions, you get the action back guarantee, but we're going to do some bonuses because there's a Julian's birthday month, and I'm a big shopper myself, and I love to give bonuses. So if you join the masterclass, tonight, we're gonna give you some amazing bonuses. Number one, if you join tonight, you're gonna get a private session with our mindset coach to 20 minute one on one session with Risa. She is a a thought error sniffer out or she's a thought ever hound dog. And she's going to snip out those thought errors that are keeping you stuck. And she's going to help you start believing different, more positive things about your child. It's a \$500 value, and you're gonna get one private session with her if you

joined tonight. In addition to that, you're also going to get six months in the program instead of three. I never do this. Six months in the program instead of three, three is more than enough to get potty training, communication and stopping problem behaviors done. But I like to give the incentive of three more months, hey, let's work on picky eating. Let's keep building out those communication skills. Some of my moms can talk about this, they can talk about what it's like, you know, we get Watson needs done, then we can get vocalizations, then we can start talking in sentences, you'll get those three months of additional support with me and my team. And I'm doing this in celebration of my girl, this is a big month for us. So if you joined tonight, six months in the program instead of three, we're also going to be sending you a printed version of the potty Pocket Guide. That's this thing right here. Not only is it going to be printed for you, it's going to be mailed to your house directly from me. And you're also going to have our toilet training data collection sheet printed a few of them on the back of it. So you'll be able to have everything you need to get hit the ground running to potty train your child, and that's going to be sent directly to your home. And also if you join tonight, you're gonna get everything you're gonna lifetime access to study vault, of course, is three to four live group coaching calls a week, you're gonna get the private Facebook community, the monthly specialist calls, you're gonna have email access to me, you're gonna have our action back guarantee, you're gonna get the private session with Risa, you're gonna get six months in the program, you're gonna get the printed guide sent to your house, and we're also sending you a CFC mug. And I was designing this today, and I was like, I wish I had one tonight, but I will have it and shipped it to your house. And you know, what's gonna say on the back, different is not less different is not less, and you're gonna get this sent to your house, and I can't wait to have one, two. All right, so you're gonna get the mug. And then finally, if you join tonight, you're gonna get everything that's on the screen. lifetime access to study vaults, of course is three to four live group coaching calls a week, private Facebook group monthly specialist calls, cry, email me between calls email access to me action back guarantee. Bonus one is the private session with Risa bonus to six months in the program, that's a typo, you're gonna get six months in the program, instead of instead of three printed copy the party guide my beautiful mug that I'm in the middle of designing different, not less, and \$500 off if you join tonight. So if I put all of this together, if I had to figure out the total value of everything I'm giving you I mean, think about it, lifetime access to a study, well, that is hours and hours of knowledge, three to four live group coaching calls a week, I mean, think about the value that is monthly specialists and you're gonna get to talk to these people every single time you come on our calls, right? You're gonna get private Facebook community email access to me, you get my action back guarantee and all these bonuses, the value is like \$21,000. But don't worry. That's not what we're charging tonight. If you joined tonight, it's six payments of \$440. Or one time payment of 2497. If you make the one time payment, you save a little more money. And you get all of this all of the support, my guarantee from results or your money back, you show up. You do the work. You don't get what you came for. I'm going to give you your money back. I'm taking all of the responsibility because I am in this to see your baby when and my masterclasses they're here shout out. I want to mug Kaitlyn you got a mug Are you ready to get started me immediately join us, I'm gonna put a QR code on the screen, you can do six payments of \$440. I've never done this before my master classes can concur, or one time payment of 2497 link in the chat box, when you join, you're gonna get a welcome email, you're gonna get the calendar with all of the calls coming up for the following week, every Sunday, you get a newsletter, it's going to tell you the schedule for the calls. And the link is in the chat box to join, you can also put your camera to this to the slide and you can access the program. Soon as you join, we're gonna send you a welcome email, we're gonna get to work immediately to help you and your baby.



Michelle Rogers 1:10:27



Michelle Rogers 1.10.57

And I want to talk one last thing about unicorn syndrome. And I hear this a lot like, Oh, Michelle, I'd really love to join you, Julianne it but Juliana just seems different than my child, or my child has severe autism. And maybe this works for other kids, but it's not going to work for mine. My child is broken, or I'm broken. There's nothing out there, I will change the trajectory for my child. This is unicorn syndrome. And it's a self preservation state. Remember, we talked about that brain, right? That brain is going to make decisions just to keep you in the cave because that's his number one job. And if I stay here in the cave, I never put myself out there to have these hopes and dreams for my baby. And when it doesn't happen, I can't be hurt. Remember what we talked about earlier, I gotta swing for the fences. My baby deserves a parent who does that? I can, I can survive disappointment. Disappointments are part of life. I can survive. And I guarantee all of us tell me that everybody's been disappointed at some point in their life majorly. That I can survive disappointment, and I'm gonna let unicorn syndrome stop me from helping my baby. And when I think that subconsciously I can't risk trying and failing because I won't survive it. Your brain sees like shooting for the fences and missing as like life or death. It's as bad as chasing a bear as far as you're being chased by a bear as far as your brain is concerned. But once I can understand that this is why I'm doing this while I'm living this crazy loop. I can change it. And this is about you, not your child your self doubt is stopping you from having your child have these life skills we need to change that today. So sitting in I don't know are asking shitty questions with no real answers keeps you stuck and not taking action to help your baby now, Indecision is keeping you second guessing and losing precious time that you could be making progress. Nothing comes from an I don't know or a bullshit question. You can't answer just a side to side you're not ready and you won't do the work or decide you're nervous but you're willing to go for it. Give yourself the gift of a decision on yourself and your child right now. If fears and warrior dominating your day and night, then join us if there's something in you that identifies with what I've taught you today and it makes sense. Take the leap of faith join us saying yes, we'll have you and your baby moving forward today. You can be your child's number one resource even if you think you're not technically qualified. What Every child needs for a chance of life independence, they need that edge. You need the education. You need to have those pillars education, support and community you have these three pillars in my program. Your child will have that life of independence. I say that with pride. I say that confidently and pretending tonight you get that special those special bonuses we talked about. That's the privates session with Risa six months in the program instead of three a printed party guide \$500 off the CFO see mug you click the link in the chat box I've never even offered that payment plan before six months \$440 for all of that support. So I guess I wanted before we start this I'm going to take a pee break we're going to do some we're gonna do some raffles. This is a scam you could scan the QR code to join the program. We already had some families join. I'm very very excited to have you. My masterclass. Just give us a shout out let us let everybody know how awesome it's been to be a part of the masterclass. I'm going to take a pee. I'm gonna get Juliana, who wants to hear from Juliana tonight. Who wants to hear from Juliana? Hey, it's awesome. Thank you. Awesome. All right, I'm gonna take a pee break. I'm gonna put this video on for you and we're gonna get her and we're gonna bring her back and then we're gonna do some q&a. What were your biggest



1:14:09

struggles prior to joining the program?



1.14.17



1:14:14

You know, I was going around and looking for organizations. I was looking for help. So I started looking up online and I really need somebody who's been through has no access to



1:14:24

any kind of services over here in Ireland googling stuff and trying to find something like join because I have a three year old autistic



1:14:33

son so I knew I had to do something that I didn't know



1:14:36

what to do. Everything seemed to be wait listed or just not available to break it down to him. I had to have somebody break it down



1:14:45

to me and that really got me worried. It got my husband wanted to take Ken okay, we need just to get pd



1:14:51

i think my biggest struggle was understanding their potential. I actually didn't know like I was kind of relying on just the speech therapists.



1:14:59

I came in just feeling very helpless, very confused. What can I do? That I haven't already done? You know what, what would be the harm that can I lose before participating? We weren't making as much progress. It was slow progress. I believe that Melanie on Instagram,



Michelle Rogers 1:15:20

she's very turned off by a lot of doctors and therapists and things.



