

# Ep 28 - New Year's Autism Revolution Workshop Replay

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## SUMMARY KEYWORDS

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## SPEAKERS

Michelle Rogers

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Michelle Rogers 00:03

Hey everybody. Welcome. Welcome to the new years autism revolution. So excited to have everybody today. Welcome. Welcome. Welcome. If everybody I'm going to open the chat. I think Chad is open. Tell me where you're from. I am from New York. But today I am coming to you from Florida we spend every year this time of year in Florida. We got some New York we got Brooklyn. Hey, everybody. We're gonna have some fun tonight. I want to get to know you guys. I want to interact with you guys. I'm, I'm loving the idea that we can kind of go back and forth in the chat. So yeah, tell me where you're from. How was your holidays? I hope everyone's doing well. Texas, West Virginia, Connecticut. Love of Louisiana. California, Wisconsin, Seattle. Yes, happy holidays, everybody. Happy New Year. I want to blow in 2024 for you guys. Better than any other year you've ever had. So I hope tonight is worth it for you. Hello, Indiana, Virginia. Welcome. Alright, let's get let's get cracking because I like to coach. I like to take my time and get to know you guys and hear about what you're struggling with. So let's start with some introductions. If you don't know who I am, my name is Michelle Rogers. I'm an autism mom and life coach. I run a group coaching program specifically for parents of children with autism, called the champions for our children masterclass. It's a 90 day group coaching program with guaranteed results. In fact, we have a 100% success rate in that program for potty training, communication and stopping problem behavior. So I'm so excited. I've been doing it for over three years now. It's been such a joy. We've had so many families come through there. We're going to hear from some of them tonight. You're gonna get to hear from some of the coaches that who wants to hear from Julie Anna, she is so excited. We have her on a webinar a month ago and she loved it. And she said she wants to come back to me who wants to hear from Juliana. All right, yes. Juliana is now 11 years old, she was diagnosed on the spectrum at two, we had to teach her to use sign language to communicate. Then she began to speak. And she is a happy, healthy, chatty 11 year old today in a general education class with minimal supports. And I didn't know that was possible. And I want to show you want to talk about that journey with you guys today. And I want to talk about what you need to get those baseline skills. So I'm all excited that you're here. Awesome. All righty. So before we get down to business, I just want to go over a couple things with you. Number one is there is a q&a box. You can put all your questions in there after the presentation, I'm gonna go through the

questions, I'm gonna do some live coaching. If you are a brave soul who would love to be life coach tonight, you can use your little raise hand button. And I'm going to call on you for coaching. If you are asking for coaching, you need to make sure you have good internet, you're in a place with good lighting good audio, because we want to see your beautiful face. And everyone wants to get the benefit of hearing you get coached. So if you want to do that, you're going to raise your hand. If you're shy and you're in you don't want to do that you can put your questions in the q&a. All right. All right. Great. Awesome. I'm excited. Yes. I'm excited to be here. All right, so I'm going to share my screen. I'm on my laptops, because we are doing this from Florida. So just bear with me, everybody. Let me know that you can see my screen. I'm going to put the chat over here. Hopefully it's not going to be in the way. Okay, what do you see Jen? Do you just see the workshop or you see do you see like the the bar up here for zoom? I'll move that out of the way. Yeah, to share that. Can you see? Yep. All right, and I'm gonna x this out. For now. We're gonna keep your hands raised if you want to be coached and then I have the chat open q&a. You can put your questions in the q&a. Armando is going to be with us later tonight. If you don't know who Armando is he is one of the coaches in the champions for children masterclass. He is a board certified behavior analyst. You know, it's always nice to have a male teacher in the program because we have so many boy families that are in the master class, but he's also an adult with autism. And Armando didn't speak till the age of seven. He didn't potty train till the age of five, and he's coming to come on later tonight. He's going to help me with the q&a. And he's going to be answering some of your questions. So alright, so I'm gonna move this too, because I think you could see my face. And we don't want to see that on your screen so you can see. I'm gonna present tell me if you can see is it full screen? Does that sound good? Does this look good? Jen? Yes. I didn't introduce Jen as my assistant. She works with us in the program. She's been with me almost as much as long as I've run it. So we're happy to have her here tonight to help me with my tech, my non tech savviness but okay, so you can see everything done. Yes, yes. All right, can you see just really quickly if I pull up this chat window? Do you see that on the screen or no? No, no. All right, perfect, because then I can interact with you guys in chat as we're going through this. All right, excellent. So welcome. This is the autism revolution workshop, we're going to be talking about potty training, we're gonna be talking about communication. We're just talking about stopping problem behaviors, we're gonna have fun while we do it, right, because we're all off from work. And maybe some of us are off from work tonight, at least if you're here, and I get let's see if we can help these babies. All righty. Let's hop right into it. Okay, you are in the right place tonight. If you have a child with autism or suspect autism, and they need to be potty trained, let me know if you need potty training in the house, you're in the right place. If you have a child on the spectrum. And they are either one level one, two or three, they're mild, moderate to severe welcome, you are in the right place. You're also in the right place, if they are verbal, or pre verbal, and you want to work on communication skills. And you're in the right place. If you have multiple diagnoses, we have plenty of families in the program that have multiple diagnosis, you're in the right place, if you have more than just autism. And you're in the right place. If you've tried and failed many times to teach your child to potty train to communicate, you are definitely in the right place, I'm going to help you through that. And you are in the right place to have a child or an adult child from the age of two to 31. Plus, because we have helped children as well as adults to get these important life skills. So I made this note when I made this net as you can see as wide as possible, because it is encompassing everybody, I believe that this program tonight is going to help everybody. And by the end of this presentation, you're gonna be on your way to having a child as pi training or no way you're gonna be on your way to having a child that's communicating, you're gonna get your life back, I'm gonna have you look at everything from a very different lens. And tonight is going to be the first it's going to be the first step into that identity of looking at autism from a very different perspective. And then you're going to feel competent, that this can be done by the end of tonight, you're gonna

there's gonna be no doubt in your mind that this can be done for your child, no matter where they land on the spectrum. No matter where their baseline skills are, this is going to be the time where you're going to be like yes, this is this is this is possible and I'm not stopping until I get it. And you'll be the ultimate educator for your child you're going to be the one that's going to teach them are going to feel confident that not only that, that you're going to be confident you can teach them anything and that's where I am with my daughter, where I am with my son too. But like I always say that this journey has made me an even stronger parent I want you to to be able to tap into that power to how being on this journey with my daughter has made me a stronger parent all round. I want you to be able to tap into that as well tonight. And if you stay till the end we're gonna do we'll have news we're gonna give away some free sessions who doesn't love a little bit of free one on one time with either me or one of the coaches. So if you stay the annual have an opportunity to get that and everyone who came tonight is going to get a free copy of my autism moms Survival Guide for problem behaviors. It'll be coming to you via email in PDF form. And not only will potty training, teaching potty training and communication be possible we're gonna make it easy. We're going to make it fun. It's going to be fabulous. Alrighty, I can figure this out. Okay. So here's my philosophy. And this is kind of how the masterclass became what it is today when I started the masterclass, I had this belief that I'm going to be able to help any parent with any problem like their whatever it is that they want to teach your child with autism, I'm going to be able to take them from point A to point B, I'm going to be able to take them from where they are to where they want to be right. And when I had I've been doing this over the first couple of years, right, one of the things that happened is that three main skills came to the surface. And every time we taught these three skills, every time we got a child these three skills, I believe having these skills all opens the world of possibility for them to live an independent life. And I call them the big three and it's what every child with autism needs to have a chance of independent life. And the first skill they need is communication. The second skill they need is to not have problem behaviors, so that they can attend at school. So it's either problem behaviors that are minimal, or zero problem behaviors. And then the third skill they need is potty training. So everybody in the chat I want to do as interactive as possible tonight to 123 Who needs more? Who needs one who needs to who needs three? Give me your numbers. If you need one for communication two for problem behaviors, three all all three, I need them all I need them all. Well, yeah, a lot of holes. You're in the right place two and three. Okay, love it. 33333 We got it. Potty is my specialty. You got it. Oh, three, three. You love it. Okay. Yes, we are. You're in the right place. All right. So we go back because I just messed that up. Before we continue, I wanted to tell you a little bit about my story, and I couldn't verbally tell it to you I'd probably break out into tears halfway through even though I've said it about 1000 times, but I had this beautiful video created. It shows our journey better than anything I could describe verbally. So I hope you enjoy it. And let me know if you can hear it. I'm going to keep the chat open here. So I You'd say



10:05

I remember when I got pregnant with my daughter, I felt so grateful and so blessed and you know, my life up until that point had been pretty rocky, I'd have a lot of bumps and bruises along the way. And I finally thought that I was turning the corner and God was blessing me with this beautiful gift of a child and I just Yes, finally something was going in my way. And then when she was born, she was just absolutely perfect. I had all of these dreams and expectations for her. I thought of all the things that I thought she was going to do.



10:10

 10:42

Good girl, right after her first birthday, I started to notice her behavior changes. She went from, you know, saying that

 10:57

he was obsessed with Dora the Explorer, Mama, dad, as she was saying it all grew up on a Mac. hit all of her milestones. Up until that point, she walked in one she was eating solid. She just you know, she looked really good. And then I just remember her. It felt almost overnight or very quickly, where her demeanor just changed. She went from the super happy baby to crying and tantruming just frustrated all the time. I remember saying to my mom one day during one of these tantrums, like, you know, I don't have my happy baby. But I didn't think anything past it. I think I was kind of not ready to fathom that something could be off even though maybe the telltale signs were there

 11:45

watching, okay, dressed. Gotta get gotta get shirts tiny. Trying to get dressed. They started to lose the words that she had gained. She wasn't saying mama anymore. She wasn't saying that. She just seemed really disconnected from us. Instead of playing with her toys, she would take them, dump them all out of her toy box and just start twisting them around her hands aimlessly, with no intended purpose. Really kind of in denial about it. And then I remember one day, we were in the middle of a stool and then all of a sudden out of nowhere, she just like, started like screaming and yelling like somebody had slapped her. I don't even know what the wrong was. And I was so I was so mortified. I didn't even know what to do. I was so scared. I literally just left the half old fart in the store picked her up and just ran out of air never went to that store again. I was so I just didn't even know what to think. And that was probably the first time it really kind of stung for me that maybe something is wrong. They diagnosed her. They didn't diagnose her right away. They said that, you know, she was too young for a diagnose. I didn't even know what they meant when they said that I was diagnosed with one and I just had no idea what they were talking about. And then they said, you know, you know, we'll come back and if you're not seeing progress, and so okay, you know, and a couple months later, I'm watching a speech therapist play with her on the floor, I'm not seeing any progress and felt like she was getting a little worse. And then we went for our two year old wellness visit. And the doctor said that she was behind if she wasn't using 20 words with intense and that was just that was probably just the knife's my heart. At that point, I really couldn't deny that something was up with her anymore. So then I called the County back in and then she was diagnosed on the spectrum. And I remember that day and it was the worst days of my life. It was the it was my darkest hour, I could easily say that. As a mother, as a woman, as just a human being it was probably one of the hardest times I had ever gone through. And I remember just being so I went from being so happy with God so thankful to being so just doing the center and wrecking this beautiful gift he had given me. And for a while there I struggled. I struggled to figure out what this man's or we were going to do or how this was going to define her all those dreams I had for her future were just completely shattered. And I just had no idea what was going to happen next. And I went from just hopeful to just complete blank when I thought about the future. One night I was thinking, you know, I'm going to die one day, and who's going to care for her life. And something about that thought just snapped me out of my depression and my anger and my fear and said, Listen, we got to get to work here. You know, I promised that when

she was born, I was gonna be the best mother I could be and that promise it hasn't changed. In fact, that should mean more now than ever, not less. She needs me now. More than ever. And I didn't know at the time what we were capable of. But what she having those changes that mind shift mindset shift he was going to do. But I wanted to know that at the end of every night, I could look myself in the mirror with confidence and say, Can you do everything you could Michelle to give her the best possible? And if the answer was yes, and that was a good day, and I wanted to introduce Yes 100% And no matter where the cogs fell, I know I could leave this earth saying I gave her everything, everything I had no regrets. And as I've navigated this world with her and walked away that day, after having that thought, I really just grabbed the bull by the horns, I became her fiercest advocate. I'm not a special education master's degree teacher. I don't know any I never had any formal training and ABA but I knew that I was going to learn whatever I needed to learn to be really strong for her and Juliana and we lost the ball with her language



Michelle Rogers 16:09

to carry out



16:14

you don't want Sherry She was nonverbal when she was diagnosed and once we taught her sign language



16:37

jumping to the next show me then she went from sign language to word approximations.



16:55

Then she started to speak they she went from the most restrictive preschool environment, she was in the sixth one for most restrictive preschool special education phase.