1:15:24

I went back and forth and I'm like, Okay, I'm like, he's going to start on ABA therapy on like, on this day, and I told him that was my number one goal is that everyone would be I wasn't going

to skeptical because of how many times I have tried about the standard, oh one and I'm here, okay. She's, you know, artist again, you know, when you qualify for a lot of services. And when I go and try to like pray about, you know, you can't, we can't sign this or I was looking for more to really help my son. He's for nonverbal communication, social behaviors and potty training. Our son was like a year or two of private training with this operator. So autistic, and he has been hospitalized a couple of times because of training related issues.

 1:16:10

So he has been tracking on the spectrum for some time. How do I get him talking? How do I get him pooping in the potty?

 1:16:20

I have spent 10s of 1000s of dollars on recovering my son. Alright, so now I guess where are you now you and your child now that you've joined the program?

 1:16:28

I'm doing really really well. I think their ABA program here is is is wonderful. We got very lucky with that one word she were there you know what it was that he wanted, but not necessarily saying I want it would be Apple or this or that. And that is totally blossomed. You

 1:16:48

guys saved my family. Okay,

 1:16:51

so where I am now is work I kind of know that I'm in charge the changes in him in less than two months I think have been like six weeks. Miraculous here the behaviors have decreased the stimming has decreased. The listening to directions has increased the lighting with this increase one of those kids like you tell her I'm so proud of you, she'll just say it over you're really proud of you.

 1:17:16

Oh, you're so proud. I'm not seeing the same insights I am right now confidence wise and being hopeful that things can change and I've seen so much progress in me myself, you

 1:17:28

know, I just you know, set those goals for myself and cross them off and, and you know, and

once I did that or I turned my focus 100% And you know, then I was able to get the work done.



1:17:43

You helped me formulate the confidence in myself a real life ready to really go for it. I would not have gotten through it. They went so much better than I ever could have. You know, I started listening to the tips for Michelle he's doing so much better more eye contact for sure. We're working on some topics and I'm saying some more Yeah, I went really well like all again the tips you guys gave me doesn't seem like this big impossible thing I just been given something so quit shifts and he's more variable with a right leg Sharon and I'm so happy to be part of it we never in a million years thought that it would happen this early you're making a lot more sounds he's now at that point where he's no longer associated since you and all of the teachers are going to meet all of the the ideas and the strategies



Michelle Rogers 1:18:41

you know we all want our children to succeed it's just been wonderful



1:18:45

when a member of the in the program was trained both number one and number two is crazy rebel right now



1:18:54

he's very independent piece now.



Michelle Rogers 1:18:58

Would you recommend our programs



1:19:03

going through this right now? Absolutely.



1:19:05

Absolutely. But yeah, I would prefer definitely you definitely you guys need to do this program. They don't change you guys and your child's like tremendously. 100% I do recommend that you learn something new program for the six months you and your team like help pull that out. It's amazing. You know what, you guys I wish I had done



1:19:34

this earlier. Probably without it's not it's not too late. This program has



1:19:39

allowed that for them. Take this course you know, do the one on ones. Listen and absorb everything that this team has to offer you guys have to give



1:19:50

in your sharing and that's



1:19:52

amazing. So I will recommend



1:19:53

any whoever's out there



1:19:59

in between regret, this is going to help you, you can learn through other people's experiences. Absolutely.



1:20:06

And I have already been recommending champions for our children. It's,



1:20:11

it's amazing. I can't recommend the program. Just do it. Um, don't hold back just will all end your daughter or your son. And I will definitely say.



Michelle Rogers 1:20:24

All right, we are ready for q&a time. And before we do that, I wanted to address some of the the comments in the chat. Right here, right here. I'm sorry, I love that picture of you. You're adorable. You didn't like that. She doesn't like the picture. Okay, so before we get into coaching, renew q&a, if anyone has any questions for Juliana, I have this box of where's the

box? And we have a box of let me have it. I'm picking the question. Are you going to pick the questions? And we have a box, I'm going to ask your questions from this box. But if you guys have any questions for her, put it in the q&a, just put Julianne in front of it. So I know their questions for her not questions for us. And I just want to address some of the comments in the chat. So I know some of you guys have loved the presentations. And I hope you have I had a lot of fun being here with you. And some of you have expressed that, you know, you'd love to join. But this is expensive. And I want to really understand what that means for you. Because here's the thing, you know, we all got into the world of having children. And we all know that that is expensive in itself. But I want you to think about when anytime somebody says to me that they desperately want to work with me, but the the money the cost of the program is keeping them from joining. I want to understand what that means to you. Because when somebody says that's me always kind of question, here's why I want you to think about your life right now something that you know that you couldn't live without that you know, the value of that you just didn't you know, like this is mandatory for allies. And I always use the example of the refrigerator, right? I have a fridge, I'm assuming you'll have a fridge, right? And if that thing broke, no matter what you would always find find no matter what your money circumstances, if money circumstances are today, you are going to find a reason to repair or replace it because I know it feeds the family. It keeps the food cool, it's something I know like I know the value of ahead of time, it's almost a little bit like that. I'll see it before I believe it for I see it energy, right. But your brain knows what that brings to the family. So when that breaks, it's like, yeah, we got to figure out what we're going to do. We're going to problem solve, to create whatever we need to do to to get a new one or get it repaired. And here's what I want to present to you that I consider myself a master problem solver. When it came to Juliana, and it came to the diagnosis. I didn't have any experience with that. But I had spent many most of my life being this master problem solver. And no matter what life adversities were thrown at me, I could solve for every one of them. And it was just a thought I believed about myself. So when this happened to us when this came into our world, I knew that you know, even though I was devastated at first, I didn't know what it was going to mean for us. I knew I wouldn't stay there because I'm a master problem solver. So when I think about something in my life, or think that something in your life, or like a refrigerator, or a car or whatever, something you know, you couldn't live without. And you tell me that, you know, money's a reason why you won't join this program? Is it because you don't understand like the value of what it is that you're leaving on the table today? Can you continue to afford? Can you continue to afford paying the cost of not getting your child potty trained, not get your child communicating, not get your child stopping their problem behaviors. Because I know that if you believed in what this is, and you write, we talked about earlier about swinging for the fences. Even if I miss I have to swing. And that means that even if I don't know, like, even if I don't know that how I'm coming for it. And if I believe that, no matter what I'm gonna find a way, just like I'd find a way to fix the fridge. So I'm not, I'm not not acknowledging that this is an investment. But I want you to think what it's costing you not to solve for the problem behaviors not to solve for the lack of communication that your child has not to solve for paying for the diapers and wipes and the time it's taking you to change it and how it's costing you mentally and emotionally that this isn't happening. And if I can find the money for the things I know bring value to my life, I have to believe that this has value. It's it as far as I'm concerned, more valuable than your fridge. Okay, so I say this with love. I understand what you're all going through. But I want you to think about this. This is about if I want a different life, I've got to make different decisions. And when you problem solve for something like this, right, when you become that you step into the identity of a master problem solver, you'll always be able to solve this problem moving forward, especially if belief is behind it. If I believe that my child deserves nothing more than me swinging for the fences, whether I miss or not, that my child deserves that opportunity. And this is the program that's going to do it then I'm going to become a master Problem Solver to figure out my way to join

that program. Okay, all right. Well love I say that kisses. All right, who wants to hear from Juliana? Let's see No questions for you in the in the q&a. You get to pick a pick Good question here. And then we're gonna say hi to Armando. I'm gonna pick a question and come closer so everybody could see you almost got to stand up I think is that I don't think they can see you very well. Can you guys see Juliana? Let's see here. I put a question above Juliet to remember Oh, just Juliana. Remember how she felt when she wasn't able to verbally communicate? Do you remember? Do you remember doing sign language? She doesn't remember doing sign language. Do you remember, this was a sign for cooking. And this isn't a sign for cookie by the way. American Sign Language sign for more. But I don't teach more. Give me please or thank you because I can forgive me please. Everything. So I made every sign that we taught her intentional. So you don't remember that? Do you remember any time where it was hard for you to express your emotions? How about that? Sometimes even now? Yeah. Like what what emotions are hard for you to express? She doesn't know. All right, or let's ask some easier questions or what will? Oh, do you feel different? Oh, no, no, she doesn't feel different. I love that one. Okay. Hi, Juliana. Yes, I can see your sweet girl. Did you have a device? No. We taught her with sign language. Okay, let's start. Let's read some questions here again.



1:26:18

How do you feel about me getting?



Michelle Rogers 1:26:20

How do you feel about how you will? How do you feel about me getting older? Yeah. No. How do you feel about getting older? How about that? I don't know. I feel bad and getting older. I need you to stop growing. How do you feel?



1:26:35

I feel like it's good to get orders. Speak louder. It's good to get louder.



Michelle Rogers 1:26:41

I feel like it's good to get all this. Why is it good to get older? It's like you could do more stuff. What can you do? What was the stuff that you wait, you're so excited to get older for to do?



1:26:56

Yeah, we also have to speak up. You also have to pay for your own stuff.



Michelle Rogers 1:27:02

You have to pay for your own stuff. That's not You're not looking forward to that though, right? No. All right, pick another question. I think maybe be looking forward to. I don't know, being a

parent. She's looking forward to being a parent. Would you be like me, or do you be like daddy? Ooh. It's a safe answer. Trust me, Juliana, stay a child forever.



1:27:21

Easy. What do you say out loud? What is one fear that you have?



Michelle Rogers 1:27:27

What is one fear that you have? going upside down? She's done it before. This is baloney. If you're really killing me with that, because we want to go to great adventure and Cody Your brother's a thrill seeker like his mom, so we got to make sure you're a thrill seeker, too.



1:27:42

I'm a thrill seeker on a water sign.



Michelle Rogers 1:27:44

Oh, thrill seeker on waterslides. To Trump sign. Ah, come on, keep keep talking. I'm gonna speak loud sticking where you



1:27:53

can handle a call like as a family? Would you change any?



Michelle Rogers 1:27:58

Oh, how do you think we handle conflict? She's going to add our dirty laundry here. How do you think we handle conflict as a family? And would you change anything? Ooh. Like the other night when you guys were fighting about something and mommy came up the resolution? How did you feel about that? What was it about the remember? About what when we last fight that you and Cody had and how we came to a resolution? You remember what the fight was? Cody, sir Brother, if you don't know later, Buck. Oh, doing the litterboxes. That's right. So we have a robot litterbox. And we have a a other litterbox. And we actually toilet trained the cats but we have very big cats. And when we got to the final ring, the cat kept falling in the toilet. So we had to go back to the litter box, but they couldn't do it. So so she didn't want to change the you want to change the robot. And he had to change the other one. And did you like the way that we conflict resolution that? No, no. Why?



1:28:57

Because you made me do the hard part. You didn't clean up after you hadn't really washed the

thing.



Michelle Rogers 1:29:02

Oh, yeah. She had to do more cleaning. Okay. All right. Does she realize how she's helping other people with her story? I tell her Do you realize you see we have every time you guys join my masterclass. I always say send me a picture of your baby. Anybody who's joining tonight send a picture of your baby. And I put it up on my wall and I show her and every day she came home she goose that kid who's that kid? Who's that kid? Yeah, everyone's saying it's a superpower



1:29:26

that I'm not on that near that



Michelle Rogers 1:29:28

you're not on that mirror. You're right here. You're right here. You're right here. You're right here. You're right on my screen. All right. Let's do one last question. And we'll send you on your way. Did you get to pick one last question? Make it good. Two more. She wants to do two more. Okay. All right. Ah, you need to get your kid up there. You gotta join this program. What that put that kid up on my board. All right. Juliana, you're happy beautiful, smart girl. Happy 11th birthday. Oh,



1:29:56

Hello, can I speak Alright, alright, she's gonna speak now. Go ahead. hysterical if you could time travel for a day, Uber day, what would you give? I go back 65 million years ago, so I could see. I could see dinosaurs. Oh, it said



Michelle Rogers 1:30:14

if you could time travel for a day, what would you do? And she said she traveled back how many years? Say loud millions of years, millions of years because I want to see she wants to see dinosaurs. All right, or give me one more. One more. Everyone's so happy to hear from you. Everybody loves to say I'm gonna have to have you on more open. Everybody loves to hear from you. I have a special one. She's supposed to be at a swim tonight. And she was going to come in after swim. But then she started to like run a little bit of a fever like a 99 and stripe. You feeling better next week? Maybe they gave you the medicine? She never did. She juice you know, she'll avoid any ill medicine anything. She'll tell me she'll do it. And then and then she She's a master. procrastinator. Okay. Here you go. This is the one



1:30:59

I wanted really loud. When you have ever. When have you ever felt embarrassed at school?

I wanted really loud. When you have ever. When have you ever felt embarrassed at school? What happened? Oh,



1:31:08

you're gonna share this? Yeah. All right.



1:31:10

I got diarrhea. So everybody what happened? When she



Michelle Rogers 1:31:16

got the poops at school? She pooped your pants. And she had a like, do a little scuffle to the bathroom to the nurse's office and they called me to pick you up and bring you change clothes. You remember that? Yeah. So there you go. Awesome. Well, thank you for coming. Absolutely loved it. You can go play. I want to say one last word to everybody wants to say goodbye to everyone. Bye. Bye, everyone. Say see you next time. See you next time. All right, we'll see you soon. I



1:31:42

want one last look for questions.



Michelle Rogers 1:31:43

Oh, one last look for questions. Anybody give her one last quick. One last question. She's loving this now I could sound lovely. I'll give you one last question. Um, let me think. What's going on there? Right. Um, yeah, I'll pull from here. I'll give you one last question from here. Yeah. Happy birthday. Oh, what would you tell a parent who needs to who needs help with her daughter who? I don't know. She doesn't know. Alright. Are you talking to me about that when I watch your favorite thing that you did on your birthday? Ooh, tell him this.



1:32:17

That's it. We lent the American Jima to DreamWorks waterpark



Michelle Rogers 1:32:24

amazing. She loves water rights. All right. Awesome. All right. Well, thank you for coming, honey. I love it. Amazing. So who wants to hear another amazing autism story? Because Armando is here tonight. Armando. You have a couple of minutes just to give a quick hello.



1:32:36

Yes, yes.



Michelle Rogers 1:32:38

Can you put your camera on there? Yes. Yeah. Hi, everyone. So Julianne is what autism can look like at the lab. And Armando is what autism can look like at 130. Now, are you 3030? I



1:32:49

don't like to admit it. But yeah.



Michelle Rogers 1:32:52

Like a guy. All right. Yes, you can go. Alright, Armand, give us the cliff notes of your story.



1:32:58

Absolutely. Yeah. I'm sorry, you guys won't be as cute as Giuliana, but I'll do my best. So I am I was diagnosed at age three. And doctors told my mother that I might as well learn sign language because I was never going to be able to speak. Since then, obviously, I've been able to learn how to speak. I've been a special education teacher, a board certified behavior analyst, Michelle and I actually met when I was still hosting a podcast. And now I own the only autistic own ABA Company in Houston, Texas. So it is such a pleasure to work with Michelle. I've worked with her now for the past two years. Oh, I know. Crazy.



Michelle Rogers 1:33:35

Whoa, dude, the time flew. Awesome. And if you join the master class tonight, you get to speak to Armando the man, the myth, the legend himself. So tell us about like your experience. Like I want you to tell him because one of the questions that came up for Giuliana, did you remember being nonverbal? And she didn't remember but you do.



1:33:53

Yes. Yeah. So I remember being nonverbal and having that frustration of not being able to tell my excuse me, my wants and needs. But for me, it was frustration that led into behaviors. So some aggression tantruming self injury for quite some time. And as I got older, it was more and more significant to me as I learned more communication. And that's that's what really helped me out. Right. So I still struggle socially, through some things and I still learned quite a bit, but it's been very I've been very fortunate to have such a supportive family as well as now a supportive wife. I've been married for one year now.



Michelle Rogers 1:34:35

Oh, awesome. So Armando, when Armando was diagnosed Your mother didn't have like we're very lucky in the United States now anyway, that we have access to ABA but they didn't have access to any of that right back then they had no



1:34:47

no, no they did not specifically in Texas as well, that wasn't ABA wasn't considered insurance space, and so it was going to be all out of pocket. We didn't grow up with a lot of money, so we didn't have that opportunity.