17:21

Two now where she is almost eight years old, she's in second grade class energetics or integrated class with typical us she speaks beautifully now we'd like you like



17:43

I like to painful, she has a personality, she has conversation skills, there's still things that we need to work on. But for the most part, her future went from black to now having possibilities. And none of that could have happened had I not kind of got out of my own way. And we really hit the ground running, it's starting to take action for her. And I can't say that I can see that for every coach. But what I can tell them is I will have them feeling like I did look myself in the

mirror, you looking at yourself in the mirror and saying I was everything I couldn't be for her today. I have no reverse. And however that whatever happens it happens it's really for us as parents to know we we fulfill the duty that we promised when we had these children which was to be the best versions of ourselves and to live to raise these children I've helped now hundreds of mothers coach them one on one to do the same things I did to help them to be strong to help them the grasslands where we're seeing constant progress this is what I want to do I want to give you the chance to to me and I want to give you every opportunity to give your child that hat day



19:04

games and great



19:09

Happy Birthday love amazing



Michelle Rogers 19:11

and you know what tonight you guys are getting me crying in the in the chat here about sharing all of your fears and your hopes and and feeling a pull towards our my my story and it makes me so happy because, you know, I still feel like I can't believe how far we've come I can't believe that this is our journey to share with you. And I remember what it felt like by some of the comments that you're saying in the chat like feeling so hopeless not knowing what the future holds. And I want you to understand like, I'm gonna give you everything tonight to see why she went from where she is to where she is now. And my masterclass are here tonight. I see some of them have their hands raised. If you're a masterclass or you've already worked with me. I want you Hit one. So everyone can see all the love for the people that are already in this program, who are already seeing results for their babies who are already seeing that this is such a game changer for them. And tonight's gonna be a taste of that for you guys. And I want you just to know that I feel I feel you I don't just read what you said, I don't just hear what you're saying. I feel it in my bones. And I'm gonna do everything I can tonight to serve the fuck out of this presentation so that you guys can hit the ground running and make 2020 for the best, best year yet for you and your babies. And there's all of my mommy's given the shout outs. Awesome. I love it. All right. So this happens to be one of them as well. Believe it or not a big part of the exposure that my program has had to families, to parents of children with autism are our grandparents. In fact, we have a great great grandparent in the program. Not sure if she's here tonight. Her name is Karen. And she has custody of her great grandbaby and he is now officially potty trained and he's starting to talk and she hurt his great grandmother did that for and this is Nancy here. She's in our program as well. She is taking care of her grandson and within a couple of weeks, we got him pee trained. He's on the spectrum. And and then a couple of weeks later, we got him poop trained. And it was so funny because we got the PD very easily and actually, the poop took a little bit longer and she sent me this nasty gram it was hysterical, where she was like I'm gonna quit this isn't worth it. Blah, blah, blah. And then I'm so glad she did that even though she was pissed and she was like angry at me. It was her way of like, it's a cry for help. And we got on a call and I said this is what you got to do. And bam then he's pooped train. He's officially potty training. This is grandma. So shout out to all

the grandmas if your grandma here. Hit not hit hit one hard if you're a grandma or a great grandma or, or a caretaker, not not the parent where you guys are special to guys are important too. So welcome. We're all happy to have you. And this is Mary. She's one of the first parents I've ever worked with. She had a seven year old son. When we first worked together, he was pre verbal and in diapers and within two weeks of working with me, he was fully potty trained. And within a month he said Mama for the first time this was a seven year old. So I want you to understand, we've worked with children from the age of two to adults from 30. Plus, we believe that if they have the skills, this is going to change the trajectory of their life. And we believe that every child every adult, no matter where they fall on the spectrum has an opportunity to learn the skills they can learn the skills it doesn't matter where they are, how old they are, it's possible for them you just need to know the how. And of course with anything this is our regular disclaimer the information all information in my workshops are not intended to serve as a substitute for consultation with medical or behavioral professionals. Only qualified professionals who know and work with a child on an ongoing basis can adequately assess and supervise a child's program. I always recommend including a board certified behavior analyst or child on the child's client or clients team. Is this especially important if a child is in danger of hurting themselves or others of course anything anything I suggest to you tonight you want to run by the professionals that are working directly with you and your child. Okay, all right great. So I want to know in the chat because I want this to be a fun interaction not just me talking I want you guys to inter gauge to what are the goals that you have for your baby tell me your baby's age and what goals you have awesome mom have a six and eight year old welcome my son is 16 nonverbal and he has ECC P train not poor we can definitely help you with that Andrea six she has Alexa as a six year old she wants to do talking seven communication eight nonverbal eight communication pi training love it. Look at all these goals we have. I love it. Excellent. We're all running in here for I can't even read it. It's coming so fast. Right? You got lots of goals, I love hearing it you will pi train communication problem behaviors, these these tips tend to be the the ones that you guys are want help with. This is all I'm about. Okay, so then I want to know, I want you to know that all children on the spectrum no matter how severe their autism symptoms present can obtain the big three. And again, the Big Three is potty training, communication, and no problem behaviors, or minimal problem behavior. So they can sit and attend and learn in school. And every child on the spectrum no matter where they lie on land can learn these skills, okay. And I'm going to give you the three secrets, they're going to help you tonight, this is going to rock your world tonight, you're gonna kick you're going to just, you're just going to kick 2023 out out and you're gonna be like, come on 2024 We're gonna have the best year we've ever had with our child. And here's the first secret I'm going to share with you tonight. The first secret is the parent has to create desire for the child to learn the skills. And I think a lot of you have this misconception that the reason why a child can't hide and the reason why the child doesn't communicate is they don't have the desire with themselves within themselves to want to learn these skills. And that couldn't be more wrong. We as the parent have to create the desire for them to want to learn these skills. So if you think about like potty training, right, we think about a child who pees and poops in a diaper. Any child who pees and poops on a diaper, not just a child on the spectrum has to be shown why they want to do it somewhere else they do In pee and poop in the diaper, because that's all they've ever known, and they don't see the value in doing it somewhere else. That's where you come in as a parent, you need to create desire for them to want to do it where we want them to do it. Okay? So it's not about creating desire, it's not about like this natural desire that the child should just have. And because our kids on this because our kids have autism, they can't have this natural desire. It's not true. Any child, not spectrum or not needs to be able to have the parent that creates that desire for them to want to do it differently than on the done in their diaper. Okay. All right, and this is Juliana. And you know, Giuliana, as a baby could give a shit about learning how to swim, all she wanted to do was sit in a tub and play with toys, I had a



great desire for her to want to learn how to swim, I had a creative desire for her to want to go past just sitting in the water and splashing around. And if I hadn't done that, she wouldn't be on a swim team today. And she absolutely loves it. She loves competing. She loves being a part of that team. She's got camaraderie, she's she she gets ribbons. But if I didn't create that desire, if I didn't expose her to the idea of like, Hey, you can do more than just float around in the water, she wouldn't have even had an opportunity to be on a swim team. Okay. And that's the same thing that's going on for these parents to Elizabeth here. She said, You know, when it came to potty training, I haven't had much time to join the calls that come with the masterclass, but her son peed on the potty twice. And we have a ways to go. But progress is progress. And this other mom here, my boy peed in the potty for the first time this morning, since beginning the program, and I couldn't have done it with all the advice and support that this program provides. So you can do this, you can create this desire to get the goals that you want for your child. And then we're gonna get on here to secret number two, and it's you can teach your child with autism to become independent. And it's simple. And I want to really be I really want to emphasize the difference between easy and simple. And easy means something achieved without effort, right? It's almost like I don't even have to think about it. And simple means that the steps to learning the big three are uncomplicated, they can be easily understood. But it requires effort and commitment on your part. And I you know, I want to think about the word easy, right? Nothing's Nothing's easy in the sense of anything that we can do easily. Now, we've had the reps from learning it that it's fluid now. So if you're thinking like, well, I don't agree with that bizarre shit that I can do. That's easy. But yeah, but at one point, you couldn't. And you had to learn to get into that point where you could do it so effortlessly. And that's what we're talking about here, what it's going to take to teach your child to potty train and communicate that the actual steps are simple. And when the only difference between simple and easy is one stone without effort one is done with effort until it becomes easy, is you've got to be consistent. You've got to put the effort in you've got to be committed. Okay, so the skills you need to teach the big three, you need to be consistent, and you need to be committed. How many times have we started potty training and stopped? You can put that in the chat. How many times have we started working on picky foods and stopped? How many times have we have we tried working on communication and stop the million a lot? Guilty? Guilty a lot? Yes, I get it right. If this is the thing, right? Our babies are following our lead. So if I'm trying to teach my baby to pie train, and after a day or two of accidents, which by the way is a part of potty training, right? It's not cool potty perfection. It's called potty training. I say Oh, shit, this isn't working. I put the diaper back on the kids like great. I didn't want to do this anyway. And now you've created a connection to the child that hey, if I hold out long enough, she's gonna quit. And I'm gonna get to go back to using diapers anyway, we've got to break that chain, we got to break the habit of quitting, and stay the course. And I always say this to parents. When they said they've tried and they've quit they've tried and they quit. Would you want to try and quit if your child if your child wasn't on the spectrum? Right? You could put that in the chat. Would it be optional for your child to learn how to potty train if they didn't have autism? No, no. Love it? Yes, no, of course not. So that's what I what we want to hit home here is that the second secret is, is that the actual steps to do this are the same as what were a lot of a lot of the steps are going to be very similar to teaching a neurotypical child. The only difference is I need you to be consistent. I need you to be committed and you're not going to stop until you get what you came for. Okay. And number three, well, the third part of secret number two is you need to be willing to see all the steps to learn communication and teaching child communication and potty training and stop calm behaviors. All the things to try and that don't work or not fails, there actually learns. And everything you try is taking you one step closer to the thing that will work. And I always say like you could look at all they say the most successful people in the world, the Jeff Bezos, the Mark Zuckerberg, Bill Gates, right? They they stand on top of a pile of learns a pile of things that didn't work. The one thing they all have in



common is they did not quit. And we can't quit on our babies either. Okay, and here's Jessica one year ago today I decided to give Michelle's intense potty training a world and boy was I amazed how quickly she learned to potty know why By day three. She was trained to pee with no issues, we had our issues with pooping. But with continued guidance we conquered and I can finally say, say it took



Michelle Rogers 30:20

almost a year my daughter is also vocalizing and she has gone and she know I no longer have to tell her to go she goes on her own. And just wanted to share with you all don't give up on your children. Patience is key consistency is key. Commitment is key. Before my little girl, I had none A big thank you to Michelle and there's this other mom in the on Facebook as well. You're literally the reason I was able to PI Tree my four year old, I'm so grateful for you. And she said this lady in this ad she has pi training for autism autistic kids, I swear it works. And I swear it works to consistency commitment, creating that desire, right that secret one and secret two, which is going to lead us to secret three. And here's the thing, right? The secret is your your child's number one resource to creating an independent life. Not the doctors, not the therapist, not the teachers, you. And I want you to remember the time when you when you when you held that baby in your arms, right? Whether it be in the nursery at home, or at the hospital, and you're looking at that baby and you're thinking about the life that you're both gonna lead. And you're thinking about the parent that you're having, what kind of parent you're going to be how you're going to show up in their lives as this parent teaching them the all the things they need to do to grow up into this world, right? We had this identity in mind of how we were going to be and who we were going to show up in this world to teach this baby. And then when autism comes, all of a sudden that identity flies out the window. And then when that identity flies out the window, we're next thing you know, we're grasping at professionals to tell us what to do, as if they would know our child better than us. Nobody's going to know your baby better than you. And I remember seeing this mug in my doctor's reception window and I almost laughed when I read it. It says please don't confuse your Google search with my medical degree. And I chuckled they said Tell your doctor don't mistake is 120 minute lecture for me living this life with this child 24/7. And I want to ask you all right now in the chat how many times whether it be for you, somebody you know your child, how many times has a doctor or a teacher or a therapist told you something about yourself or your child and they were wrong. Tell me has that happened a lot many times? Yes. It's happened so many times. To me there were so many times that I was told I was doing the wrong thing. It was too early to pie trainer was too early to try and get her to go to the to go to a neurotypical school was trawling to try and get her swim. Right? It was all of these things. And if I was able to do this, and had listened to everything that they had said she wouldn't be where she is today. We wouldn't be where she is today. And but like we need to start to grab that identity back when we were holding that baby. Before the diagnosis came we have to get that identity back of the parent that we were before autism came into our world and not stopped stopped stop handing it off to other people. They're never going to do it like you are you have to understand. And I'm not saying I'm not sure Kenny Well, doctors and we have we have BCBAs in our program. We have speech language pathologist, we have nutrition, I'm not sure counting all professionals, they're professionals for a reason. They know a great amount of stuff for a group, a large group of people, they don't know personalized, personalized things about your child, nobody's gonna know the ins and outs of your baby like you are. So you would I'd love to look at a professional instead of looking to them for every like, you know, for any word they say and just lean on every word. They said I'd like to take in what you have, keep what I need and toss the rest. But I think a lot of us just kind of take everything and then when it doesn't work, we're just left by us wayside because we've

given up on our identity of that parent that was in the hospital saying I'm going to show up for this baby in this kind of parent I'm going to be that parent needs to come back now because they don't know what you need. Nobody. Nobody's gonna fight for your baby better than you. Nobody wants to see you. Nobody loves your baby better than you. Nobody wants to see your baby when better than you would has to be you. And you can do it. Nobody is more valuable to the team than you that you're the caretaker you're the parent or the grandparent. Nobody knows that child better than you. Nobody wants to see that baby wind better than you even me. This is Teresa she had a 10 year old son who needed to be potty trained and he's officially potty trained and two magical things happened. He watches videos of people opening and eating candy on YouTube so we got a huge one pound peanut butter cup for Christmas and it was the perfect reward for potty training for number two for poop we implemented a token board system is reward was a local hotel stay that had a swimming pool and when she presented this token board system he got so excited you live in went to the bathroom in that moment and took a shit on the toilet. His teachers are just speechless because she's never seen such a quick turnaround any of the children she's worked with and she could not tell me how much did you Boy unspeakable joy she has her heart right now for all of us. This program we put in place is so much fun and so much more affordable than any of the treatments I've paid for. So let's talk about this right now right we know all the three secrets and if you are the key to getting your child potty trained to get your child communicating to get your child to stop their problem behavior then why isn't it happening? And this is where I want to really hit home with you guys tonight. And I want to know in the chat what have you tried I know you guys did a lot of you guys so I need all three Can you potty train communication problem behavioral three what have you tried to help your child get these skills what have you tried in the past to get it done? Tell me in the chat. I want to know everything you've tried rewards speech. How do you chart when I go at sign language being consistent speech three day pecs ABA guy you guys tried a lot of stuff rewards I love it. Lots of rewards speech packs, ABA, AAC. Zingo. I love I don't know what cinco is. I've checked out rewards phone Park. I love it going to the bathroom with him. Okay, so now I'm going to ask you, why do you think that what you tried hasn't worked? Tell me guys in the chat. You tried a lot of stuff. Ice cream. I love it Sign Language pictures. Why do you think that what you've tried hasn't worked. Not being consistent. Oh, interesting. He's not interested not being consistent. He stopped, I quit too soon not consistent. Aggression takes over. He isn't interested and consistent, not being consistent. So let me ask you a question. Some of you people or some of you parents here are saying that one of the things is your inconsistency. If you believe that inconsistency is the reason why potty training or communication or stop and pop behaviors isn't happening, then why wouldn't you just be consistent? Put that in the chat for anyone who said consistency was their issue? It's not click clicking time. Okay, time work. Time work other kids time. Alright, love patients time for life. God. All right. So here's I'm gonna ask you, if let's say you came into my program, and I created a blueprint from start to finish, and I said, You do this blueprint from start to finish. At the end of it, I guarantee this child will be potty trained, they will have communication, but you still have your job, you still have your other kids. But you just have to do a to z. And when I tell you on this list, and in two weeks, your child be potty trained. Would you be able to be consistent then put it in the chat? Yes, yes.



Michelle Rogers 37:36

So we're going to try and understand what the problem is here. Because this isn't a time problem, right? Because I just hold you, you told me the reason you're not consistent is because of time. And I said, Well, you're gonna have the same amount of time. But I'm gonna give you a I'm gonna give you a blueprint. I'm gonna give you an A to Z to getting this done. If

you do in two weeks, your baby will be done. Would you do it? And all of you were saying yes. So is it really a time problem, right? And that's what we're going to talk about. And here's why you might think it's not working. And I already saw some of these in the chat. And I want you guys to think that I'm a gypsy. I know I know everything. I'm a clairvoyant, right, I'm psychic. No, I'm not. I actually wrote this out two weeks ago, because this is what the majority of you tell me all the time, right? There's reasons why you think it might not be working as well, I can't hide turn if they don't talk. I can't lie to them, because they got autism. It hasn't clicked my child has a learning disability. Somebody told me on a call that their child has brain damage. My son has no desire to learn, we work full time to never buy just say that right now we have time we have other children. She's not ready, she doesn't understand it doesn't click, I've gotten that. She loves the pull up. He they're just comfortable in their ways. He doesn't care if he's wet, they're stubborn, they're predictable. These are all the things you might think are the reasons why it's not working. But the real reason it's not working is calming. And these it all starts with the misconceptions out there. Your child needs to be verbal to potty train, your child is too severe on the spectrum to learn to communicate. These are misconceptions, right? Your child won't sit so they can't learn to potty or communicate. Your child is out of control. They'll run away and hid themselves. So how am I gonna be able to potty train them? Right? You don't know how to teach a child with autism, right? Because we're not the professionals. We're not the experts, right? But when I just talked about that we just talked about we're not going to do that anymore. But these are the misconceptions that are burned in our brains, and we need to look at them and and stop believing them. And here's why. It's not working. It's not for all the reasons that you think it's not because of the time it's not because they have brain damage. It's not because of the autism. It's not because they don't talk. It's not because of all the other shit that's going on your own in your life. It's really the real reason why it's not working, is that you've just set the bar low. For your child on the spectrum. You've made it optional for them to use the toilet in your home. You've made it optional for them to communicate with you in their home. And here's what happened. It's a two prong problem for the child. They don't see any of that How you they don't see any reason to do things differently. If I shit my pants she comes, he comes, grandma comes, they clean me up and and go out my business, I won't see the value and going where they want me to go. So I don't want to do it. And same thing if I can hand meet you to the pantry and get the cookie that way. Or if I can go get it myself, why do I ever want to talk? I don't need it. But their babies, right? They don't know we're not going to be around forever to care for them. So as far as they are in their world, everything's perfect. They're living, they're living their best lives in our homes, their boy kings in a and girl queens and training in our homes are living their best lives. But here's the other part of the problem. I think Autism means less. And when I think the autism is the reason that they can't learn these skills, I set the bar low. And the babies are just like, hey, they're just like every other human beings on the planet, I want to do the least amount for the biggest pay out, Hey, if you don't think I can do a great because I don't want to do it anyway. So the only reason that this isn't happening is because we don't believe it's possible. We believe that these diagnosis is all the reason why they can't learn. And it's not that at all. It's our thoughts about the autism that's stopping us from teaching our babies for showing up as the parents we promised we pay. And you need to show the child the value in changing and learning. And this is what we call in the program, the champion parent mindset. First of all, was relating to what I'm saying here? Does this make sense to any of you? Yes, you underestimate them? Yes. Yes, I am. I am. And I listen, I don't want you to think that that the way you're thinking is make your broken. This is what society has told us what Autism means. It's called a developmental disability. I don't see it that way anymore. I see it as Juliana's brain up, I watch, I watch you eat, I want to read, I want to play I want you to everything, I see shit, you know, she can learn anything. It's like her brain operates on this different frequency. And if I can learn to communicate with that brain on that frequency, I can teach it anything. That's a thought I believe about myself. It's a mindset I have

about her. Anybody here seen X Men? I love the X Men. I know the comic book, but I saw the movie, way back when and X Men would if you don't know what it is, it's basically a natural mutation of humans, right. So they talk about evolution. And you know, and they talk about, like, you know, all the different, you know, versions of the human. And this is the next evolution of the human. And I sometimes think autism is not, but like our society teaches us to think it's shit teaches us to think that our child is going to have all of these deficits, and I'm not telling you that their journey isn't different. But it's not bless. And that's the difference. And I need you to kind of come full circle and say, You know what I'm gonna hang up, I'm going to put to bed that thought that belief that majority of society has that autism is less and just say it's different, my baby's next man. And that brain is just elevated to the next level. And I just need to learn to communicate with that brain on that level. And she's going to be able to thrive, she's going to be able to live an independent life, and your child is going to be able to do that, too. Yes, different, not less. And that's the thought that I want you guys to leave with tonight. This is the champion parent mindset. It's the gift I want to leave you tonight. What are your thoughts around your child learning the big three? Do you think they're capable of learning? The Big Three? Do you think you're capable of teaching them? I think this is a big one too. Did autism mean cancer to you before tonight? Because it's not and I understand I don't want anybody to feel guilty. I get parents sometimes I talk to parents I taught this is how I taught this is how he coaches are shopping in my daily life. This is the identity of a mom who gets it fucking done. Okay? And and I don't want you to feel bad about this because there's, you know, you can't change the past, right? The bell has been rung. So however you've been showing up, it is what it is, I don't care about that. I care about what I can what is in my control to change. And that is the way I show up from this point forward. And if I am so powerful if I am the gatekeeper to the skills my child needs to learn, if I am such a powerful person, their life, which you are, all you need to do is just start start thinking better thoughts about them. And guess what your bar for them rises and they have no choice, they have to meet you at the new expectation. Right? The rules of engaged in my home have changed. And if you want to partake in my home and have a lovely time at it, you're going to learn at the level I know you're capable of now. Does this make sense? Everybody? Any questions true to 100%?



Michelle Rogers 44:41

I need that blueprint. Well, that's what we're gonna talk about. Yes, yes. And I this is a no judgment zone. I call myself a velvet hammer. Might be velvet hammer with a couple of teeth in it. And that's fine. I think. I think God made me this way or my experience has made me this way because I need to like almost shake You awake, shaking you awake parents, that now is the time that you have not don't think about all the time that you've spent or how old your baby is now give a shit. We can potty train, we can teach communication skills at any age, I want I can do is starting today, I'm going to I'm going to I'm just going to knock the shit out of 2024 I'm going to show up in such a strong powerful way. And let me tell you something. I spoke to a woman, a doctor, a pediatrician, like a week ago, and she said, Don't you feel nervous going around telling parents that they're your their kids could be like your kids when all the kids are different in the world? And I said, No, I don't, because every child deserves a parent that will swing for the fences. And even if they miss, every child deserves that. And I say that in the video, however, the courts fall they fall. But I want to know, I'm a God fearing woman that when I die, and I always have this vision that I'm gonna be standing in front of the gates, that you know, Kevin's gates, and he's gonna play back the reel of my life, am I gonna be happy with the mother, he shows me. Fucking I am. And even if it meant I had my head in the couch cushions for a little bit. I'm awake now. And every minute of every day that I'm awake, I'm gonna make it count. I'm gonna teach her how to push her one minute phone. I'm

not just doing it for her to for my son to win your typical son. So I want you guys to feel that to stop thinking about the time you've lost. You can't unring the bell, this point forward, be committed say I promised in the chat that moving forward, it's going to be different in my household. I'm not looking at autism, like the world tells me to look at it. I'm going to believe that I can have my baby can have the life that you plan it can have, because your baby doesn't deserve anything less. I love it. You have everything within you. Now, this is what's so beautiful about this workshop tonight. I want you to know you have everything in you. Now to make this happen. You just got beat down a little bit. We just we didn't know what to do with autism. We didn't have the skill set. Nobody tells you what the fuck to do. How many of you after the diagnosis felt like you were just cast out to see and didn't know what to do next up? She's got autism see? Yep, that was how I felt how I felt. And then next thing you know, you're Google searching Google just searching yourself into depression. And all you see is all the shit about autism. What if our babies What if this new movement of champions champion parents create the rule and not the exception that our babies are the rule moving forward that this is what autism is. This is how the brain works. This is how we teach it. And let's fucking go. I just need solutions. I love it. Love it. I got you. I got everybody here. All right, this it's not cancer. I don't want you guys thinking that anymore. We're gonna We're stinking thinking we don't have it anymore. The number one reason stop your child from being on a path to independence, your thoughts about the autism diagnosis. Your thoughts are creating your results with your child with autism. I want you guys to understand one of the big things we do on my program is we do mindset work. Now I do tactical and you guys love taxes they all come to me for tackle I love it. I give it all to you I get gold to I'm such a I'm such a I really I'm just impressed myself. It's so creative. Like come up with so many fucking cool ideas we we've hired trained kids with, with with flags in the dirt, we pi train kids with blowing up helium balloons, you pi train kids with music, we probably train kids with so many that I'm so creative with that stuff. But if you don't have belief, if you come into this program, and you're just like, oh my gosh, you know, I want to do all the things but I don't want to work on that. It's almost like building a house on sand. It'll fall apart. But the way I have to start you first why mindset is such a big part of this is that your thoughts are creating the reality you're living today with your babies. And guess what, then the typical human has 60,000 thoughts a day 60,000 And most of them are shitty, the ones we can remember shitty. And it's not because you're broken stuff because your brain is a sadist, your brains number one job is not to give you a communicating potty train child, your brains number one job isn't to make you happy and give you what you desire. It's number one job is to keep you safe. That's it. Number one job. And it's always going to be fighting for your survival. So even though you want all of those things, it's going to be uncomfortable change is super uncomfortable to to the brain. It wants to keep you in the cave. It says yeah, I know you want to you want Sammy potty trained and talking. But we can survive here. That's my number one priority. But I don't want to live a surviving life. I want to live a thriving life. So I have to understand how my mind works. And if I keep believing all the shit that's out there in the world about autism, if I keep listening to doctors, and therapists tell me like they got fucking crystal balls and they know what's going to happen with my kid, then I'm going to have shitty thoughts. And then when I feel like shit, I'm going to take shitty action and then I'm gonna have shit results. And then I go into what I call a crazy eight. No, there's no there's no way to get out of that. If I want a different life, I've got to do different things. And the first thing I do before I do anything is I got to start believing that my child is capable. Every single child in here is capable. I have a 100% success rate for pai training communication. The only time that would be that would be shocking is if you quit. That's the only time that you will 1,000% the only guarantee I can give you of it not happening is you quitting. And you already know that. So if you're committed and you're consistent, it's as good as done. And then when I went through this journey with realize shit before I became a mother right last ship forgot Mariola ship before it came on mother, right? So when autism came, I felt like all of you, right, I had talked to the



same professionals, I did the same Google searches to know where I thought her life was over. I thought mine was too. But I had spent so many years overcoming such adversity. I believe everything was sent to me, just for this moment, just so I could heal my girl. And I could help as many families as I could heal, there's in all this is, it's just me believing good shit about myself thinking thoughts that make me an animal master fucking problem solver for my kid. And for all the kids I help on my program. And I need to teach you how to work your brain. So you have intentional thought creations that are going to get you what you came for. Every time with your child, children on the spectrum. Make sense? Okay, so your thinking needs to be setting yourself up and your child up for success when it comes to potty training, communication and problem behavior. And I always say to parents, if you're really struggling, if you're really shaking on belief, like I know a lot of you here some of you parents, some parents in here, have kids that are older, my heart goes out to you you've been changing diapers longer than anybody should. But I'm having I'm throwing you the life raft, I'm telling you the life raft, okay. And the first thing I want a parent who has been in the club for a real long time think it's shitty thoughts, but they're here. If you're here, I don't care how old your baby is, you have belief, you have hope that there's that something different is possible for you. So I always say to every family in here, presume competence, presume that your baby is inside, and that they know exactly what's going on around them. And our thoughts have to be in alignment with that, for if we want these results for for potty training, communication or problem behaviors. And this is the single most important thing you need to know. And if you take out it tonight, that all thoughts that you think about your child are optional. I could choose to think my child has brain damage. Or I could also see that that same little whippersnapper, go through all the different buttons of an iPad and find the perfect video that they want to watch over and over again. I could think my child doesn't understand anything. But as soon as I say go out, he's at the door waiting to go see what I'm saying. I could choose to think old shitty things and then I get shitty results where I could start to believe more I always say you can't have you can't have it both ways. You can't think that they got autism and they can't do shit. And then they can do lots of things. It's almost like driving a car with one foot on the gas and one foot on the brake. And when we do that, where's our cargo? Where's our cargo? If we put one foot on the gas and one foot on the brake one foot and belief that they can do these things on one putting the label autism makes it so that they can? The car goes nowhere? Just sputters. That's right nowhere we gotta go all in. One of my mom's in the masterclass just said that she's got to burn the boat a disbelief I gotta take my one foot out of the boat of disbelief, junk food to feed into the boat of belief and burn that fucking boat down.