Michelle Rogers 1:35:00

Got it. So I think it's really interesting for everybody to hear. So when you were nonverbal and you were frustrated, and you couldn't communicate with that come out and like behaviors



1:35:10

did and that's and that's what I was referring to earlier. So it was either head banging in the sense of like against a textbook or a book of some kind or, or you also bite between my finger and my thumb. And there's still some marks that you can see every now and then. And that was my way of communicating. But since then, obviously, I've been able to speak much more than that.



Michelle Rogers 1:35:31

Got it. Got it. All right, we have a question. Armando. My son is 11 a nonverbal? Is it possible for him to communicate? Are you sure I want you to answer that first. But yeah, you tell her Armando.



1:35:40

Yeah, yeah, absolutely. From a behavioral perspective, again, I'm a board certified behavior analyst. And so we believe that behavior is simply communication, it may be inappropriate communication, but it's still communication on the less and so what we do in its place is to replace these kind of problem behaviors. And even if a child is nonverbal, providing them an ability to give their wants and needs to those around them.



Michelle Rogers 1:36:06

Got it, I love it. So that's so what we teach in the program is a bridge form of communication. So no matter what the age, I believe that if a child makes sounds, even if a child uses words

So no matter what the age, I believe that if a child makes sounds, even if a child uses words, non functionally, I believe that the child can make intentional sounds for words. So all I need is that ability to be vocal, and then I can shape that. And how we do that in the program is that if you have a child with just make sounds, we teach them a bridge form of communication. So I was imagined, like thought here, voice here, and the neuropathy between the two is asleep. And when it's asleep, I need to kick started and when a neurotypical child that gets kick started automatically by osmosis, right by like listening to people chat or watching movies, hearing songs, but our children on the spectrum need a little bit of a help. And that's the bridge form, that's when we teach them sign language packs, or AAC. And when you join my program, we're gonna, we're gonna we're gonna baseline we are child's and then we're gonna start to create strategies to get this going. Alright, so Armando, I want to ask you, so your mom didn't have ABA, your PI train to five. And we did a whole podcast with Armando and his mom, you guys go check it out from last week. So you pi train to five, you didn't start communicating till seven. You know, what was it that helped you actually finally get the words out?



1:37:17

I mean, I would really honestly like to say it was it was my family and that support system. And you mentioned it earlier, I've been here since the beginning of the presentation, that it was their ability to not see me as a victim and see that ability within me, that allowed me to believe in myself, right, and being able to know that there were expectations and there were requests made by my family that were able to better support what I was able to think I could accomplish.



Michelle Rogers 1:37:46

Amazing. So Adam, all the things that you've tried all the things you've been exposed to, what would you say was the needle moving thing that helped you to be where you are today?



1:37:57

If it was not, and I've said this time and time again. But if it was not for my family, I would not be here today, I wouldn't, I would likely not be able to speak if my mother believed in what the doctor had told her, I would certainly not own what is now a flourishing business in Houston. If it was not for my family. In addition to myself, I run it with my sister, I have the support of my mother, and my wife and I cannot stress this enough. And I try and do this in every meeting I have with in the group calls that you have is that mother, that father that Guardian are your child's biggest support system, and in just keep believing in them. And that's really going to take them really far.



Michelle Rogers 1:38:36

Amazing. So alright, so quick question for you is what if somebody's on the fence about joining the masterclass tonight? Why should they jump off the fence and take and do this program? What do you what are the reasons that you think that this is the best fucking place a parent with a child with autism could be



1:38:51

there is a plethora, a large amount of professionals that are here. So you have three board certified behavior analysts, speech therapists, occupational therapists, any kind of therapists out there, it is a part of that much more. One thing I've said previously in your in your classes is that you provide a tribe I have a lot of my time outside of this is spent with parents that feel like they are alone, and that they don't have anyone to speak to. But being able to have others in that same group. Know what you're going through has really changed the mindset of a lot of the parents that are in those group classes.



Michelle Rogers 1:39:28

Amazing. And that's been like the key. And you you're it's interesting because Armando gets a taste of both, he gets a taste of people in the community that he works with, and he gets a taste of the masterclasses and what would you say from a mindset perspective, that how the masterclasses line up with people who are out in the world trying to do this on their own?



1:39:43

I mean, it's it's, it's just that right where in the master class, it's, you know, jokes or other people in the comment section saying, oh, yeah, my child does that too. And all these things, whereas I'm meeting with the parent individually, and they're like, I don't understand, like, I just feel like I'm alone and that it's really hard to, to hear that on a daily basis. And I tell my parents that I work within the community like, hey, just a couple hours later, I'm gonna have the same conversation with another parent. And if they don't believe me, and you know, I come here and I do these kinds of group classes, and I'm surrounded by parents that are really just trying to support one another, regardless of state and even country sometimes, yeah, we, it's such a joy to be a part of



Michelle Rogers 1:40:24

amazing. Alright, so let's see some questions for you. Did you graduate with a diploma or certificate? What colleges can you attend? That students like you? Yeah,



1:40:33

I, yeah, I attended Texas a&m University twice for my bachelor's and then my master's and then I received a board certification from the National Board for behavior analysts. And now I do this full time. It's career.



Michelle Rogers 1:40:48

Awesome. All right. Any last questions for Armando and I'm gonna do some coaching. Going once, you could say Hi, this is Cody. He wants his time in the sun.



1:41:00

Hi, Cody. Thanks, everyone. Have a great night, Michelle.



Michelle Rogers 1:41:04

Thank you, Armando. We're happy to have you. All right. I just joined. Let's see, I have a question above. Let me see what that question is. You want to say hi, my child's almost five and using AAC primarily occasionally rarely says words and make sounds he spoke a lot more words when he was much younger, with a program focused on verbalizing more use of AAC. So here's the thing. When a child is using a bridge form of communication like signs AAC, or pecs, we want to create fluency around that. So first, we want to see where we went to baseline. So when you get on when you join the program, when our first call when we talk, I'm going to baseline that skill to you. I'm going to ask you some questions. Say okay, this is where his starting point is. And then we're going to make a decision. My goal, I'm going for the gusto. We're going for vocal language, but I got to see where he's at. Or we got to crawl before we run. Okay, so I hope that was helpful answer. Alright, so let's just coaching for some Oh, wait, let's do some giveaways. Fuck, everybody's waiting for some giveaways. Pardon my potty mouth genuine, do some giveaways. Let's do let's do the private session with Armando first. And then we'll do a \$25 amazon gift card, then one private session with me and then the 25 and I will do some coaching. We're gonna just we'll have names. So everybody's here or everybody saying hi, Cody. Hi, Cody. Yeah, he's not here, but I'll tell him no. All right, let's see. Let's see some other questions while we're Jenny ready to do we'll have names there she goes. Alright, she do. We all names. This is for a 20 minute session with our oh sorry, 30 minute session with Armando. Hold on my son. Let's see. Let's see. My son has a lot of nouns but he doesn't communicate well. What we need to understand on that is are they functional? Is he using those nouns functionally? Whoo hoo, giveaways. Yeah, you love giveaways. How can I join Armando is parent group. Armando is a part of the mask. Let's join Armando you get to be you get to talk to him. Cool. You follow your mom? Instagram and you're very talented dancer. I'm let him know. All right. Karen, you got 30 minute session with a Mondo Lucky you. All right, Karen. I know how to fly just to start. Alright, let's do the next one. We'll do an Amazon gift card. Nobody can win twice. Karen That's hysterical. You're gonna get a little 30 minute session with Armando. Let's bring our our Karen up to. She's a great grandma who's got her great grandbaby pie training. If Karen can do it. You guys can do it. Hannah for soon send an email to Michelle at Michelle rogers.com. We will get you a \$25 gift card from Amazon. All right, next one is a private session with me. We're gonna do 20 minute private session. Here we go. Let's do another giveaway is my name and everybody who's in here. Your name is in it. Let's see. Okay, let's see her. Priya just joined welcome. So excited to have you in the program. Frederica Frederica, you want a private session with? Email Michelle at Michelle rogers.com. And we'll schedule that private session. Alright, last giveaway will be \$25 gift card to Amazon. Let's do it. Hi, Dorothy. How you doing? Somebody else do you feel as a parent, you can still see signs of autism or what does it look like? Elizabeth? Hopefully there's only one Elizabeth in here. Elizabeth, you were going to email Michelle at Michelle rogers.com. We're gonna send you a \$25 gift card you have to be here to win. All righty. Perfect. So Michelle, Michelle B rogers.com for all the winners. And Alright, so let's do some coaching. But before we do some coaching, I want to verify all right, I'm going to call you up. So basically I'm going to convert you a panelist what that means is that your face is going to blank. And you're going to come up as a panelist and we want you to show your camera, have good audio be in a quiet place with good internet and you can be coached so that way everybody can get the benefit of us talking together.