Michelle Rogers 53:08

Love it. All right. So you get to choose your thinking we have to teach you this. When we do my primary teacher talk. We're gonna teach a tactical to, but tactical without mindset. It's like a house built on Santa will fall apart. But tactical belief, tactical wood burning belief is going to be like gasoline on a campfire. And I help parents like you to think intentionally to get the results you want for your children with autism and the results. Your child will be more compliant. You'll be more confident that you can teach them anything. You'll be less stressed. You and your children will have more freedom and your child will be independence. This is Kimberly she was one of my Oh geez. She said when I first found you Easton was three I couldn't get a firm diagnosis. He had very few words zero social skills and was not potty trained. I found you the same day as our IEP meeting that day. I was defeated and overwhelmed. And after they asked me to list some of Eastern strengths. I sat there in tears as a struggle to come up with an answer. I had to find help and luckily I found you. It's been two years since I joined the masterclass and today I had a meeting with the school regarding his kindergarten placement



he said to start general education classes 80% of the time, he is fully potty trained, he has no aggressive behaviors, his speech is blossoming and he tells me he loves me on a daily basis. I know beyond a shadow of a doubt had I not found you we would not be here. I want you to know that the work you do is appreciated. It's truly more made all the difference in my life, and more importantly Easterns life and you've literally turned her life around. I can't tell you enough what that means to our family. You are truly a lifesaver. You guys are the life savers of your families. Not me I'm just the flesh I always say I'm the guide. I'm going to show you the way you are the champions for your children. Southern Mom I joined just joined the program and it's empowering and eye opening please try it you won't be disappointed. She has a panel of experts beside herself that are invaluable to this process. I'll never Give up. He will be successful and independent. Michelle, I was busy on the phone then I realized her son wasn't where he was sitting come to find out he was in the bathroom. He pulled down his underwear and he was doing number two. I am here crying ugly tears and I had a chair. So would you like my help in getting your child the big three? Would you like me to be walking by your side holding your hand the entire way to help your child get potty trained, get communicating and stop their problem behaviors? Yes, yes. Love it. Love it. But it's everyone. Make sure that chat sets everyone's ever see these jets. Oh my god. Yes. Yes. Yes. Ready? Ready, ready. All right. So we'll go back to this what every child needs for a chance to life independence. They need to be potty trained. They need to be able to communicate and need to have no problem behavior so they could sit in the tent and learn in school. As far as I could see it. You have two options to get this done. Number one, you could figure this out on your own, potentially end up frustrated and exhausted. Or option two follow a tried and tested path that's going to take you from stressed to success. Put your number in the chat Do you want to go on your own? Would you like to work with me? number one or number two? To two to love it follow the path love it. Amazing tu tu tu tu tu tu get working I want you to work with me to love it. All right. So now here's what I want everybody to do. tu tu tu tu do I love it. Love it. I'm ready to work with all you Okay? Anything from my baby. I love that. All right. Well, everybody to close their eyes reduce really cool exercise. I love it every time I do it. Everybody loves it. Close your eyes. I want you to imagine and Sunday morning and you're getting your baby out of bed. And you see their little feet hop hop out of the bed onto the floor and you look and you notice they're wearing underwear because they're fully potty trained now. And you hear their little feet run to the bathroom all by themselves. Hear them open the lid, pull down their undies sit on the toilet, you hear the pee going in there. They flush. They pull up their underwear wipe or women wipe full of their underwear. They go to the sink, they wash their hands. They come out they find it in the kitchen. And they're able to tell you they want eggs for breakfast. What would it feel like to have a day like that? Tell me in the chat. Amen. Amazing. I talked to a mom last week and I said wouldn't it be amazing because she said one of the things that she would absolutely loves to take her baby to church and I said we have to you had Brett at breakfast you got dressed and we drove to church and he was able to go to Sunday school with all the other kids. When that'd be wonderful. Nirvana. Wonderful. A dream come true. I'm crying. I want this so bad, most precious data on Earth happy different almost there. I love it tears. I like that thought we're almost there. I'm crying literally. And this day here I want you to imagine specifically as 11th birthday. Now I remember that time when she I remember. The first thought that comes to my mind is when we dropped her off at her special needs school. And I fought I used fouled the bus to school for about a month because I was so terrified. You know, I was thinking about this baby was just being whisked away from me. And I'm standing in front of the school and I saw a child come out and they had she was trying to run away and they had to like pair to the ground and I was terrified that that was going to be her future. And I could have never imagined that 11 years old, we would go to an indoor waterpark with two of our closest friends, her brother, and we'd go on rides we'd go swim, we'd go on all the water the water slides. I never thought that this day was possible. But I dreamed about it. And that's all you can do you can't just have

the dream you got to have the goals with the dream right? I gotta take the action, little actions each day to bring us there and I remember thinking in my head that I didn't go straight from like, you know, I never thought straight from like, you know autism to independence what I the way my path went was like okay, if I could just get her to use the bathroom because definitely she got it she got no we can't have that right. Okay, great. Got that check. If I could just get her to be able to communicate and the non tantrum way that you need something. And we ended up doing with silence. Okay, great, good. Great. And I remember that world that future I had for her that went black when they gave us that diagnosis. As she learned the skills it started to get like gray. And then she kept learning it started to get white and I said okay, now she's gonna live an independent life. She's not gonna play with her brother. Okay, now can I imagine her like having her own car driving? Oh, now can I imagine you could probably see how my brain went. It didn't just go from like, zero to 100 I just started in incrementally moving the needle. And that's what we that's what we're teaching in the program. So that's why start with these three core, these three core skills because they're very clean and clear. And once you have them, once you have them, it's like the world opens wide open. And that's and that's when a day like that is possible. And that's when a day like this as possible. And I want you guys to have it and that's what my program is all about. And this is what I do every day and it's called the champions for our children masterclass. And this is a card that Juliana got right before she left kindergarten to go into first grade and it's a do Juliana family, thank you for the Bed Bath and Beyond gift card. And the sweet card she wrote it was truly has been a pleasure working with Giuliana for the last year and a half and watching her blossom. She has made more gains and skills than I've ever seen in my 25 years of experience. I can't imagine what the future holds her. She is going to soar. You deserve to see a chord like that from your teachers too. And I know your babies are capable of it. I believe so much into your I love children. I think children are our most vulnerable population. My job as a mother is the most important job I could ever do. And the most even more vulnerable than they neurotypical children are our special needs children, I have to build them up as strong as possible. And that's what this program is all about. And why would you do the masterclass shoot, when you join, you're gonna get those blueprints, I talked about personal strategies for exactly where your babies at, you're gonna get a potty trained child, if you're working on potty training, we have a 100% success rate for that in the masterclass, you're going to start to reconnect with your child because communication is going to finally be in place. And when your child has problem behaviors, we're gonna get to the root cause of it. So we can create the solve, not just treat the symptom, and we're not gonna put a band aid over a bullet hole anymore, we're gonna, we're gonna solve that shut up, we're gonna make sure that that baby doesn't act out that way anymore, we're gonna give them a voice. So they don't have to use problem behaviors as their voice. And when life happens, because life always happens to us, as a family as individuals, we're going to help you to get back on track, we're going to be by your side the entire time, if regression happens, we're going to tell you exactly how to handle it. And we're going to learn from trial and error rather than quitting on our kids. That's the only reason why any of you don't have what you need right now. And again, just judgment free. Everyone has to have this journey, the name of the game, it's the comeback, how fast we can snap back into place and get to work. And the only true failure for any parent is quitting. And we're going to teach you how to build that champion mindset. So that you're able to help your baby every minute of every day, and you're not going to be worrying about autism anymore. I don't think I don't worry about I don't think about autism anymore. Every minute of every day for me, I think about it for you How can I help as many families as I can, to have the future that my daughter has.



Michelle Rogers 1:02:39

And you're gonna get your life back to I love it. It's a byproduct of my program. Once your baby starts to learn the skills, you're not going to have to keep showing up in overtime anymore to help them they're going to start to be independent. They're going to start to fly on the room. And you're going to master three pillars pillars that we show you in the program. And this is Misty, she was so excited. She's working really hard to have her son learn his name. And when somebody asks What's your name and finally got it yesterday you can now answer the question anytime. And this was another mom she just wanted to email me let me know the progress that just after 36 hours into her potty her potty intensive of using a tablet as a potty incentive. Her daughter woke up in the morning and went to the bathroom and would pee pee on the potty and her pull up from the night was dry. And she said honestly, this is the third time in her life that that's happened. She's definitely driven, reward driven. She's so excited to see where her progress is. And I believe Audrey now is officially potty trained. And here we have you Michelle, you're freaking amazing. Thanks so much for helping me with this 24 hours after I jumped off the group call in our program. Everything you said to me is so true. I need to stop giving her allowances because she has autism. I think the biggest reason why she can't do anything is because of my fears and we're gonna help you work through your fears. Everyone has fears or brains throw us shift thoughts keeps us safe and thinks it's keeping us safe. I was late in potty training initially because it was easier for us to use the pull ups. Also other kids age were still in pull ups and therapists and doctors made it more accessible for me not to potty trainer last night you helped me flip a switch just like that flip switch when when they lost their skills we can flip switch it back. I've always said I am the her biggest advocate but yet I was holding her back at the same time. Thank you very much Michelle, you're truly the best I think and non sugarcoating. And calling me out on IBS was the best tonight was a success not just for Jordan, but for me too. And this is what my program is about. And when you join this program, I want you to become a champion for your children. Right and I believe you have to have this champion mindset. And there's three pillars to this program you're gonna get education, support and community and the way it works is first with the education when you join we have we're going to teach you the strategies to potty train communication stop problem behaviors we even get into social skills. I have a picky eater protocol call my girl took me through the wringer. I have all this stuff from my own experience mindset training. We're going to stop them from eloping and we build out this Oh This study vault every month and guess what, when you join the masterclass, you're gonna have lifetime access to hours and hours of courses on how to teach your baby all of the skills, that tactical A to Z. And I believe this alone makes my program like Harvard have autism. That's how valuable this is. And the second pillar that you need to have that champion mindset that doesn't give up on their kid that doesn't make autism the excuse that they can't have these skills, is you get support. And when you join the masterclass, you'll get the lifetime access to the study vault, but you also get three to four weekly live group coaching calls on zoom just like this with me and my experts. The first calls with me, I'm an autism mom, just like you. I'm a life coach, and I'm going to help you to create a very specific blueprint for your baby. Our first our new members go first on our calls, my masterclasses can attest to that. And I work with you right then in there to create the blueprint to start the potty training, start the communication, and each week we meet and we keep building on the skills building on the skills. That's why there's no way you're not going to get what you came for. The second call each week is going to be with a BCBA. If you don't know what a BCBA is, they're board certified behavior analysts. These are teachers with master's degrees in ABA, Bas applied behavioral analysis, the number one prescribed therapy for children on the spectrum. I know a lot of you are on waitlist, a lot of you may have been exposed to ABA and it was garbage to say what this is. I believe that a lot of my blueprints that I create for you and my calls their mommy blueprints, but they're based off of what I've seen with my daughter and my home, I call myself st train. But these guys are formally trained and Armando I spoke about him earlier today. It's always nice to have a male teacher in the

program because we have so many boy families, but he's also an adult with autism. Or Mondo didn't speak till the age of seven. He didn't potty train till the age of five, he's gonna come on tonight. And I'm gonna ask him, What was the number one thing that got him where he is today, he is thriving, he went to college, he got his master's degree he got married last year, he owns his own company, we're going to get to talk to him tonight, he's going to tell you that the number one thing, the needle moving thing in his life is that his family never gave up on him. Not a specific therapy, not a specific teacher, not a specific doctor, not a specific self supplement his family. And that's what this is about. We're going to teach you to teach your child you're going to be the only constant in your child's life, no matter what teachers are going to come and go doctors are going to come and go schools are going to come and go. The only constant is you. That's why it has to be that's what we're going to teach you the skills you need to teach your baby these important life skills. In addition to that, we talked a lot about that crazy mind of ours, right? Our minds want to stay in the cave, keep the diapers on keep the baby hand leading up to the pantry, we can survive here. But we want to thrive, we don't want to survive anymore. So when you join, you're also going to get this call every week. And it's a mindset call and we're gonna learn how our brain operates. So I can create new thoughts that give me better results, I take better actions better, I feel better about them taking better actions, I'm getting better results. So it's like a therapy session. So you're gonna get this call once a week. So you're gonna get my call, you're gonna get the BCBA call and the mindset call every week over the course of 90 days and everyone gets their questions answered in this program support is my neurostar. So in addition to the access to the study blog for three to four weekly group coaching calls, we also have monthly specialist calls and these are monthly specialists. We have Jessica here she's a speech language pathologist and an autism mom, I think she's even in the chat. She's a graduate of the masterclass she can attest to how wonderful it is. Now she's now she's one of the coaches and you're gonna be able to access her once a month, we agree or she's an autism mom and a dietitian, some of our kids have gut issues, some of our coats in the gut, the second brain, if your kid has gut issues, you're gonna help you to clear them out so that we can, we can see if that's going to block us from potty training or cognitive ability, you're gonna get to talk to her once a month. If your child's a picky eater, you're gonna get to talk to Stephanie, a feeding specialist. If your child has some issues with fine motor writing zippers, buttons, you're gonna be able to talk to Ashley, she's an occupational therapist. In addition to this, we have a fifth specialist that is even mentioned here. She just started last month, and she is a BCBA that specializes in solving for problem behavior. So if you've got some major issues with self harm, harming others, eloping, you're gonna get to be able to talk to a problem behavior specialist once a month as well. So and again, everyone's gonna get their questions answered, you're gonna get all of this, you're gonna get the three to four weekly group coaching calls, you're gonna get the monthly specialist calls. But the third pillar that you need for that champion mindset is community. How many of you feel like you're alone in this journey? You're all here with me tonight? How many of you feeling alone right now?