Alright, so I'm gonna start with Laurie. I'm gonna promote you to panelists. Okay, so let me answer this question. Do you feel like as a parent you can still see signs of autism or what does it look like? So Laurie declined to be past sorry, and mean, you are going to be next. Oh, promote Union House. Um, here's the thing. I believe there were up until Juliana was in can In the garden, I believed I could cure her for autism. And you know what? It served me well, even though I don't believe that now I believe she'll always live her life as an individual with autism, but she'll live an independent life. I thought that thought served me well. So it's my thoughts like, what the thoughts are brain presents us even if they're not true. If they serve us, then we can use them. You understand what I'm saying? Oh, all right. We're now you're going to be asked and you guys got to accept the invitation to be promoted to panelists, Rene Russo. Okay, yes, no one can cure autism. I get that. And here's what happened, right. So when I thought when I thought up until kindergarten, then I could cure for autism, even though it wasn't a fact. It wasn't a true, it wasn't an accurate thought it served me well, because I was so laser focused and determined to get her as get her as many skills as I possibly could. Because my goal at that time was get her integrated kindergarten, integrated kindergarten was co taught by General like a teacher and a special ed teacher. And all like a handful, the kids in their head IEPs. And the rest were genic kids. So I wanted her in that program. So when that happened, I felt like it was on the Rose Bowl played night, and we were out of the club. But then something happened at a birthday party where she wasn't picking up on the social cues of what she thought was her best friend, it turned out to not be her best friend. It was, you know, cold fish to my face that you know what, what if this means that, you know, she's gonna have age appropriate problems like any other child with a side of autism. And then I you know, I really did take the wind out of my sails for a minute because I'm the comeback queen. So you know, I feel like I've been slayed by like even the autism diagnosis are realizing in that moment that autism was here to stay. I said, What if she could have autism and live amazing life and that was the thought that I live with carry with hold the torch to you and teach you guys to believe as well, that your child can have autism, and they can live an amazing life. I think there's something so important to understand that we all think we got the shit end of the stick with our kids with autism right now, Cody's giving me more of a run for my money right now and Juliana. And what I want you understand is that neurotypical parents have problems to this ain't this ain't just exclusivity, that if you have a child on the spectrum, you have problems. And people with neurotypical kids don't they just have different problems. And when I put it into that perspective, it's like I almost like appreciate autism. Because with Cody X, like, it's not like I'm flying blind. But sometimes it's harder to figure out like, the root of a situation to create the solid with her. It's very, once I understand how that brain works, and it's very black and white, in most times, and I can communicate with that brain on that frequency. I can teach it anything. And that's how I feel about her and her autism. So yeah, I can see signs. Now. Sometimes that can be oftentimes you have to you have to be able to gauge between like personality is that she's naturally shy. I wouldn't say that that's autism. I think her personality is naturally shy. But then there's other things that she does like her fine motor issues. Those are autism. So yeah, I can see it, but you wouldn't be able to see it. Maybe you would be able to see as another autism parent, but anybody else in the world unless we told you she had autism, you wouldn't know. And you saw that tonight. And I'm not ashamed of her autism. I just saying it's from a place of like, look how far she's come and that's capable. Your babies are capable at two. All right, Renee, sorry, I went off on a tangent. How are you? Gonna mute yourself, Renee.



1:48:14

Hi, how you doing?



Michelle Rogers 1:48:15

I'm good. How are you? Why is this program not open to the public? We have a cost so I'm getting it approved to pay for summer jobs. So this is the thing with insurance. The only time I've seen my program covered by insurance is through health savings plans, or self direct budgets through through the state like your state agencies. insurance does not cover it yet. I'm fighting to see if I can change that. All right, Rene. So what's happening? Tell me about your baby.



1:48:38

I have a seven year old son with severe autism. He's stage three. He has been he's he's very bad. He. He tears up my house. He has some words. He can repeat repeats everything you say he knows exactly what you say. But he has a hard time you know, like saying it. Like he says Mom cop cars. Stuff like that. Not two or three word sentences. Could



Michelle Rogers 1:49:08

you say any word?



1:49:11

Oh, yeah, he can you repeat anything? You say?



Michelle Rogers 1:49:14

Somebody doesn't, but he doesn't. How often? Is he using functional language to communicate?



1:49:18

Well, when he wants something, he'll say juice. He could say milk, nuggets, fries. They could say everything. And sometimes he can even answer like, my friend. We were in the car and they said for him to put a seatbelt on and he told him to shut up. Okay, like he can speak like one word. He didn't get autism till he was three. He had 100 word vocabulary. And it took everything from him within four months. Okay. And it's been I'm, you know, I'm a nurse and I work with dementia. And I swear to god I'd like I'm trying to fix them. I've done almost everything I've tried glute been no glue, and I have them on a gluten digestive aid right now trying to get the glue in. I don't know, I want to



Michelle Rogers 1:50:14

show you something. Here's the thing, right? And we're gonna go over this, I'm gonna help you

to your exact question, which I'm not sure what it is yet. But I want to talk about some of the things that you've said. And here's what we talked about in my program. They're called fatal errors. And whether they're not their true or false is not what makes them a thought error, what makes them a thought error if they're if they're keeping us stuck and not being able to help our child. So some of the things that Renee have said that that could be thought areas that are blocking her from problem solving for some of the behaviors that she's seeing, or the communication, or these things. You can put them in the chat if you pick them up. severe autism level three, bad. And I say this with love, I'm bringing awareness, awareness is the greatest gift we have, I realized this is how I'm showing up. And this is how I'm describing my son. This doesn't sound like a solvable problem. He's saying Right. Some some words here. So these are like the shitty ones. And then the good ones are some words. She believes he has full comprehension. Right. And another ship ship thought I tried everything. This one is the kiss of death bullet. And I want to know how many people here think they tried everything. But in the chat, how many people here think they tried everything, and they feel like they've tried everything? When we think that thought is the total kiss of death for our children. Because when we think that the brain says, Okay, I stopped working, there's nothing left to try. If we think that as their parents, then there's no place to move forth.



1:51:44

Maybe not everything but a lot. You know, you tried a



Michelle Rogers 1:51:48

lot. I can say I tried a lot. I could say I've tried a lot more than a lot of you guys here. But I could never say I tried everything. In fact, even if I thought I could, I would I wouldn't say it anyway. Because I feel I'm an idea machine. I always got ideas you guys solve for it. You see what I'm saying? So we want to look at this first because when I'm trying to take action to potty train him trying to take action to get him to communicate trying to take action to stop his problem behaviors. But I also think he you know, he's got severe autism level threes bad he wrecks my house, he does all this shit. It's like, it's like you fail before you've even begun. But if I can, if I can focus on work, he can do the same action. It's like putting fire. It's like putting gasoline on a fire. He has words that means he can talk. He has comprehension. Wow, that's amazing. Right? He knows



1:52:39

like people, they be really fooled. Because you could say something to him. And he knows like be say I even go give me those shoes.



1:52:49

Yeah, yes. Yeah.