Michelle Rogers 1:09:37

Right. So here's the thing. What I love about my program, is that not only are you worth me, you're going to be with other families that are doing the masterclass too. And the idea here is that we're going to work together to help your baby get the skills. And I think one of the best things about communities there's two types of communities He's out in the world. There's the communities that feel like this. You know, we're all in this together and we're all in the shit soup and don't you want to be in the shit soup with me? And then there's communities out there who feel like, oh my gosh, we want to help our babies move forward. Do you want to do that? And I

feel like there's more of the ship soup out there. And then there are communities that think like you that want to help their babies move forward. And that's what the masterclass community is all about. Not only you can be able to interact with me and my coaches in between calls, but you'll also be able to talk to the other families in the community that are also forward thinkers like you, they're helping their babies thrive. Okay. And then if you have any questions in between calls, you can email me directly because once you join this program, your baby becomes my baby as well. All right, so and again, support is my North Star. I've been doing this program for over three years, it's been the work of my life, I really feel like it's my God's calling, I felt pulled to do this. And these are all the things that you get when you join you get lifetime access to study vault, of course is three to four weekly group coaching calls monthly specialist calls private Facebook community, you get email access to me in between calls, but if you do decide to join the masterclass, tonight, we've got four amazing bonuses for you. And the first bonus tonight. Well, before the bonuses we ever action back guarantee. And let me explain that to you. So if you do decide to join the masterclass, tonight, you're going to get our 90 Day action back guarantee. And what that says is that if you come to all the calls, and you're doing all the work and you don't get what you came for, you didn't get your child communicating, you didn't get your child potty trained, you can either stay until you do, or I'm going to give you your money back. I'm taking all the risk here. I don't I'm not in this to fail, I'm not in this just to have you join and not see this through, I'm with you every step of the way. And in the unlikely event that that happens, I'm committed to the result that you came for. So there's no risk to you to doing this program. But if you do still join us tonight, which I absolutely love, you're gonna get a couple of bonuses that I threw in tonight, which I think were so fabulous. The first bonus is, in addition to all of the things that you get in the program, is you get one private session with our mindset coach, it's going to be with Risa. It's a \$500 value, you'll get to speak with her privately, you'll get to talk about anything to talk about what your worries, your fears. You could talk about intentional thought creation, how your brain works, and she's going to help you to get kickstart that mindset progress so you can get that tactical going. And in addition to that, you're also going to get a 30 minute session with a BCBA there that you're either going to have Armando or Susan and they're gonna get on a call with you and you could start strategizing the tactical, right see how we're stacking your mindset, restricting your mindset. And then we're getting right to the tactical and you're gonna get your own session where you can talk to them, one on one to help your baby thrive. In addition to that, you're also going to get sent to your home the printed version of the potty Pocket Guide. This is the agency of potty training. It also has my toilet training data collection sheets at the end. And then it has the champions for children mug, this is our first swag item that's going to be sent to your home as well. Okay, awesome. And then in addition to that, you will also get bonus number four which is \$500 off of the program. And that's if you joined tonight, you're gonna get all of these things you're gonna have lifetime access to study vault, of course is three to four weekly group coaching calls the private Facebook community monthly specialist calls, email access to me, or action back guarantee, one private session with the mindset coach and one private session with the BCBA, the printed part version of the pie Pocket Guide and the data collection sheets, my champions for my children Mogh and \$500 off, but you will also get six months in this program instead of three. Three is more than enough to get your baby potty trained to get them communicating. But the extra three months is an incentive to have you join tonight so we can start taking action immediately to help you to help your baby. Okay. So if you join us tonight, if I add up all the value for everything that's here, it comes out to about \$21,000. But that is not what we're charging you tonight. I just wanted to show you what you're going to be getting today. If you do join the masterclass, it's either going to be six payments of 440 or 2497. And we're gonna put a link in the chat. So if you want to join us, you can join us there. If you do join tonight, you're gonna get all of those bonuses. And I want to let everybody know, I know there's a lot of people here that are from my email list. People have been following me for



a very long time. As of January 2, we've been adding a lot of values. Programmers look about the masterclass and say I want it to be chock full of all of these things. To help families like I want to make sure I have a feeding specialist I want to make sure I have an occupational therapist, I want to add all of these things. And as I add things, I want the value, I never want to scrimp on the value to serve my families. And we've had the masterclass at 2497 as a special price for a while and starting January 2 For anybody who's been following me who's been on the fence about joining, the price will be going up January 2. So this is a last call opportunity, heart of hearts at this price you'll be able to have access to me and my team. Over the course of six months. We're offering the six month payment plan which we won't be offering again and this price will be going up on June. Every second so I'd love I'd love to have have you guys in the program. I'd love to work with you, one on one to get you what you need for your babies. Are you ready to help your babies, you can click out, you can actually scan. This is something new. We're doing it scan the QR code you can join us tonight. Again, price is going up on January 2. Really quick. Before we get to q&a, I want to talk about something called unicorn syndrome or it's something I've coined, and I'll talk to some parents and they're like, you know, this program sounds really good. It sounds exactly what I need. But you know what, you know, Julianne is just different than my child. Juliana was diagnosed moderate to severe on the spectrum, where you might say, You know what, but my child has severe autism now. Armando didn't speak till the age of seven, eight, and potty train till five, and he's here tonight. This works for other kids, but it doesn't work for mine, my child's broken or I'm broken. There's nothing out there that will change the trajectory for my child. Unicorn syndrome is a self preservation state. If I stay here, I never put myself out there to have these hopes and dreams for my baby. And when that doesn't happen, I can't be hurt. Subconsciously, I can't risk trying and failing because I won't survive. This is not about your child, your self dot doubt is stopping you, from your child having these life skills. I just want you to understand that if you have these thoughts, these are the thoughts that keep you in the key right? Remember, we talked about how our brain works, our brain isn't ready to give us our hopes and dreams fulfilled. Our brain is made to keep us safe. It's safe isn't sexy, safe, just surviving. But I don't want to just survive with my kid I want to thrive. So if you're having these thoughts, it's okay. If you're nervous, it's okay. But if I want a different life, I've got to make different decisions and I've got it stored tonight. And sitting in I don't know we're asking shitty questions with no real answers is going to keep you stuck and not taking action to help your baby. Now, Indecision is going to keep you second guessing and losing precious time that you could be making progress. Nothing comes from an I don't know or a bullshit question you can answer. Just decide, decide you're not ready to do the work or decide you're nervous that you're willing to go for it. Give yourself the gift of indecision on yourself and your child right now. If fears and worry are dominating your day and night and join us if there's something in you that identifies with what I've taught you today, and it makes sense to take a leap of faith. Join us saying yes, we'll have you and your baby moving forward today. You can be your child's number one resource. Even if you're not technically qualified. I'm not technically qualified, and I've moved mountains, not just for my baby, but for hundreds of babies that have come through the masterclass. Remember, this is what we all need education, support and community. These are the skills that we're going to give you in the masterclass. And for attending tonight, you're gonna get the offer the all of those special bonuses that we mentioned, if you scan that barcode, they'll take you to the page, you'll get to see it, and the price is going up officially on January 2. So act now for those bonuses. That's one private session with Visa, the mindset coach one private session with the BCBA, or printed party pocket guide or mug sent to your home and \$500 off and also you're going to get six months in the program instead of three. And you can click the link in the chat box or scan you for your ID I'm just gonna take a quick break because I have to get a water I'm going to get Juliana, we're



gonna get Armando, we're gonna get right to it. So just watch this video while I go grab my biggest struggles prior to joining the program. You know, I was going around and looking for organizations, I was looking for help.



1:18:24

So I started looking up online and like I really need somebody who's been through, there's



1:18:30

no access to any kind of services over here in Ireland googling stuff and trying to find something I joined because I have a three year old autistic son so I knew I had to do something that I didn't know what to do. Everything seems to be waitlisted or just not available to break it down to him.



1:18:51

I had to have somebody break it down to me



1:18:54

and that we got me worried. It got my husband worried and I'm thinking okay, we need just to get pd i



1:18:59

think my biggest struggle was understanding their potential guide.



1:19:02

She didn't know like I was kind of relying on just the speech therapists.



Michelle Rogers 1:19:07

I came in just feeling very helpless, very confused.



1:19:11

What can I do? Now that I haven't already done you know what, what would be the harm? What can I lose



1:19:18

before participating? We weren't making as much progress. It was slow progress.



1:19:23

I believe that I found you on Instagram.



1:19:28

She was very turned off by a lot of doctors and therapists and



1:19:32

things went back and forth and



1:19:34

I'm like okay, I'm like she's going to start on



1:19:36

ABA therapy



1:19:38

on like, on this day and I told them that was my number one



1:19:41

goal as everyone would be I was a little skeptical because of the how many times I have tried to Alexander oh one and I'm hearing Okay, she's, you know, artistic and you know, you qualify for a lot of services. And when I go and try to inquire about you know, you know, we cannot we can't surprise her I will was looking for more to really help my son. He's for nonverbal communication, social behaviors and potty training.



1:20:08

Our son was like in year two of potty training. He's four years old, he's autistic. And he had been hospitalized a couple of times because of potty training related issues.



1:20:19

So he has been tracking on the spectrum for some time. How do I get him talking? How do I get him pooping in the potty? I have spent 10s of 1000s of dollars on recovering my son. Alright, so now like it's Where are you now you and your child now that you've joined the program?



1:20:36

doing really, really well, I think their ABA program here is is is wonderful. We got very lucky with that



1:20:43

one word here there. You know what it was that he wanted, but not necessarily saying I want it would be Apple or this or that. And that is totally blossomed.



1:20:55

You guys saved my family. Okay,



1:20:59

so where I am now is where I kind of know that I'm in charge, the



1:21:05

changes in him in less than two months, I think have been like six weeks, or miraculous here the behaviors are decreased, stemming has decreased the listening to directions has increased the language has increased one of those kids like you tell her, I'm so proud of you. She'll



Michelle Rogers 1:21:21

just say it over. And you're really proud



1:21:23

of me, right, Molly?



Michelle Rogers 1:21:24

Oh, you're so proud.



1:21:25

I'm noticing the same place I am right now. Confidence wise and being hopeful that things can change and also so much progress in me myself, you know, I just, you know, set those goals for myself and cross them off. And, and you know, and once I did that, for me, turn my focus 100%. And then I was able to get the work done. You helped me formulate the confidence in myself. A realized and I was ready to really go for it. I would not have gotten through it. It went so much better than I ever could have imagined. You know, I started listening to tips for Michelle. He's doing so much better, more eye contact for sure. We're working on on talking on saying some more. Yeah, I went really well. Like all again, the tips you guys gave me it doesn't seem like this big, impossibly thing. I just been given something. So questions. He's more verbal, with a right direction. And I'm so happy to be part of difficult.



1:22:34

We never in a million years, thought that it would happen this early. He's



1:22:39

making a lot more sounds. He's now at that point where he's no longer frustrated since you and all of the teachers that give me all of the the ideas and the strategies, you know,



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we all want our children to succeed. It's just been wonderful. Within



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a month being in the program was trained because number one and number two, he



1:23:00

is crazy verbal right now.



1:23:02

He's very independent. He's now able to focus on someone else. Would you recommend our program to any moms or dads that are going through this right now? Absolutely.



1:23:12

Absolutely. Oh, yeah, I



1:23:14

would definitely refer back



1:23:17

to this. Yes, definitely. You've definitely you guys need to do this program. It'll change you guys and your child's life tremendously. And abortion, I do recommend that you learn something new,



1:23:28

I would definitely definitely suggest to go through this program for at least four to six months,



1:23:34

you and your team like pull that out. It's amazing. You know, it's amazing what you guys do. I wish I'd done this earlier. Probably without, it's not, it's not too late. This



1:23:46

program has allowed that and so for that, take this course,



1:23:50

you know, do the one on ones. Listen and absorb everything that this team has to



1:23:56

offer. You guys have a gift in your sharing and that's me.