1:52:52

Can you get it out? Like,



Michelle Rogers 1:52:54

it's interesting, right? Because as far as he's concerned, it's like, here's the thing that happens we start believing that the severe autism to level three he's bad, he wrecked my house and tried everything means that he can't do it. All this all this equates to is can't can't talk. So when I think that I'm not making a requirement that he has to use his voice. And he's like, fine, because I get what I need the way things are anyway. And



1:53:20

that's pretty guys points. As



Michelle Rogers 1:53:22

long as I can get what I need by pointing. I'll never use my voice full time. Do you see what's happening? And I set the bar and the only reason you're doing this because you think of all these things make it so that he can't talk? It's like it's almost like you're crazy. You guys sit yourself and I'm sorry, my handwriting so bad. It's a self fulfilling prophecy of failure. Because if I if I think all these things are the reason you can't talk when I tried to get him to talk, I'm half assing. And at best then when he doesn't, I'm like see it doesn't work. Here comes the Krazy eight ride no more. Yeah, exactly. If I got to break the wheel, I got to break the chain and do something different if I want a different life and it starts here I've got to have right now you have one foot planted in disbelief with all these shitty thoughts. And I would say that that foot is really waited in that section and then you have another foot in belief of like what he's capable of. That's kind of like driving a car with one foot all the way down on the gas and one foot on the brake. And where's the cargo? No. Right. So no understanding first the way that I'm describing him needs to change I have to see him for what he's capable of not what I want to see what I want to build off of what he has not mourn over what he doesn't have. Okay, okay, so now what is your question? Did you want help with the behaviors or do you want help getting them to communicate more what is it that that that would I always say if you join them ask us they say Great. Welcome to the masterclass when I tell me the first thing we want to work on that will improve quality of life in the home.



1:54:58

His communication Okay, so



Michelle Rogers 1:55:01

right now you're saying that because he sometimes uses behaviors to communicate, because he wrecks your home, you had mentioned that right? Okay, he's



1:55:09

carrying on papers or something he hasn't done? I don't



Michelle Rogers 1:55:13

know. All right, got it. So here's the thing, nine times out of 10, the problem behaviors exist because a child doesn't have a functional way to communicate. So behavior becomes the way that they communicate. Yeah, so what we want to look at with him is, how much of the time is he using functional language? Even if it's just one word like cookie juice, cup pizza? How much of that time? Is he doing that? And give me a percentage? And how many times is he pointing?



1:55:38

Maybe 50. Cuz sometimes he'll say is double, I don't know what he's saying.



Michelle Rogers 1:55:43

So 50 50% of the time. So here's what we have to do. What we have to do for him is we've got to focus on getting that number up to 100%. If I've had the opportunity, 50% of the time to use one word, and 2% of the time to point which one is easier for him to do. Point and, yeah, so he's gonna go to that always. And as long as you set the bar low with all those shitty thoughts, you're thinking about it, you're allowing it. So now we're gonna say, Okay, listen, baby, you got to use your voice. Anytime you want something, you've got to localize it. We know because you've given me the baseline information. And this is exactly what I do in the master class, that he has the ability to repeat anything, that anytime something he has to use the word so let's say he put he brings over the pantry, and he points to the crackers, you're gonna say cracker, say cracker, and then you get it. And then that's how you get okay. And then what we're gonna do is change change this percentage, we want this to go down to zero, and this go up to 100. And then while we're doing this work, this is what happens and this has happened with bridge too. You don't have to have a vocal child to get vocalization. She just happens. Her starting point happens to be a child that already has vocal vocals, right? What happens is, is when you start requiring language, it starts stimulating neural pathways in the brain I can't even explain it. This is what I saw as a mother it's super technical anyway and medical book that based on only what I saw, when she started using signs she was more engaged with me she had a confine me wherever she was to get what she needed to show me the sign. So he's going to become more engaged and starts firing shit on all cylinders in their brain. And then the chatter starts to increase because now he's starting to see the value of what his voice gives him members secret one we've got to create desire and value in our child to want to learn to use these skills. So I have when he



1:57:31

says a new word I always give him like a high five like I try to make a big deal.



Michelle Rogers 1:57:36

Yeah, but then it but the idea is to get them to repeat it. Does that make sense? Yeah, what we want to do is to every so right now anytime he gives you the word without prompting, you're giving him lots of praise award given the thing immediately I even double give it to him right? I really want to show him baby using your voice it's gonna get you so much more than when you when you point you get nothing. Yeah, and you bring them over to the pantry and he wants to crackers and you say say cracker cracker. He isn't saying he walks away and he doesn't get it. Yes, it makes sense. Yes. Was that a good starting point for you? It



1:58:09

was wonderful.



Michelle Rogers 1:58:10

Did you love tonight?



1:58:11

I loved it. Oh, awesome. All right. Well, I never win anything



Michelle Rogers 1:58:24

Well, I feel like I won the lottery talking to you. So kisses. Let me know how it goes. All right. Have a good night. Bye. All right. All right. Let's see. All right, we're gonna take let's see here. Let's see. We're gonna take i Isha. What's a panelist? What time is it? I see. I could go all night. Eight o'clock. We'll do one more and then we'll wrap after this. Maybe one or two more. Hi, Aisha. Am I saying your name right. Unmute yourself money Alright, what do you do if a child starts screaming at you? I want the crack or no I don't want it so if they don't want it, don't give it to them. If they start screaming at you, I want the cracker we say use your indoor voice. Right? I want I want proper going Oh, I hear echo. And if we start and if he starts going like ballistic or she starts going ballistic. She gets nothing we don't we don't promote we don't reward problem behavior. Okay, all right. Are you sure I'm ready for you?



1:59:27

Okay, are you ready now?




Michelle Rogers 1:59:28

I'm ready.

 1:59:30


Thank you. So like she said, when I don't give it to him I was writing everything which he was saying Right. Good. Yeah. And when I don't give it to him he will start the fight.

 Michelle Rogers 1:59:42

Okay, so let's baseline where he's at. So your your question is in regards to communication. Need your boy boy, a boy. What's his name?

 1:59:49

He's right. His name is Abraham. He's 1111 and

 Michelle Rogers 1:59:52

E Roy. You said, Rahim. Abraham. Abraham okay God, Abraham is 11 And he does he makes sounds. Yes. Does he say, Oh, he has words? Does he use the words functionally? Yes. All right. Does he use them functionally all the time? No, no. All right. So fascinating. You guys come in clusters. It's hysterical, the energy just so for vocalizations, how much of the day 50% of the day for wants and needs? Yes. 50%. And how does he get his wants and needs met? If he's not the point? Oh, another pointer. Got it. All right. So give me a scenario of where he goes to the pantry. And he points to something

 2:00:35

he wants to peanut butter and jelly, he will go grab the peanut and then he can find the bread or he will find the bread. Instead of saying where's the bread or what could be he will find both of them. And then he can find the spoon spoon or something to grab out the peanut butter. Instead of laying the spoon or knife. He will just start to go back and forth. Or then he will start to push me he will start to fight.

 Michelle Rogers 2:01:06

Okay, so let's say he wants a peanut butter and jelly right. So he let's say he pushes you to get the spoon and you see the peanut butter and jelly out right? First thing we want to do with a with a 5050 or we'll call him the 5050 kids is we want everything now that they would ask for to be visible but no longer accessible. That means that he's got to get help if he wants it. So what we do is we put the peanut butter and jelly up high on purpose. So that way it's got to come to you. So when he comes to you and he hand leads you to it and he points to it. You're gonna say say peanut butter. Do you want a peanut butter and jelly? Say peanut butter and jelly? Can you say that? Yeah. All right. And what happens when you ask him?

 2:01:43

11 2:01:45

He can say peanut butter and jelly. He was just like peanut butter and jelly. Peanut butter. What do you



Michelle Rogers 2:01:49

argue you requiring it when he points or now?



2:01:53

Yeah, most of the time I do. But he would just get frustrated before even with finish.



Michelle Rogers 2:01:58

So like what happened? So you say okay, say peanut butter and jelly. And then what happens? He



2:02:03

will force me to make it snowing.



Michelle Rogers 2:02:07

Gone. The knife people's lifestyle. And you make my peanut butter and jelly. All joking aside, because that's how our brain wants us to think this is he forcing think about like just the thought that our brain just gave her. He forces me the little 11 year old will probably a big 11 rule. He forces me to make sandwich.



2:02:27

He's 145 pound and I'm only 120.