1:24:00

So I will recommend right everybody me but whoever is Juliana



**Michelle Rogers** 1:24:04

here waiting, and I see a lot of messages in the chat. And before we bring on Juliana before they are on Armande, want to talk about the non non elephant in the room, which is everyone

they are on Armando, want to talk about the non non elephant in the room, which is everyone talking about the price of the program. Now, first off, I hope that you didn't find tonight to be wasteful. I think one of the biggest things I want to hit home for everybody tonight is our thoughts are creating the current results that we're having. When it comes to pie training and communication. Believe it or not, yeah, you could go on YouTube. And you could go try and resource this. And if you have ABA, and you're trying to work on these skills, you know, absolutely you can go and do these things. But here's the thing. You came here for a reason. And the reason is, is that you don't have the skills yet. And you can choose not to work with me and that's totally fine. Right? We talked about option one just been go off on our own and do what we're doing now. Right? Or you could choose to come and join a program that has guaranteed results as a community that has is a expert coaches that you get to talk through three or four times a week? And yes, it is an investment. And I'm not saying that that you shouldn't take it lightly. I'm not telling anybody to not pay your rent to pay for this. But what I do want to say is this is that listen, when somebody comes to me, and they say, Geez, you know, if this program sounds like something for you, and you want to work with me, but money is the reason that you think that you can't work with me, I always want to get curious about that belief. Because if we know that mindset, and if I hope that's the gift I've given everybody tonight, so that you don't feel like you came here for nothing is that I am a gatekeeper to what my child can do. And if I'm the gatekeeper, then I know inside, I have everything I need to do this, but I'm struggling to do it on my own. And that's what the masterclass is all about. So when I have a family who comes to me, and they say, Geez, I really want to work with you. But the money I didn't realize it was it was going to be an event, you know, there was going to be an investment where this is how much it was going to be, or this is expensive. I always challenge that belief. Because I always equate it to something that ain't that you know, in your life, the value ahead of time. So I say like, let's say the fridge broke right now. And the fridge broke in your house, and it costs the same amount as my program to fix it. No question in your mind, you're gonna find a way to replace that fridge, it keeps the food cold, it feeds the family, we know what that fridge brings to our, to our family, we know the value ahead of time, right? So it's a no brainer, we're going to figure that out, no matter our money, expenses, no matter what else, we're gonna figure that out, then we have this program here. And it's talking about these results in car do I want these for my child, and gosh, you know, she's an autism mom, she's walked my shoes, right. And here's this opportunity. And she's taking all the risk, because if I don't get what I came for, I can either stay until I do or get my money back, okay, but I've never gotten this before. So my brain is going to go back into that survival mode, we talked about, say, Hey, don't do this, this is expensive, you're going to spend all this money and you're not going to get what you came for. Right? I don't know the value ahead of time, like I know, like when I buy that fridge, but if I'm if I'm gonna keep making decisions about making decisions from the brain that knows the outcome, that's also making decisions with the brain that's created the life I'm living now, if I want to have a different life, I've got to make different decisions. And I would venture to say that this is more valuable, the outcome that you're going to have for your child is going to be more valuable. And I'm not saying that some of you don't have a situation where you're going to if you do want to join, you're gonna have to go find it. But guess what, I believe in you. If this is something that you want to do, it is an investment, but I feel like it's the best investment it's gonna have a huge ROI for you and your family. Okay. All right. So without further ado, we're going to bring on Juliana, and then we're going to bring on Armando and I'm gonna be happy to share with you guys some of our story. And she's going to talk to you guys and say hello. And without further ado, you're gonna come over here and say hi. Yes. Awesome. So hi. This is Juliana. How old are you? Um, where are we right now? On four. And what are we going to do? What did we just find out? today? We're going to do





1:28:14

the Volcano Bay volcano.



Michelle Rogers 1:28:16

And why do you like it? There's so much here's the only thing I can't even see. When do you want to go? I figured you'd pick a warm day. It's been kind of unseasonably cold here in Florida. Whoa. What do you like to do with volcanoes? The warmest day there is I agree. So what do you like to do a volcano, but would you say? attractions? Good on the go on the attractions? Okay, what kind of what's your favorite ride there? She's been there before? You don't know. It. Does anyone have any questions for Juliana slowly for her? So we're gonna wrap her up quick. And then we'll talk to her tomorrow, though. She's precious. Do you know what we do here? These are all parents of kids on the spectrum. How many parents are on right now? I think we had a we had over 500 Before I think right now we're down to about 100. Pretty cool, right? Yeah. And they're from all over the world. Yeah. Do you? Do you guys have any questions for our before I send around? Oh, how do you deal with mean kids? Ooh, we just had a situation, Tom about what happened to that test. So what happened? Yeah, I'm going to tell her and then you can kind of explain what Tessa she's in a social skills class. So basically, it's a class where everybody can kind of talk about their feelings, how to handle themselves in social situations. And the rule of the class is not everybody wants to talk. Oh, the rule of the class is everything we talk about stays everybody. Everything that we talk about in that in that class stays in that class. And Giuliana had mentioned that this year, she's struggling a little bit because her best friend is in her class. And she said that you were not really liking your class. What did you say? That person who told me said that they hate that they told them that gay hate never got to talk louder for everybody. She said basically what happened in the class? She said, she told me she told her social skills club that she was struggling in this class. And one of the girls in social skills class broke the rule and went back and told somebody in her class that Juliana hates the class. And then she got confronted by her right. The girl said, Why do you hate us? And Juliana kind of froze. So yeah, so right now we're working progress on on dealing with mean kids. It wasn't necessarily she was a mean, kid. She just repeated something she shouldn't have. And then she told another classmate and the classmate took it that Juliana didn't like her. And Julia said, That's not what I meant. It really was that I've just, I don't have any close friends here. And I was just struggling with that. So fair to say, You got to speak up and thinks I'm talking for you. Okay. All right. Do you feel overwhelmed with lots of things or people? gonna speak up sometimes. Okay. What toys do you like to play with? Oh no, no, she likes American girl and get to come closer so they can hear you. What else do you like? What do you get for Christmas that you're so excited to try out? Apple Watch and that she got an Apple Watch. What else? Have a boy a hoverboard? I'm scared to see this. But we're going to try a hoverboard. How old are you? I live in 11. Giuliana, how were you feeling when you wanted to communicate? And could remember, well, no. What about when you know, this is a good question. What about in that moment when that girl was confronting you about thinking that you hated the class? How did it feel that you couldn't express back to her? shocked, shocked. She was shocked. I was interesting. See? So like, here's the thing, right? When you're working on, we're working on the baseline skills in the program. So you get high training, communication problem behavior. And then what ends up happening is we've resolved those. And then we have the next level challenges, which is like more conversation skills, how to deal with people peer pressure, social skills, all that stuff. All right, what's your favorite subject? Science, Science? And how are how are your math skills? Getting good questions might like, man, good. I think she's good. I wouldn't say she's a savant but I think she's pretty good. Like math though. She doesn't like

math though. Why? What kind of math you doing is is like timetables or no your past that right way past? What do you do now? What do you mean like, long division with decimals long division with decimals? Have you had the same friends for a long time? Well, these are really good questions tonight. Some, some Okay. All right. Fair enough. All right. We're gonna wrap it up. odia one special thing. You are great at doing boo. What's your one special thing? You're great at sailing? What do you think is? I'm gonna say one thing you say one thing. It's got you first. You first. I think she's got an amazing memory. So almost picture like a like a picture memory and what would you say? Swimming. She's good at swimming, too. All right. We're gonna wrap it up. Good. High five. All right, we'll see you soon. All right, now let's bring on Armando. Hey, Armando. How are you? We got good to see everyone. We are spirit and folks in the chat tonight.



1:33:11

Yeah, yeah, I've been seeing all of that. Listen for everyone that's here. And it seems like some of you are already in the program. It's absolutely wonderful. My name is Armando. I've been doing this with Michelle now for two years. I know crazy two years. I'm a board certified behavior analyst in Houston, Texas. I've been a clinical director, a site manager. And now at this time, I am the owner of the only autistic own ABA Company in Houston, where we provide services to all ages 18 months onward, we have a 20 year old patient, a 30 year old patient, it doesn't matter the age, we work with all areas. In addition, I've also been a special education teacher for again, this elephant in the room, right? What comes with this program is a large amount of skill and support from each individual. And and really, you know, we just want to make sure that we can try and help out wherever we can. So I'm just so thankful to have so many people here. I'm happy to help however I can.



Michelle Rogers 1:34:14

Yeah, amazing. Alright, so firstly, let's answer the one of the first questions, what's different about and um, we're going to talk about you in a minute, but because this was such a heated topic in the chat about the price, and how could you charge and blah, blah, blah. So So what's the difference between either this program in your opinion versus ABA through insurance versus reading shit on the Google Facebook chats? Facebook, Facebook groups, YouTube? What's the difference between this program and all of that? Yeah, absolutely.



1:34:44

So I would say and this is also from someone that goes on tick tock and Facebook. You have a lot of people online that think they know things when they really don't know anything because they didn't go to school for it. It's just a this worked for my cousin's sister's friend's brother and it's fun No work for you to kind of situation. And that's just not really anything. So what this program has is board certified behavior analysts multiple of us. So you get different viewpoints of ABA, occupational therapy, actual dietitians, actual counselors, all of these people that have gone to school specifically for this, right. And often in my groups, I'm, I'm really doing it as individualized as possible. And typically, I think you say that the the meetings are an hour, so I go significantly longer, because we want to make sure that everybody has their questions answered. And addition, like I said, it's all very individualized to you. And typically, to see a

BCBA at least in Texas, I can speak for that because it's my state. The wait to get into an ABA is about two years, your program is not that long of a wait. And it's it's very significant to me. And why I do this, again, because I have a full time job outside of this everyone is I do this on my off time because we get to help out people that would never see an ABA clinic because the wait is too long. And in addition, some people as you may have seen from the video resources are not available, we help people all over the world. And some people have to drive miles hours for just a two hour session for the ABA, right? It is such a joy to be in something like this. And I've said it before, and you've quoted me before to Michelle, it's a tribe, it takes a village to do something like this. And what's been a joy is having maybe 1020 30 people in a class with me for an hour. And we can all work together and resolve problems. So that I would definitely say that's a big difference.



Michelle Rogers 1:36:44

And let's talk a little bit more about that versus like what you see in the world. So like he's he's got a Navy, I know this for a fact because I you know, there's something about when you know, you got skin in the game with this, and you're the one that's committed to being the primary educator for your child talk about like, the types of families and the results we get because of it in the master class versus like going through ABA through insurance. Talk about the differences between the two.



1:37:11

Yeah, absolutely. So again, there's a lot of personal feelings that come with working in this area, right. So in the ABA sector, a lot of the times and I'm speaking more generally BCBA throat when we spend maybe a couple of hours with a kid and move have to go on to another kid and another kid, and only see the parents for 30 minutes an hour, either weekly, monthly, whatever it may be, I do this pretty regularly. And also, I get to see the successes very, very quickly. To a point where like you had said with this program, they don't say very long, and that's my mindset with my own company is we try to have these children get the mastery criteria, they need to go back with their neurotypical peers. But with this program, a lot of the people in your video I've been here long enough that I know all of them. And it's cool, seeing how many success stories that they have had, because of this program. So it's just it's it's very wonderful to me to see that. That much success. Okay,



Michelle Rogers 1:38:13

awesome. Alright, so quickly. We're gonna, I'm gonna answer some questions. But can you just give us a quick snapshot about your life? Why you believe in ABA? What what it was like for you growing up with autism, I always say that Giuliana is the 11 year old version of all of our children. And Armando is the width 31. I don't want to over age you here. 31 you are now.



1:38:33

I'm 30. I'm sticking with it, everyone. So next year.



Michelle Rogers 1:38:37

Alright. 31 two. So alright, so Armando, tell us about your journey. In the quick and dirty version. Yeah,



1:38:43

absolutely. So I was diagnosed with autism at age three. And doctors told my mother, I might as well learn sign language because I wasn't going to speak. And they said, off you go, I have 100 Other patients just like you and best of luck to you. Right? So she took that and said, Absolutely not, I'm not going to take care of my child for the rest of my life. So she went to the public library and found books about autism. Because we couldn't afford ABA in the 90s. It was all private pay. That led up to maybe 10 to \$20,000 a month. And that's just not affordable, right for a lot of people. And then I was able to learn how to speak and through the support of my family. And you mentioned that earlier family is a big deal to me. And if it was not for my family believing in me and provided me with these kinds of resources, I would not be where I am today. And I certainly wouldn't have a business that is profitable enough where we now have a brick and mortar location in Houston. And it's an I get to hire my wife and we get I get to work with my family. My sister is my business administrator. My mother is going to be the receptionist. And it's and it's I know and she's so excited and being able to do these things and also, you know, I get a lot of praise for being the only autistic non ABA company but also in Houston as many may know. It's millions of people and I say why is it I'm the only autistic don't company and so we Use ourselves as a model in order to get the more push to have more autistic individuals maybe create more ABA, there's a lot of controversy with ABA, as you said earlier about just people just doing it for the money. And we don't do that. And it's making sure that people see the good that ABA can bring, while also really establishing more autistic voices to do something like this as well. Amazing.



Michelle Rogers 1:40:22

All right, and some, somebody had asked, Can you give an example I'm going to talk about that one, but I'm getting mixed information about ABA and I want to just hit this home for everybody to just like you could go to a doctor, a dentist, right? And I need to get a cavity filled and this guy didn't use Novocaine he was a fucking asshole and he had dirty, dirty instruments. And that means that all cavity fills are going to be a nightmare, right? It's the same thing with ABA. I'm not I'm not discrediting the experiences that some autistic adults have said that ABA was very abusive to them as children. This is not what I it's not what I advocate. It's not what my daughter has seen. ABA has always been a loving pairing relationship between therapist and child and in your case, parent and child. I am a big proponent of positive reinforcement as much as possible, but we all signed on to be parents, which means we also signed on to teach some of the hard lessons but that's from a parenting perspective. ABA aside, listen, you're gonna have you're gonna have some shitty practitioners out there. But we don't throw out the whole therapy study trying to therapy based on a couple of bad apples. And would you agree with that all right now Armando didn't even have a VA. All Armando had was a family that refused to believe what the doctors had told them. That's why I hope I some people, you know, I hope people think that tonight wasn't just some bait and switch to get into the program. Your mindset is the gatekeeper. You have everything you need right now to get this done. The point of the masterclass is to get you there faster. Don't you want to get the skills done as fast as

possible, don't you? Listen, the whole reason I made the masterclass is so that you can avoid the face first hits I took to get my daughter where she is today. It you can definitely go at your own, you can definitely go out and do a bunch of shit and see what sticks. The idea of coming into this program is to bypass a lot of that to you get to work from my experience. And Armando is experienced to not just as as an a BCBA, but it also an adult with autism. Can you remember what it was like not to talk? Right?



1:42:23

Yeah, absolutely. And a couple of things have resonated with me as you said this, right? Number one, some of your, your parents also have ABA at the same time of doing your program. And they I work with those BCBAs at that time, or they tell me really bad things that those BCBAs are doing really just for the money aspect, and I have to give them and some of you that are a part of this malady. I know as a part of this. So I get very heated about those kinds of things. And I may get into it. And back to your point about you know, my mother didn't give up on me. Yes, that's 100% True. But for some parents that may resonate more with this, I'm sure also didn't like the idea of having a spoon feed me the rest of her life that wasn't really on her to do list.



Michelle Rogers 1:43:06

She wouldn't like to change the shit diaper of an 18 year old, right? I assume at some point. She was she was thinking that too. Yeah, no, I agree. Well,



1:43:13

absolutely. And in regards to this, right, Sharif was the one who mentioned the bad eight are the misinformation about ABA. I literally do presentations all throughout the nation, and sometimes throughout the world for this topic. As an autistic individual. That's also a BCBA. I have both sides. I have You're such an inspiration, great job. But I also have the Autistic community saying how terrible of a job I've done. I've actually for anyone that wants more clarity on who I am, I've done a podcast interview with Autism Speaks. So you can definitely do that. And that's, you know, that's a very controversial topic. But regarding it, right, just like Michelle said, if you had a bad experience with a medical doctor, right, someone that was very, you know, harmful, it just said something terrible. Would you then say okay, no more western medicine for the rest rest of my life? And probably not, right. So in concept there with ABA, it's just because there may have been a negative experience that should be honored and valued by that autistic individual. But it shouldn't represent how you also feel about ABA, right? You need to have an ABA that is considers you to be a partner that considers your voice on everything and also considers your child's voice if they have that ability to do so. And that's something that you get here with Michelle is I'm so I'm very adamant to make sure that every parent here understands I may stop a conversation to go into this further on. This is what you need to look for in ABA. This is what you need to look for in a partnership if a parent ever BCBA says no, you don't know what you want. I'll take it from here. That's that's not acceptable. And unfortunately, Michelle, I've heard that a few times from some of the parents that you've had. This is



Michelle Rogers 1:44:46

the thing right? It's not just about teaching you the skills so that you're like this is Melanie just boy this Mellie just joined the program about a month ago that she had one great RBT and BCBA and then they were gone and it's been a rotating door ever since the only constant in your child Life is you, that's more reason for you to learn how to teach them. But on top of all of that, we've not only by you learning to teach them, you're gonna be able to teach them, you're gonna be able to sniff out bad practitioners, like, like a bloodhound. Like, no, that's not gonna work. Nope, that's not gonna work. I'm gonna know exactly what I want, you're gonna be the strongest advocate, you could be for your child, because you know the ins and outs of what's going to work. And you know, the way it should be done. So when you get somebody who's going to try and take the reins from you like that, say, no, no, you don't need to do it this way. You're going to do it my way. Or we don't use foods for reinforcers. I heard it recently. I say that one time, like, what? I'm like, why wouldn't be anywhere we were late. We didn't use food for reinforcers. But like, the point is, is that it this this program is all encompassing, it's not just about how we do one thing, it's how we do everything to so how you how we teach poetry is very similar to how we get communication skills when you leave this program or leave it so much more. Because now you're going to use those same skills to teach them everything they need for the rest of their lives.



1:45:54

So I don't care specifically, and I get very invested in some people that are in the chat or in the comments. I get really excited. Sharise I don't know where you're at if you decide to join the program, but I really hope you do. Because people that question ABA, those are my favorite people. Because I love to have big conversations with you guys. So I do hope you join as well as everybody else here.



Michelle Rogers 1:46:14

Yes, yes, everybody's welcome. But yes, I love that too. I love I love making believers. In fact, there's one mom here who joined about a week ago and then the Holly's happened so she hasn't even been on my group call yet. I'm gonna have it on Saturday. And she already sent me an email she has been in the program for less than a week. And Lisa and she said I just want you to know how much I I already feel so much better. Just because I've been in here for a week and I'm able to listen come to the calls and I haven't even talked to her yet. My first call with her is gonna be on Saturday. So ya know, it's been a spirited night, we have a lot of spirit alive spirit. It's both folks on. But thank you for taking the time to to be with us. If you could just stick around. If there's some questions in the q&a, you can answer and I'm going to take some people for a chat, we're only going to take one that we weren't expecting to go over so much. But we'll take a couple anyone who wants coaching, you're gonna raise your hands. I'll take one or two for coaching. And then we'll wrap for the evening. If you want to be coached, you're gonna have a very specific question. You're gonna have good internet, you're gonna have audio and video on so we can all get the most out of the coaching you're asking for so Alright, we're gonna start with nine nema. Hopefully I've got your name correctly promote you to past



Michelle Rogers 1:47:30





Michelle Rogers 1:47:39

anybody else who has questions, you put them in the q&a? Somebody asked if Juliana curses because I curse? That's a good question. No, they she tells me mommy don't say bad words. Mommy, you're saying bad words. Don't say bad words. All right. Hi, how are you? Are you there? Got a mute yourself.



1:47:49

Hi, I'm wonderful. Sorry about that.



Michelle Rogers 1:47:51

Hi, how are you? Tell us about you. Tell us about your baby. Hope you had fun tonight was really helpful. Um,



1:47:57

tonight was helpful. I took in the information my son is one he'll be to next week. Oh, baby, baby. Okay. Yes, baby baby. He was diagnosed with autism. I've been trying to get ABA, but every time I tried to get it and they hear my surance either we don't accept that. Or we have to put you on a list. We reach our maximum for Medicaid. So it's just been you know, a lot. He's not verbal. He just says data. He picks up the thing, like snacks and things like that. I had trouble doing a potty training. So I stopped in his daycare wouldn't do it. How old is he now? So well. He's one he'll be to next Saturday.



Michelle Rogers 1:48:39

Okay, God, so you're what we call the overachiever, mom. So potty training at one unless he's showing solid potty readiness signs would probably be on the early age, but you can start working on the communication. Does he have an autism diagnosis already at one? Yes,



1:48:56

he has one. He just had one done. I'm gonna have another one done through the early intervention because I went outside.



Michelle Rogers 1:49:02

That would be my first area to tell you to don't do ABA through insurance first, because he's under the age of three. He it's the Early Intervention act. It's a federal act that every state has to provide early intervention services. That will be my first course of action before I do. Yeah.



1:49:17



When early intervention now so he gets speech therapy, and special instruction and special instruction. What state are you in? I'm in Brooklyn, New York, or New York. Okay.



Michelle Rogers 1:49:28

I was all I'm on Long Island and we were actually able to the special instruction, you can specifically ask for somebody who has ABA training. So they can't officially I don't think they can officially give you ABA, but you can ask for a BCBA to do the special education instruction. How many hours did you get?



1:49:47

Not even an hour 30 minutes. So he has twice um, he has twice



Michelle Rogers 1:49:50

but I would you know I try and push it in. You know, he's really young to be diagnosed. It's this is the youngest. I've heard of a child being diagnosed with autism, but what you can do now is I don't want to push high training, he's still very little unless you're seeing like clear readiness signs, then I would I would wait on that. But what I would start working on now is communication skills. So have you what have you tried for that yet.



1:50:14

So with communication, I, I just talked to him the way I would talk to anybody, um, my son, and then like, we sing nursery songs, I do gestures with him, I use the bubbles and make sure that he's placed in front of me. So that way he can see my mouth when I'm talking that I say bubbles, and then blow a bubble. So I just do things like and I do learning with him. So like I tried to do and



Michelle Rogers 1:50:39

it's funny, because this is the first time I've heard a kid being diagnosed at one and there's another mom in the chat just said her son was diagnosed at one, two. So this is what I recommend for a one year old. But what we want to work on for communication is would start with pointing. So I would start like hand over hand pointing to things that say, you know, he wants the bubbles, instead of just starting to blow the bubbles and same bubbles. I mean, you could still do all that. But I just want to give him a nonverbal way to communicate with you first. Okay. And with with Giuliana, I did sign language, a little guy like that, I'd probably start with silence. So for like bottle, I would do this. This was the TV, this was the iPad, and it was modified science because they're babies. So I'd start with that very, I'd start with that. And then with pointing and then obviously do what you can to get him as much services as possible. That would be my starting point for you.



1:51:27

And you learn the Seiling. Which on your own or you had basically,



Michelle Rogers 1:51:31

what is the best piece of advice for anyone now I the reason why I'm pushing sign language to her. And this is what happens in the program. You guys come on the first call, it's a group call. Every new the new members go first and I start creating your blueprint. Somebody asked me earlier, what is the blueprint look like? Or what does it look like to start like creating that. So basically, I take the information I say, Okay, this is your baseline, right. So we have a baby here is about one he's he's on a younger age, because he's on a younger age, I want to start with simple movement, which is like sign language or pointing, we can do pictures, but I just bought I just buy my pole for my advice for this is to start with that, because I remember seeing that babies could sign language as early as like seven or eight months. So with Juliana what we didn't do when we decided to do sign I don't teach this is actually the sign for more. And this has given me and this is please I teach that shit because you can, you can say give me more pleased to everything. What I did teach, though, was making more of the sign for cookie. So I just I just created my own signs. So this was cookie, this was iPad, this was TV. This was many Marshmallow, I think this is really candy, you can go off of a lot of the real American Sign Language, things are complex. And he's got these big, he's got little hands a little move. So I just made it easy. This was bottle. This was potty. So I just start with some things I know he would ask or use every day. And that's how I started out with them.



1:52:55

Okay.



Michelle Rogers 1:52:56

Does that make sense?



1:52:57

Yes, it makes sense. Alright, it was helpful. It was helpful.



1:53:03

Quickly, this is just because you're not the only one getting this? Where are you getting your diagnosis from that he got it at one year, because typically the diagnosis age of 18 months?



1:53:12

Well. so mv son. well. it was more it was more than 18 months. it was literally three weeks ago.

because my son will be two next Saturday. So that's why. So that's why I went and got the diagnosis. And now I'm going to do it too early intervention. So he can go to ABA School, which is only four hours during the day, which I need through the city. So that's what



1:53:39

I was. Yeah, that's great. I



Michelle Rogers 1:53:41

know, I've seen diagnose was 15 months. But yeah, there were early intervention is going to be your best bet. And then yeah, so keep me posted. Let me know if you have any questions.



1:53:49

I just have one more question. I'm sorry. But I know you guys have. So I just have a question. Because when I'm doing it too early intervention, I was just asking, like for a list of schools that my son should be in, like for when he's three, because that's when they age out of early intervention. And they only gave me like three schools, which are dt, D or E schools that they said, are going to have a program called nest. And how do I know if my child should go to an autistic school, or they should just go to a do e school that happens to have that program. So



Michelle Rogers 1:54:20

here's the thing, and this is one of the benefits if you did join my programs, because I'm based out in New York state. So I know a lot of the New York in and outs just from my own personal experience, your district is going to have two options they can either have they either have services that they provide in district or they don't have it and they'll pay for tuition to bust you out and then you could go to a private school. So it really depends on where your district is, what your options are. And if they have options in the DOD, then you're going to have to look at those first before you could justify them busing him out to a private placement.



1:54:58

Okay, because it was it's only literally three No



1:55:00

one really talks about would you say it because



1:55:03

it's only three schools in mv zip code and only two of them are open one iust close. So



Michelle Rogers 1:55:09

it's it's, it's I would I would be doing is asking better questions in the sense of like, Are these my only options? If I found something outside of district? Would they pay it? Would they pay for it?



1:55:21

So when I ask those questions, they just give nothing early intervention. Oh, we don't go for early



Michelle Rogers 1:55:27

intervention wouldn't be the people you would ask, Oh, okay. Well, that's this is what we advocacy is gonna be because I'm an advocate, too, right. So this is the kind of stuff that we would strategize if you join a program, that early intervention is only going to know about early intervention when you when your child ages two to three, they're going to get their CPS e meeting through district, those are the people you need to ask. Okay,



1:55:48

thank you so much.



Michelle Rogers 1:55:50

No problem. Keep me posted.



1:55:51

I will thank you have a good night. You too. Alright, one more.



Michelle Rogers 1:55:55

We'll take before we go. I'll take Amanda Kench. Make sure you have audio video. Remote to panelist you're gonna get a flash accepted. She's rejoining Perfect.



1:56:15

Hi,



Michelle Rogers 1:56:16

how are you?



1:56:18

Good. So we have a little three year old t does have some words. He has recently started hitting his head when he gets frustrated and mad. So we're looking for thoughts on that we have tried, obviously to stop him, you know, use the words for more help mad we also teach the signs, he knows all of those signs. So we're not really sure what to do. Where are those behaviors coming from?



Michelle Rogers 1:56:49

Got it. So nine times out of 10 problem behaviors exist? Because the communication there frustrated? It's our way of communicating. Okay. Yeah. So far. So he is an emerging talker. So we want to keep building out that skill. So right now, you said he has some words? Are they functional? or non functional?