Michelle Rogers 2:02:31

Okay, fair enough. But he is forcing her to make a sandwich. Right. So when I think this I feel like I don't have I don't have a say in the decision. Yeah, right. That's That's true. Yes. But that's not true. Do you agree with that? Right. But if I think that, then I'm not even pushing for vocalizations. Because I believe this crazy thought, because your brain is saying listen, just make it we don't need to deal with this shit. Right? Right. If my brains job is to keep me in the cave. He's like, listen, we don't need to hear him flipping out. Just make sandwich. But I know that if I continue to do that he's not going to get past 50% In vocalizations. Hmm, you see it? Yep. So when you ask him to make the PSA, peanut butter and jelly was he to start slipping out? Yeah,



2:03:18

he started to pull up a dog to throw stuff and he will fight you go. Purposely goes to the bedroom and hit his sister.



Michelle Rogers 2:03:25

Okay, so here's what we do, we do something in the program called tripwire. And so the first thing is, is that we're going to, what we would need to do is we start working on something where we want to make it so that this doesn't get you anything anymore, especially if he has the ability to be vocal. So we have two ways we can go with a kid like him. We could start with peccs, even though I know he can talk and ease into full on vocalizations. Or we can just go I would go like if you pack his bag and you drop them in my house, I'm not his I pack away my precious knickknacks, I'd hide my children and my dogs. And I'd say guess what, you ain't getting shit unless you say peanut butter and jelly. I'd say with love, of course, but you know what I mean?



2:04:01

Right? And



Michelle Rogers 2:04:02

he's gonna get mad at you all the things, but I can't reward that behavior. And the only reason he's doing all those things is because he knows that if I do it, eventually she's gonna make it. Right. So I've just reinforced the bad behavior. Do you see that? Yeah. So I have to weather a storm to see the sunlight again with us. So what I tell parents is we tripwire I call a tripwire in the behavior, where we're not going to do this on a day when I gotta go to work. We gotta go to school, I'm going to do it on a day where I can weather the storm, I'm gonna make Sisi, leave the house. And all day, I'm going to spend home with him and everything he wants. I'm going to make visible no longer accessible and he's going to have to vocalize for every single thing. It may take a day or two just to extinguish the idea that hitting and flipping out. We want to show him when you flip out and you have those behaviors you get nothing. You get nothing for that. But if you finally say the words, then you get something. Okay, thank you. Does this make sense? Yes, it does. And listen, how we show up is what they're banking. On, right, if I show if I believe all these things, he's 100 and something pounds, and I'm only 100 and something, and he's forcing me to make a sandwich. Come on. I don't care if my kid was 300 pounds, and I was whatever I wish, but I was 150, right? But I was honoring my free. Nobody's fucking dragging me into into a fridge to make a sandwich. Now with that attitude, you're gonna ask nicely and use your voice. Right? Right. That's right. All right. So even if I got even if I gotta carry around a squirt gun, or whatever, you know what I mean? The idea here is just to like, I'm not a victim to this, right? That's what this feels like. Like, I'm a victim, I have no control. And you do have control. You do have a, we don't you know, listen, we can't unring the bell of the past. And I want anybody to feel the way I think today's all about awareness, right? If I've been showing up a certain way, and that's been giving me the life that I'm living now, I don't want you to feel

guilty about it. I'm not into the shame game, right? No shame or boycott chat. No shame in the chat. No shame how we've shown up up until this point, because I can't unring a bell. It's been wrong. But what I can say is that I can show up very differently from this point forward. Yes. Okay. I love it. All right. Was that helpful? Yes, absolutely. Thank



2:06:10

you. All right, everyone, keep me posted. Another question before we leave? Oh,



Michelle Rogers 2:06:15

sure. What's the question?



2:06:15

Since you said is six months we can have three more months. Can we pay the \$400 to \$200 a month? That way? We have six



Michelle Rogers 2:06:24

months of 440. So it'd be 440 a month for six months? Oh, okay. Got it. Got it. All right. Thank you. I hope to see you. Now.



2:06:33

I want it so bad. Oh,



Michelle Rogers 2:06:35

you make it have memory master problem solvers. We're gonna figure this out. All right, thanks. All right. I love it, honey. All right, let's see who's next. We're gonna do Eric get a dad on the call. If it is a dad sometimes it's Mom using dad zoom. Timeout is a good punishment. You know, I, I love positive reinforcement. But sometimes, listen, I was saying this to my mom's the other night I said you guys got to understand sometimes as parents, we got to teach the hard lessons, we don't get to have all the foreigners go to the waterpark and, and do all the fun things and eat spaghetti. Sometimes we got to try rice like tonight you looked at the table, she didn't want to try rice, you sometimes you got to try rice. Sometimes you got to teach the hard lessons, I want to I want you guys to understand if our babies speak the language of behavior for now, until they speak the language of vocal language like you and me, say you speak the language of behavior and the way that you show up. So if you're a parent who Idle Threat your kids to death, like don't touch that don't touch that don't touch that don't touch that, right? You're creating a world where there's no structure or rules. And they really structure rules, discipline structure for a child, any child, not just children on the spectrum equals safety. So what I have to do in my behavior, because especially if they're speaking in behavior, because

they don't have their vocal language yet, I've got to speak back to them in my behavior. So that means that what I say is what I mean 100% of the time, so I'm showing up 100% That what I say is what I do and my behavior 100% of the time there's no room for interpretation. There's no room for wiggle room. It safety. She knows exactly what to expect of me. I want you to think about that. It's it's so valuable to think in that way that me sometimes having to teach the hard lessons. Discipline is love structures love. Rules are love. Alright, Eric, you with me?



2:08:38

Yeah. Can you hear me?



Michelle Rogers 2:08:41

I can hear you.



2:08:42

Okay, great. We have a daughter. She's six and a half years old and she has a form of autism as well. She was kind of nonverbal makes a lot of sounds I was doing a lot of reading before the doctors diagnosed her with it and I kind of had an ear to the idea that she deals with sensory things as well flapping the arms and and so I've been doing a lot of looking at it a lot of interviews watching people that were with autism kids and people that have grown that had autism. I'm just basically right now just trying to trying to figure out we get to the auto in school is a good thing because she's been in the bubble most alive. She has a trike, which is finally coming out next year. So and she has a G tube, which she still leaks way but she's still dripping she drinks by mouth is that she wasn't able to walk. But she is running because I got her to run.



Michelle Rogers 2:09:31

So yeah, Dad,



2:09:34

I'm very proactive. I'm just trying to figure out my next level of stuff. I've incorporated a lot of different techniques. You lick your hands a lot, which is not good because I think she can, you know, incorporate viruses. She can't he looks ahead. So I'm just trying to figure out a little different tactics, man, I'm just trying to figure it out. I'm just I'm really I'm more proactive than my wife. I'm extremely proactive and I'm just really trying to figure it out.



Michelle Rogers 2:09:59

Got it. So what's like the biggest thing? So obviously with a trach and the trach tube, that's probably making it difficult for her to communicate correctly. She can't really communicate that well with the trach tube, right? Well,



2:10:10

that's the thing. Michelle, a lot of kids with trikes canceled. That's when our new software was kind of off. And then I realized that even when we pull the trigger, when I would do TRICARE, and clean her neck, she comes she made a lot of sounds and gibberish, but she still wasn't talking talk. But that's what made me realize maybe she has a sign of autism, I would call a name and kids



Michelle Rogers 2:10:30

would treat this and talk I thought they couldn't. So they can,



2:10:33

you can talk with.



Michelle Rogers 2:10:36

Alright, God, all right. So then Alright, so what is your like, major thing that you want to work on?