1:57:07

I would say functional words. Tell us more mob. Daddy,



Michelle Rogers 1:57:11

he did you ever hear him scripting shows or songs that he knows? Yes. God. So would it be fair to say that he could say anything?



1:57:21

Yeah, he can repeat anything repeated just can't produce it on his own? Got it.



Michelle Rogers 1:57:26

So other than please more? Or how does he get what he needs in the house? So right now, if he's not using his words?



1:57:37

He'll try to get it or we'll have to, he asked for help. And we go see what it is. And he has to try to say what it is. So I'll say what do you want it? He'll say, Marshmallow? I'll say no, you have a marshmallow pickle? No, you can't have a pickle cheese. He'll just keep going through the list

of words he does now until I say yes to something basically. Or he'll show me if I can't understand what he's trying to say.



Michelle Rogers 1:58:03

Like, so if he shows you a cookie, does he get the cookie?



1:58:09

Depends if that's reasonable. When



Michelle Rogers 1:58:11

he shows you the cookie and gets the cookie, does he have to say cookie?



1:58:15

Yes, yes. And say I want a cookie every time for whatever he wants. If it's something he can say, like not a new word.



Michelle Rogers 1:58:23

What does he do it 100% of the time?



1:58:25

Yes. He does not get it if he does not say it. Got it.



Michelle Rogers 1:58:29

So at this point? How long have you been at the stage where I bring him to everything he points to it? And then he says, What do you want? After I tell him I need I need him to say this. So like basically he's repeating back at this point, right? That's one Oh, yeah. Okay.



1:58:45

Yeah, we only do that. If I can't understand what he's asking for. Then we resort to that. I would say we probably been there for a couple months.



Michelle Rogers 1:58:56



Okay. Why do you think it hasn't progressed?



1:59:04

I really don't I don't know. I mean, you're saying more words, but to come up with it on his own.



1:59:21

Well, it sounds like maybe he said, maybe it's too much at one time. He's really working on potty training right now. All right,



Michelle Rogers 1:59:28

that's fair. Do you think that?



1:59:32

Don't know, maybe so here's



Michelle Rogers 1:59:33

the thing, right? We do a lot of mindset work in the program. Right? And we talked about mindset. That was the big key tonight, right? It really is. It's 95% of the game everybody just in case you think it was full of shit. It's 95% again, and when I say when I'm we're trying to problem solve, and I said, Why do you think you're stuck at the spot where he won't just use the words on his own? And you said, Oh, no, it literally like stops the brain from working like a pool goes up and all the potential reasons of why he's not talking. Why it hasn't progressed past where he is now behind it. So now that I've kind of explained that to you first thing that comes to your mind as to why he's not progressing past the spot where he has to take you to everything, and then you have to prompt him for the word



Michelle Rogers 2:00:16

even if it sounds ridiculous, Dad already gave me one to see. Do you agree with dad that maybe it's been really great.



2:00:25

Now, this is going to help you, you can learn through other parents experiences. Absolutely. And I had already been recommending for children. It's so I can just do it.







Michelle Rogers 2:00:41

Just go all in. All right, there we go. What's your answer? What's your final answer? It's we had the Jeopardy song break.



2:00:51

Why? Why is he not progressing? Let's



Michelle Rogers 2:00:53

just go with dad's thought, right? So that he's not progressing. Because we're putting a lot of Hey, Dad, we're putting a lot of emphasis put a lot on him right now with the potty training, right. So like, probably, that gives us a lot of brain power to get pi train done. The only reason he's not doing it is because of that, it's because he doesn't have to. We've, we've gotten into this habit of just going there bringing you going through this dance. And nobody's initiated a new rule of engagement at this level.



2:01:22

But the problem is, if I don't let him do that, the meltdown is worse. Like, if I don't go try to see what he wants, then it becomes melt down on the floor turtle mode.



Michelle Rogers 2:01:36

Okay, and then what happens usually after that, like, what was it last?



2:01:42

We just ignore it and let him do it. And then he goes back to trying to communicate what he wants. And I still don't understand what he's saying. So like, here's



Michelle Rogers 2:01:51

the thing, right? We can't go straight to like, you need to just tell me what you want, right? We have to build our way up there. But what do you mean, now? It's just we're just keep doing the same shit over and over wondering why things ain't changing. You know what I mean? Like if I keep doing the dance of going to the pantry with him, and pointed the shed, and then he pulls it out. And I want I will, right, we're not making progress. We're just staying stuck. And if one of the thoughts that you're having is well, you know, maybe he's got a lot going on right now with with the pie training, and then maybe it's just too much. I'm not how, like, if I really think that whether you thought it or your husband thought or you might both thinking it's subconsciously, how hard you're going to push for that next level, right? You're not going to want to sit through a tantrum. But the only way to get to the next level is to be okay with, he's going to be mad.

Yeah, he's and he doesn't like change. You don't like the way you don't like when it's changed on him? Nobody does. But if he wants to live like a cookie, we have to learn to keep progressing our communication skills. Does that make sense?



2:02:44

Yeah, that makes sense. I totally agree. And I don't have a problem with him being like that, like whatever do that all day. I don't care. Doesn't bother me. But I don't know the next increment. To get him what he wants. Other than that, I guess is what I'm asking if you have ideas.



Michelle Rogers 2:02:58

Yeah. But like the you already have the answer. The thought is that I don't want to see him go into turtle mode. Because if I didn't see him going into turtle mode, and that's awful. And turtle mode is just his way of saying I don't want to do any, I just want it just give it to me.



2:03:14

I just don't know what it is. I want him to communicate what he wants. And I don't know how to find out.



Michelle Rogers 2:03:19

Yeah, I agree. And then we just want to give him a like. So what we're doing is giving him full on prompt support, what we want to do is just fade that, but the ability to fade it has you already got it to this point, right? You see what I'm saying? Like he wasn't like, he just went to this point, you got to build up the skill. And for some reason, I'll tell you what probably happened. And this is all love. This is non judgment. So as all of you got really comfortable with the stage is so much better than where you were. So it's okay, least I know what he needs and blah, blah, blah, right. But if we're trying to problem solve to finish line, I've got to know that I'm probably part of the problem here, because it's just a path of least resistance, it just makes a little easier for me not to have to deal with that right now. Right?



2:03:59

I just I'm still unclear what it is. I don't care if he melts down. I know that



Michelle Rogers 2:04:03

like we have to understand that the reason why I'm bringing awareness around this is that we have to understand that we're causing this to continue longer than it needs to. And that that's kind of what we talk about in the program as we start blueprinting out the next step. So for you, I mean, it's not what we work on specifically here is that okay? He's very prompt

dependent to get what he needs. So I need to make him less prompt dependent. And then we start creating a blueprint on how we can fade that need of me having to be there. Now they can listen, I'm not gonna audio, he's probably not going to be happy about it. Oh, yeah. tantrum. And I know you say, well, he goes into turtle zone, but like, the way he described is like, nobody wants to hurt. Nobody wants to turtle I get it. Right. But like, but like it. It has to exist for me to uplevel him. Like, I can't look at that as a problem. His way, right? I know you're unhappy, right? I know you're unhappy, but if like here's the thing I'm less likely to hand little turtle, if I think he's already got so much. See what I'm saying? Yeah. So if I start to say listen to my house, I always says, If autism wasn't in his, you know, in his situation, would it be okay for him to communicate this way for you with you in the home knowing he's fully capable of saying words on his own now? Right. So it's just a matter of like continuing the work you did to get him to this point. And just like listen, these lists what happens to all of us like this is no harm no shame in this game. Like, you should be proud of how far you've gotten them. And that is 95% Pie train love that. But like, what's the path of like, what I need to do now to keep moving him forward. And sometimes we get comfortable, it's okay to sit in a comfy seat for about, I wouldn't want to sit in a comfy seat for a month or two. It's like, Alright, I gotta get back up. And yeah, it might be a little uncomfortable for everybody. But if I want to move forward, I gotta. Sometimes though,



2:05:55

your program gets tactical steps, though, to get him like, from going in turtle mode to get them into try this step to find,



Michelle Rogers 2:06:05

strategize, cycling, which is that



2:06:08

other than obviously leading me by hand, just show me? Yes, we



Michelle Rogers 2:06:13

have to take it, we have to start taking that away. So we have to we want to get him to the full point was like, Well, I want a cookie. You know what I mean? Can I have a cookie, please? Right, versus like, the only way I'm going to ask for the cookie is the handling to it, right? So we have to work on the steps to do that. I try to do it as painless as possible. But this boy has already learned the value of throwing a tantrum and and what was the thing you said even the baby was he hitting himself in the head? Yeah. So that's another thing too, when you have a child that is exhibiting problem behaviors, nine times out of 10, it's because they don't have a functional way to communicate, which is what's happened here, he's kind of stuck, because he's got this one spot where he's been at for a couple months, but it's not serving the whole base of what he needs to now he's using behaviors to get what he needs. So when we have a child that's using behaviors, what we have to do is we can't say, okay, you know, he hits his head, frustrated, we have to compartmentalize every time he does it, to understand the real

function on it to create the solve. So that would be that's real, believe it or not separate to the actual communication. But if we can get this communication moving along, you're gonna see an instant reduction of that, if that makes sense. So yes, that's what we do in the program, start strategizing and breaking this down, like, Okay, this is where you're at, or next next step, this is what you're going to do. Okay, that's what you did. Okay, next. Oh, he didn't respond at all. You're nervous about it. Okay, let's talk about, but like one of the biggest things like where you felt like you didn't know, like, even even the thought, I don't know, like, why we were stuck at the spot for three months. That'll keep you stuck. Because then it's like, there's, the brain thinks I don't know that it just stops working. And if I say, Okay, listen, I'm committed to figuring this out. I could just say, I'm just in a spot where I'm not sure what direction there's a better question, right? Because at least I could try the different directions versus saying like, I just I don't there's no, I don't know what to do. Mixed. Mindset is such a big part of what we do. But yes, tactical major, major tactical, but if we don't look at what how we're thinking about him, we don't look at how we think about the turtle, and about all the work we're putting into potty training and maybe he you know what I mean? It's it, there's no way that that those thoughts aren't seeping into me not pushing him harder if communication skills. Yeah,



2:08:17

so your thoughts? never pushed too hard? Is that what I'm hearing? Here's



Michelle Rogers 2:08:21

the thing. Let's see. Let me see what Giuliana, like let's say this is the line. Like and sometimes I I overdo it, and I pay the price. A little too far. But the I won't know until I push. I won't know that. I won't know if my bumper is hitting right below the right the wall. Unless I have hit it a few times. Do you see what I'm saying? But yeah, I always want to make sure like listen, just like I said like she didn't have autism, whatever fucking allow that. For her to handle leave me when I know she could recite the whole elf movie. No fucking way. You're gonna tell me you want a cookie? Like I know you can like you can tell me you know, all the buddy buddy else again. I was like in the movie. He's got it. You know, it's just like, you know, like, what ends up happening is they come they become like, we know they love their life. They're living lives. This is great. Mom comes with me. I'll do pickled cookie ice cream, whatever we do, just like dance and I eventually get what I want. I'm off on my way. I don't see a reason to change it. It always delivers at the end of the day. The why would I want to uplevel my communication skills. They keep us on our toes psychological warfare every day. Oh, does that make sense? It



2:09:33

does Yeah, I just when I'm trying to make him say stuff and he hits his head. I'm just like, Oh, those Oh, yeah.



Michelle Rogers 2:09:38

You know what we would do with that? That's different right? So there's the function of each time he hits his head right one of the things you said he gets frustrated so when we try to do the first thing we do with problem behaviors as we want to call it just to call it the autism

the first thing we do with problem behaviors, as we want to calm it just to calm it the autism moms bomb squad method gonna deactivate the bomb before it goes. So if there's certain scenarios where I know that if I pushed it too hard, like Every time I ask, it's pushing it too hard. That means I'm pushing too hard. And I've got to find the in between. Do you see what I'm saying? But I push and I eventually will get back to what I originally asked for, but I just may have to take a step back to go two steps forward. Yeah,



2:10:14

that's where I'm at. Yeah.



2:10:16

Okay. Well, thank you so much for prom. I'll



Michelle Rogers 2:10:20

talk to you soon. All right, everybody. That's a wrap for tonight. We had a spirited group tonight. We absolutely loved it. Armando. Thank you for coming. I hope everyone got something out of this tonight. Listen, you are your child's most important asset you're the VIP of their team. I can't stress that enough. Again, horrible arts. This pains me to do this we are offering the masterclass with all bonuses until January 2, and for like the first time in a year I have to raise the price we keep adding new specialists on I want the value to be everything you need to help your children so if you've been watching if you've been on the fence if you've been watching me and Armando do these workshops for months and months and you've been thinking about doing the masterclass now is the time because the price is going up January 2 there gonna be no exceptions on that. Once the prices goes up in January 2, it is what it is but you have until midnight January 1 to join the master class at the current price. We're even offering that special six month payment plan. I hope you take us up on it. Last question last. Last shout out to Armando anything you want to leave us with Armando you're good are just saying goodbye. And



2:11:24

you continue to support your kids and know that you're the reason why they can be as successful as they can be like Michelle and Juliana. She's doing amazing because of the love that Michelle shows are amazing.



Michelle Rogers 2:11:36

And Armando because there's mom, she's so fabulous. And for anybody who says I'm going to do the masterclass, I just got to put it together. In the meantime, I have a podcast the autism moms potty talk podcast, you can listen to that. I believe Armando has a podcast too. And yeah, as much love to you guys. Happy New Year. I hope this was helpful. See everybody soon. Bye, everyone.