2:10:41

Everything? Maybe like he was telling me, what did you say? Potty training, which I did that's purchased through a book a day, but I think it came through my email versus me getting at the house. I think there's no type of things I purchased that they have a read through it. But mainly potty trained communication skills, and like you said, being able to talk or sign language, like she just started the school and the school. The school is basically like 80%, special ed 20%. General, but she just started. So I know that's a start. But I want to do my part as a parent to be more proactive not to depend on the school teacher. Got



Michelle Rogers 2:11:20

it. Yeah, and I agree with this too. And here's my biggest philosophy on this. One and 44. According to the CDC, Autism Speaks to saying it's now down to like 133, one to 35. The system as it is, as we all know, is taxed to the max. So even if you are gonna get services, the chances are you're getting quality services at this point, and it's going to be a challenge. And I think it's impossible, it's going to be a challenge. And people are going to come and go and your wife, my speech language pathologist must mean and I did her work her beautiful, wonderful BCBA is leaving her case, and she's in the packet, she's got to find another one. What I want to stress to everybody here is that you are the ultimate teacher and you have to be because you're the only constant, you're the only one that ain't going to be moving in and out of their life, you are me the only one that nobody's gonna be fighting over for for services,

right? It's so valuable, it's an asset for you to be a part of my program, because you need to have the skills to teach her for the rest of her life. You are the only constant in her life, those services, those people, those therapists, they come and go, you can't rely on that. But you can rely on yourself. Taking an active active role now it's just about seeing this through to the finish line of like, Listen, if I could really understand her language of behavior, and this is what we teach in my program, then you're going to be able to teach her anything for the rest of her life. Like we focus on PI chain communication, stop mom behaviors, we even help with picky eating and, and eloping and whatever, right? But one how we do one thing is really how we do everything. Getting those reps in in my program is going to set you up for all the things that you need to teach her later on in life. Does that make sense? Yeah. Okay, now let's just talk about communication because that seems to be a little that seems to be the theme of tonight, which is love shopping because probably a great training is my weak spot for the always the number one thing which I think she'd be capable of doing to this, I'm not deterred by anything. So not to turn. So the communication what we want to do is baseline her. So this is what happened. We joined my program, right? He joined the program, we say, Okay, what's your baseline? Your baseline is? Oh, I can make sounds okay, great. You make sounds and my belief that this is what I believed about Giuliana right? This is why thought work is such a big part of my job. with you guys. It's not about the tactical because believe it or not, you guys will know what you're supposed to do. But you're doing it half assed, you're not doing it all because you think the autism of the trach tube or the feeding tube makes it so this can happen. I'm not saying this about you. I'm not picking on you. But there are limiting beliefs that are keeping you stuck. Do you see what I'm saying? They'd be unrealistic not to assume that I would think it too. I think they should about my kid my own kid. Right. But like the idea the name of the game was the combat name of the game is how quickly I could snap out of those shitty thoughts because the brain is going to present them even to the even to the best trained brain like a Tony Robbins or a life coach or whatever. We all have shitty thoughts, but we've just been practicing challenging them you guys haven't so that's what that's what thought works. A lot of my program, it's 95% of the game is in your mind five percents the actual tactical. Okay, so when we talk about sounds what I chose to believe about Juliana making sounds, even if they were just babbling like, if she can do that she can make intentional sounds like she makes sounds that represent words and there was a time where she couldn't even say goldfish she'd say, gold, she would say gold or she wouldn't say fish you go. That was all she could do. But it was the sign for goldfish, she was intentionally making the sound for goldfish. And that's how we built out her language. And we went from sign language to making those sounds to word approximations to scripting to repeating everything to to conversation skills. So what we want to do with cards want to give her a bridge form of communication. Imagine your brain like you got your voice on this side. Let's just talk about this earlier and you got your thoughts on this side should be the other way around whatever. And connecting the two is a neuro pathway I'll just say NP With our kids on the spectrum, this is asleep. ZZ right to sleep, we've got to kickstart it somehow now with a neurotypical child that's kickstarted through exposure to speech in their in their environment, right mom and dad talking TV shows and music Bababa for kids on the spectrum, that doesn't do it, it stays asleep. So how we do it is we create a bridge form of communication that sign language packs, or an AAC device. So with her, we'd make a decision how old is she said, 16. I probably start with pecs with her and I'd start what I would do is I'd start creating a PECS board of the things that she asks for every day. Now, I want you to think about her environment, a lot of you guys do this, right, you'll let them go. And they'll you'll set up the home where they can go and get some things on their own because you want to be independent. And it's a natural part of being a parent that you would do that, but not at the not at the sake of vocal language. So we're going to reverse that. So if you've got things set up in the home where she can get it on our own, we're going to know where to put them up higher and make them visible, we're no longer accessible. That way she's got to come

to you she's got to find you. If you even just her having to find you is one step closer to having a bond with you that's different than the bond she has now. Trying to find you so that you can create show her the picture so that she can get the get the thing and we create fluency here and there's something about the bridge something about it every time that's why it's like I believe every child with autism can talk because there's something about it that wakes us up and wakes it up. And next thing you know the sounds come more and more. Next thing you know you're able to get her to say like her cookie or for goldfish and then that's how we build it out. So we start hearing it could you technically go from do this without bridge? Yes, it's a much more painful process for you and your child. I want things to be fun and want things to come second nature and be easy especially her she's been through a lot and you've probably been a lot through a lot with her. Yeah, so I want this to be something that's manageable, doable for you guys. Then that's how we do it in the program. We keep working on it every week. I'm going to come back tell me what she's doing. As soon as you soon as my daughter got 10 signs she stopped tantrum it was almost like like a light switch went off like a cloud lifted 10 signs it's all she needed for the things that she'd asked for every day she was so happy and then that's how the language started coming the it started with that boldness started with those those intentional sounds and then she started to learn to talk again and this is what we would do for your girl as well.



2:17:31

Well this is the thing we may miss Rogers and I do appreciate everything you saying I'm one of them people as well that work at the VA we got insurance on 11 IV I personally cannot afford you and I can't however I can't afford you I want to jump on this free seminar I also wanted to I got I purchased a book I put your party for him book also purchased the some music we pick up the new part of her brain the neuro pathological brain, the music kind of wakes you up. I haven't got home so I'm really jumping around I'm spinning little odds and some dollars but not the type of money that of course you got I don't have it like that, unfortunately, because I'm just don't have a life.



Michelle Rogers 2:18:15

Right? Here's the thing. I'm not I'm not negating the fact that investing in the masterclass is an investment. You weren't I don't know if you knew what the cost was before tonight. Now, you know, right. But here's the thing, if I believe in you, Eric, that you're a master problem solver. And that's a master problem solver. If you believe that working with me would help you get the things that you desire for your daughter knew you're going to Problem Solver find a way into my program may not be today may not be tomorrow. But if you truly believe in the value of what I'm offering, then then you're going to find a way. Well,



2:18:50

I believe that I know one thing. I've seen a million your emails. I have not went through all of them yet. But I do appreciate. I saw my sheep. I got my new Gmail personally just for you and you flooded. Thank you.





Michelle Rogers 2:19:04

I believe we will work together soon. Eric. I have 100% faith in you.



2:19:08

Thank you. Thank you so much, Michelle.



Michelle Rogers 2:19:10

Thank you. pleasure talking to you. I'll talk to you soon. Pleasure to you. Thank you. All right. All right. I think that's a wrap for tonight. Any last questions on the masterclass? The court is open till Sunday but I'm telling you, you do not want to miss this opportunity. I haven't checked yet we've have a bunch of new members. If we sell out I have a number in my mind if we sell out I am closing the masterclass for the rest of the year because I want syrup support has always been my North Star tonight has been so wonderful, so powerful, so amazing. It's so many people on the waitlist. And if everyone joins, I'm going to close the doors to the master class. And we won't open again until 2024 If we hit this number, so because I want to make sure I can always service everybody to the best of their ability. So if you are on the fence, listen what go on my website. You can see all the testimonials. go to that link and we'll look at all the testimonials. See what like there's a video in there. What it's like to be a part of this program do not hesitate join. I will not let you let you down. I'm here I want to see every baby in here when every child in here deserves a life like Juliana has. I hope this was helpful for everybody. I'll see you next time we didn't get your question. Yes, you can drop me an email. Bye everyone. Bye



Michelle Rogers 2:20:22

Hey parents Rowman is open from my champions for our children masterclass. This is my group coaching program specifically for parents of children with autism who want to teach their kids on the spectrum, how to potty train, how to communicate and how to stop property behaviors. If you're thinking about joining now's the perfect time. Enrollment closes Sunday and I want to make sure your spot is reserved to join us. You can go to this URL, that's Michelle B rogers.com. Forward slash unlock the shell with two L's mi ch E. LL. E. B isn't boy Rogers er g ers.com. Forward slash on can't wait to see in the next